# Reaching EUERYbody!

## Joseph, MN 56374 Permit No. 21 ECRWSS St. Joseph Postal **Sleader** Patron Friday, Jan. 19, 2018

Volume 30, Issue 3 Est. 1989

## **Town Crier**

Lions dinner to be held tonight at Sal's Bar, Grill A chicken and ham dinner, sponsored by the St. Joseph Lions Club, will be held from 4:30-7:30 p.m. Friday, Jan. 19 at Sal's Bar & Grill, 109 W. Minnesota St., St. Joseph. The event includes a meat raffle and silent auction.

### Joe Town Table offers free community meals

Enjoy a home-cooked meal and good company along with others from the St. Joseph area from 11:30 a.m. to 1 p.m. Sundays monthly at the American Legion, 101 W. Minnesota St., St. Joseph. Meals will be served Jan. 28, Feb. 25, March 25, April 22 and May 27. All are welcome. These events are sponsored by the Central Minnesota Catholic Worker, area churches and the College of St Benedict Community Kitchen. For more information, email centralmncw@gmail.com.

Sartell hockey

conducts raffle

visit sartellhockeyraffle.com.

in Sauk River, Whitney parks

Sartell police officers heard possible gun shots near Walmart park-

ing lot. Simultaneously, St. Cloud

police officers were dispatched to

possible gun shots near Whiteny

Park. Once in the area, St. Cloud

officers found three males cross-

ing the bridge from Sauk River

Regional Park on the Sartell side

of the Sauk River to the St. Cloud

side. The males were identified

but had no weapons on them

and were released. Investigating

officers did locate two firearms

hidden in the park on the Sartell

side of the river. Sartell police

continue to investigate this inci-

dent. Anyone with information

should contact them at 320-251-

8186 or Tri-County Crimestoppers

at 1-800-255-1301 or tricounty-

leaders.com and click on Criers.

For additional criers, visit thenews-

crimestoppers.org.

At around 4:20 p.m. Jan. 10,

Shots fired Jan. 10

# 2017 Year in Review – Part 3 Filled with growth, changes for St. Joseph

by Vicki Ikeogu news@thenewsleaders.com

(The Year in Review: Parts 1 and 2 covering January-August were featured in the Jan. 5 and 12 editions of the Newsleader and may be read in their entirety by visiting the*newsleaders.com.*)

### September

Kennedy Community School fifth-grade student Carlee Reber has a need for speed. At just 10-years-old, Reber has taken to the sport of drag racing. She participates at races at the Brainerd International Raceway, Grove Creek Raceway in Grove City and Top End Raceway in Fargo. She was also featured in the national monthly

publication Midwest Drag Racers Associate magazine. "She just loves it because she loves going fast," said Pete Reber, Carlee's dad. "She was born with racing in her blood."

Ground has been broken for the new Lake Wobegon Trail expansion. This project, valued at \$4.9 million, will connect the cities of St. Joseph and Waite Park. It's anticipated to be completed next spring.

The second annual "Rock For Alzheimer's" event has been scheduled for Saturday, Sept. 23 in the parking lot behind Bad Habit Brewing Co. The event will immediately follow the Alzheimer's Association's Walk to End Alzheimer's in St. Cloud. The "Rock YIR • page 4



photo courtesy of Hill Museum and Manuscript Library/Wayne Torborg, St. John's University, Collegeville The St. John's Bible is now on display in a permanent gallery at the St. John's University Alcuin Library.

### **Council enters competi** tion for DEED grant

### by Dave DeMars news@thenewsleaders.com

The Sartell Youth Hockey Asso-With the temperature inciation is now conducting a raffle side its chambers hovering at a with a grand price of \$2,699.99; 100 winners will receive St. Cloud chilly 60 degrees, the St. Joseph Scheels gift cards for any mer-City Council opened its first chandise in the store. There is a 1 meeting for 2018 on Jan. 16 in 20 chance of winning. Tickets and after holding a brief public may be purchased at both Blue hearing proceeded to authorize Line Bar & Grill locations and becoming involved in a Comthe Firing Line Indoor Range and munity Block Grant Program Gun Shop. For more information, through the Department of Employment and Economic Development, the purpose of which is housing rehabilitation.

> The housing-rehab program provides assistance to qualify-

contributed photo outstanding

ing homeowners to repair or replace deteriorated roofing, soffit/fascia, gutters, siding, windows and doors. Interior items are also eligible and include electrical, plumbing, new furnaces, insulation, lead-based paint remediation, and health and safety items.

The program targets the community development and rehabilitation of areas in need, concentrating much of its assets in support of very low-income persons and other needs of the city at large.

Because the grant is highly competitive, there are several



### www.thenewsleaders.com

preliminary proposal and were then invited to submit a full grant application. CMHP would submit the full application, which is due Feb. 22. Once that application is made, grant winners will be notified in May. Kick-off of the actual program would be sometime in September or October.

U.S. Postage Paid Joseph Newslead

A meeting will be held Jan. 22 for people who might be interested in securing help from the program in improving their properties.

If awarded a grant, the city stands to garner about \$195,000 Council • page 2

## Skahen accepted to Honor Choir for third year

by Cori Hilsgen news@thenewsleaders.com

steps that need to be taken.

In previous action last Au-

gust, the council had approved

a contract with the Central

Minnesota Housing Partnership

to submit a grant proposal to

DEED and compete for a grant.

The council authorized a show

of support for the program by

making a \$25,000 commitment

has some dollars involved in

the project," said Ed Zimny,

St. Joseph was one of 36 cit-

ies out of 48 that submitted a

CMHP program director.

"It's always better if the city

Zimny explained the City of

to the program.

St. John's Prep ninth-grade student Jack Skahen not only loves to sing, but he is also very good at it.

He was recently selected by the American Choral Directors Association of Minnesota Honor Choir to participate in the State 9-10 Boys' Honor Choir. This is the third year he has been chosen for the honor that recognizes outstanding young Minnesota choral musicians.

Skahen has been a member of

the St. John's Boys' Choir since fifth grade. This is his last year with the choir.

"My favorite part about being in the Boys' Choir is being able to share beautiful music with others and traveling the world," Skahen said in a press release. "Being accepted to the Honor Choir is a big deal to me because I know so many people try out for it and not everyone gets in. I am looking forward to the performance in February."

He auditioned for the choir under the direction of St. John's Skahen • page 2

St. John's Prep ninth-grader Jack Skahen was recently named to the American **Choral Directors** Association of Minnesota Honor Choir to participate in the State 9-10 Boys' Honor Choir. This is the third year he has been chosen for the Honor Choir. which recognizes young Minnesota choral musicians

# Council

### from front page

that would be used to finance work on 10 proposed projects.

"We are hoping we can get people to come to that meeting next Monday to drum up support for it because the more support we have, the more people interested in doing it, the stronger our application will be," said St. Joseph City Administrator Judy Weyrens. "If there are people who live in the area that would apply or would qualify, you should encourage them to attend."

Authorization was approved with a unanimous vote.

### **Equipment concerns**

The Capital Equipment Plans incorporates the five-year rotating certificates in the levy budget. The next certificate will be paid in full in 2018, so a new certificate would be issued during the year with the first payment beginning in 2019.

The CEP laid out costs for various pieces of equipment from computers to rifles, to After taking into account prior funds that had already been dedicated to various needs, the balance of funds needed to purchase new equipment was about \$265,000.

plow trucks and lawn mowers.

After examining the list of equipment, council member Dale Wick expressed some concerns and reservations about the need for some of the equipment. Specifically Wick addressed concerns about the needs of the Public Works Department whose requests amounted to \$217,000.

Wick had asked for maintenance records on the equipment and wondered why some of the equipment could not simply be improved and repaired rather than new equipment purchased. Some of the equipment had very small amounts of repair done on it, perhaps as little as a \$1,000 per year. Wick also said he really had not been furnished with good records about equipment maintenance.

Public Works Director Terry Thene said the one truck, a Ford F-250, had much work done on it and it had about reached the end of the line. As

for the Chevy utility truck, it trying to find a method to inhas a bad knock in the motor, and the diagnosis is the motor could fail at any time and that would cost about \$7,000.

Maintenance will not save that motor, Thene maintained. It's just a matter of time, he added.

"These trucks aren't normal pick-ups like people pull into the garage. These trucks have worked," Thene said.

"But shouldn't maintenance cost more?" inquired Wick. "Shouldn't there be yearly maintenance in maintaining these things rather than just running them until they die and looking for a new truck for everybody?"

"We do do maintenance on them," Thene said, "but when things loosen up you don't just jump down there until something breaks and then you repair it."

Wick turned attention to other equipment. There didn't seem to have been a lot of repairs on some of the equipment or at least not documented repair.

"I keep asking for it, but I'm not getting it," Wick said. "I'm form the council and the public as to where the equipment is and why we are getting a new truck."

Mayor Rick Schultz agreed more detail would be nice and that requests had been made. At the same time, he felt he had to trust Thene would make sound decisions with regard to needed equipment.

Weyrens offered that in the future they would do a better job of tracking maintenance, but the records still would not show when a motor was going bad or why there was a need for replacement.

"It's difficult to tell you exactly when a truck is going to die," Thene said. "What we are trying to do is get this used equipment replaced before we have a catastrophic failure on the vehicle."

In the end, the council voted to approve 4-1 with Wick voting no, to approve the Capital Equipment Certificate.

During a report by City Engineer Randy Sabart, Loso tried to convince other council members the upgrading of alleys should be more of a priority

for the council. As it stands, the alley projects are listed as part of the Capital Improvement Project, but they have not been funded. Loso wanted to have the alley upgrades funded. He was hoping the alleys would get done in the coming year.

Sabart said while they have estimates in the CIP, the alley projects were not prioritized. That's the first step in recognizing the problem, but to designate funds at this time would compete with other projects that have been designated as high priority. Sabart asked what the council wanted to do.

In another 4-1 vote, council member Loso was the lone yes vote in an attempt to get alley projects higher priority and secure committed funding.

The council also approved the preliminary design phase agreement for East Park with Short Elliot Henderson Engineering. The company will provide images and concept planning as well as facilitate community-wide input sessions as well as other services. Cost for the design is estimated at \$17,650.



deposit of \$5,000 to obtain 1.61% APY, 180-day interest penalty if withdrawn in the first 12-months. APY adjustments if withdrawn after 12-month but before maturity. This is a limited time offer for new money deposited to GCB and is subject to change without notice. See our customer service representatives for additional information



www.granitecommunitybank.com NLMS# 405434 Member FDIC

# Skahen

### from front page

Boys' Choir Director Andrè Heywood. At school, he sings under the direction of David Paulson.

The ACDA-MN organizes six honor-choir projects each year to feature outstanding student talent at a variety of levels, including State 4-5-6 Boys' and Girls,' State 7-8 Boys' and Girls,' State 9-10 Women's and State 9-10 Mixed.

Each participant is required to memorize five pieces for the ACDA public performance.

Members of the St. John's Boys' Choir rehearse between four to 14 hours each week and perform at about 30 events each season.

Skahen was one of five St. John's Boys' Choir members selected for the Grade 9/10 Honor Choir. Carter Trombley and Dolan Binder of Sartell, Dean Rothstein of Cold Spring and Alexis Martinez Mejia of Annandale were also selected.

This is Trombley's third consecutive selection and Binder's second. Both also sing in the

Nova Voce Young Men's Ensemble and are in their seventh season with the St. John's Boys' Choir.

Skahen has traveled to various states and Ireland, and plans to travel to Spain and France this year with the choir.

"In addition to being excellent singers, all these boys are exceptional leaders in the St. John's Boys' Choir and in their school programs and, as such, are very deserving of this honor," Heywood said.

The ACDA-MN Boys' Honor Choir brings together about 120 of the state's best singers in that age range. Boys are chosen from hundreds of auditions across the state.

More than 2,400 students audition each year for placement into the honor choir program. About 830 students are selected.

Heywood has served as both a judge for the auditions and as a conductor of the Honor Choir.

"Jack has been an outstanding singer through(out) his entire tenure with the St. John's Boys' Choir," Heywood said. "He has represented St. John's Boys' Choir for three consecutive years in the Minnesota

Honor Choir. He has been a featured soloist at many of our performances. In this, his final year with the choir, he is part of our Nova Voce Young Men's Ensemble - the newest St. John's Boys' Choir ensemble, but for the oldest boys. Nova Voce serves young men in grades seven-nine whose voices have recently changed (lowered)."

Besides singing, Skahen's musical talents include playing the trombone. He also plays soccer, participates in Knowledge Bowl and enjoys photography.

Skahen is the son of Jennifer and Sean Skahen of St. Joseph. He has two sisters, Brenna and Caitlin; and two brothers, Tom and Brady.

Skahen's brothers and sisters also play instruments, sing and participate in theater.

Jennifer and Sean Skahen own Sunset Manufacturing in St. Joseph, a sheet metal-fabrication company that manufactures many dairy industry products.

The Honor Choir will perform with the State 9-10 Girls' Honor Choir at 5:30 p.m. Thursday, Feb. 22 at the Minneapolis Convention Center's Main Auditorium.



**Reaching EUERYbody!** 

<u>Newsstands</u>

Casey's General Store Coborn's Holiday Kay's Kitchen

Local Blend St. Joseph Meat Market St. Joseph Newsleader Office SuperAmerica

www.thenewsleaders.com

Publisher/Owner Janelle Von Pinnon

Social Relations & Design Patric Lewandowski

**Assignment Editor** Carolyn Bertsch

Published each Friday by Von Meyer Publishing Inc.

Editor

Dennis Dalman

**Operations Assistant** Rachel Mohs

**Advertising Sales** Jan Glandon

> Delivery John Herring

Newsleader staff members have the responsibility to report news fairly and accurately and are accountable to the public. Readers who feel we've fallen short of these standards are urged to call the Newsleader office at 320-363-7741. If matters cannot be resolved locally, readers are encouraged to take complaints to the Minnesota News Council, an independent agency designed to improve relationships between the public and the media and resolve conflicts. The council office may be reached at 612-341-9357.

P.O. Box 324 • 32 1st Ave. N.W. • St. Joseph, Minn. 56374 Phone: (320) 363-7741 • Fax: (320) 363-4195 • E-mail: news@thenewsleaders.com POSTMASTER: Send address changes to ST. JOSEPH NEWSLEADER, P.O. Box 324, St. Joseph, MN 56374.

# Name added to 'likely abusers' list

by Dennis Dalman editor@thenewsleaders.com

The name of another priest has been added to a list of about 40 area Catholic clergy "likely to have abused minors," according to a recent announcement from Bishop Donald Kettler, head of the Catholic Diocese of St. Cloud.

The priest is Fr. Antonio instructor at Cathedral High Marfori, who was ordained in 1978 at St. Mary's Cathedral in St. Cloud. Marfori has had two complaints against him. The first was filed in 2015, the second in 2016. Both complaints allege Marfori sexually abused minors in the late 1970s, the first against a minor while he was a part-time

School, the second against a minor when he was a fulltime instructor at that high school. Kettler ordered an investigation into the allegations after the first complaint was filed in 2015. Marfori was at Cathedral from 1978-80, first as a part-time instructor, Abuser • back page

### -Blotter –

If any readers have tips concerning crimes, they should call the St. Joseph Police Department at 320-363-8250 or Tri-County Crime Stoppers at 320-255-1301 or access its tip site at www.tricountycrimestoppers.org. Crime Stoppers offers rewards up to \$1,000 for information leading to the arrest and conviction of those responsible for crimes. This information is submitted by the St. Joseph Police Department.

### Dec. 14

5:38 p.m. Suspicious person. 121 Sixth Ave. S.E. Officers responded to a suspicious person at the above address. Complainant stated a white male, about 5-foot-7 with short brown hair and driving a dark-colored single-cab truck. The suspect came to the front door of the residence asking strange questions (How was your dentist appointment?) No one at the residence knew the suspect. Report was taken and the officer was unable to locate the vehicle.

9:53 p.m. Traffic violation. Hwy.

- People

Kristi Bohlig of St. Joseph was among 32 students to begin the clinical portion of their studies to earn a master's degree as physician's assistants from the University of North Dakota School of Medicine and Health Sciences, Grand Forks.

The White Coat Ceremony for these future PA providers was held Jan. 12.

"The presentation of the white coat is symbolic of the new profession the students are entering," said PA Studies Chair Jeanie McHugo, PhD, PA-C. "The coats will be worn by students through(out) the clinical phase of their training and denoted their involvement with the PA program at UND."

Students have already completed their first two semesters of basic science instruction, and now will spend four weeks in the clinical setting in Grand Forks before returning to their home communities, where most of their training will take place under the supervision of physician and PA preceptors. During the next 18 months, they will return to UND for several weeks at different junctures for education and training.

Seventy-five percent of this class is from North Dakota, South Dakota and Minnesota. Students range in age from 21 to 44 years, with an average age of 30; the class includes 13 men and 19 women.

Two St. Joseph students were recently named to the fall dean's list at North Dakota State University, Fargo.

15/Third St. N., St. Cloud. While on patrol, an officer was traveling northbound on Hwy. 15 when he noticed a state trooper with a vehicle stopped and the emergency lights activated. The officer observed the suspect vehicle fail to move over for the stopped emergency vehicle even though there was plenty of room to move over. The officer stopped the vehicle and the suspect advised she did not know she needed to move over and did slow down. A citation was issued for failure to move over for stopped emergency vehicle. Explained and released.

### Dec. 15

2:05 p.m. Stray dog. 75 Callaway St. E. St. Joseph Police Department. Maintenance department captured a stray dog. The dog was brought to her house but there was no one there. Officers brought the dog to the pound in Sauk Rapids and administered a citation for a dog at large.

Dec. 16

and Jeremy Warzecka, mechani-

3.50 grade-point average or higher

Students must earn a minimum

- Public notice —

**CITY OF ST. JOSEPH** 

**Special City Council Meeting** 

6 p.m. Monday, Jan. 22, 2018

Purpose: Discussion on the

Orderly Annexation Agreement

cal engineering.

Judv Wevrens

Administrator

Publish: Jan. 19, 2018

to qualify for the honor.

12:48 a.m. Bar fight. 20 College

Ave. N. Officers were dispatched to a fight at the LaPlavette. Upon arrival, officers spotted a male suspect being escorted out of the bar by the bouncer for being verbal. The suspect's fiancée was pushed down walking out of the bar in a separate fight not involving the above male suspect. The male suspect started fighting with those two individuals thinking it was related to the other fight. The bouncer restrained the male suspect until officers arrived. The bouncer did not want to press charges. All other parties left before the officers arrived but the suspects fiancée told officers it was an accident but she had a really bad headache. Gold Cross Ambulance arrived and transported her to the St.

10:57 a.m. No-pay customer. 304 College Ave. N. Holiday called the St. Joseph Police Department stating a driver had paid for their items but not their gas. Arrangements were made to collect payment.



Group home health care workers in Cold Spring. Must be 18 or older.

 Must successfully pass a background check.

- Must have reliable transportation.
- Must be flexible with working ALL shifts.
- Must be comfortable working with clients with physical disabilities.

Please contact Judy or Jasmine for more information at 363-686-0245.



### Clara Stueve, 105 St. Joseph

Aug. 28, 1912-Dec. 29, 2017 Clara Stueve,

105, of St. Joseph died Dec. 29 at Arlington Place. Her funeral was held Jan. 4 at St.



Joseph's Catholic Church in St. Joseph. The Rev. Jerome Tupa, O.S.B. officiated. Burial was in the parish cemetery.

Stueve was born Aug. 28, 1912 to Anna (Schlangen) and John Schefers. She married Al Stueve on Oct. 14, 1936 in Richmond. The couple owned and operated Stueve's Garage for many years (1937-1972). Stueve was a wonderful, caring mother, enjoying sewing, crocheting, embroidery, gardening, canning and making

**Obituary** her famous pickled fish.

> Survivors include the following: her children, Doreen Honer and Dennis, both of St. Joseph; Dorothy Merten of Waite Park; Mel (Lizz) of Mesa, Arizona; Alice (George) Westerhoff, of Brooklyn Center, and Jim (Kathy) and Don (Deb), all of of St. Cloud; 15 grandchildren, 20 great-grandchildren; nine great-great-grandchildren; and many nieces and nephews.

> Clara was preceded in death by her parents; husband, Al in 1982; and all 10 of her brothers and sisters.

> The family wishes to express its heartfelt gratitude to Arlington Place and St. Croix Hospice for their professional and excellent care they gave to our mother.

### **BUSINESS DIRECTORY AUTO BODY REPAIR DENTISTRY** Auto Body 2000 Drs. Styles, Cotton & Milbert

(behind Coborn's in the Industrial Park) St. Joseph • 320-363-1116

**BEAUTY Mary Kay Cosmetics Joyce Barnes** St. Joseph • 320-251-8989

**CHIROPRACTOR Dr. Jerry Wetterling** College Ave. • 320-363-4573 jlwchiro.com

### **CHURCHES**

**Resurrection Lutheran, ELCA** Sunday Worship 8:30 & 10:30 a.m. Wednesday Worship 6:30 p.m. 610 N. CR 2, St. Joseph 320-363-4232 www.rlcstjoe.org

St. Joseph Catholic Church Masses: Tuesday-Friday 8 a.m. Saturday 5 p.m. Sunday 8 & 10 a.m. St. Joseph • 320-363-7505 www.churchstjoseph.org

> YOUR INDUSTRY Your Business Address City • Phone • Website

1514 E. Minnesota St. St. Joseph • 320-363-7729

Laser Dentistry 26 2nd Ave. NW St. Joseph • 320-363-4468

**ELECTRICAL** 

HI-TEC Electric • St. Joseph Residential • Commercial Remodeling • General Services 320-363-8808 • 320-980-0514

### **EYECARE**

**Russell Eyecare & Associates** 15 E. Minnesota St., Ste. 107 St. Joseph • 320-433-4326

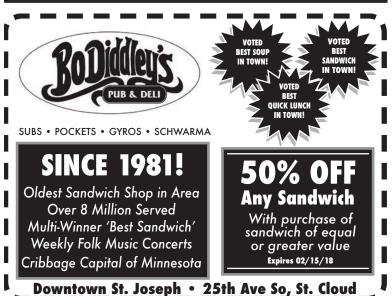
### PUBLISHING

Von Meyer Publishing, Inc. 32 1st Ave. NW St. Joseph • 320-363-7741

### TRUCKING

Brenny Transportation, Inc. **Global Transportation Service** St. Joseph • 320-363-6999 www.brennytransportation.com

Call the St. Joseph Newsleader at 320-363-7741 if you would like your business included. Check out the online Business Directory at thenewsleaders.com which hyperlinks to each business' website.



Cloud Hospital.

Dec. 17



Freedom Flight POW/MIA, a group that honors and tries to increase awareness of soldiers missing in action or prisoners of war, is asking for help in locating equipment worth thousands of dollars which was recently stolen. The group includes many dedicated volunteers who donate their time and money to fly POW/MIA hot air balloons and educate people at events across the United States and world.

# YIR

### from front page

For Alzheimer's" concert series was created by Jeff and Tommy Vee to help honor their father, rock/pop music legend Bobby Vee, who passed away from Alzheimer's in October 2016.

Clara Stueve had a lot of candles to blow out on her birthday cake. Stueve, a resident at St. Joseph's Arlington Place, celebrated her 105th birthday Aug. 28.

Students at Kennedy Community School honor the life of Moses Beasely. Beasely was a 15-year-old sophomore at Apollo High School who committed suicide in August. Beasely's mother Natoyia Alberts, spoke to students at Kennedy about her son. Beasely's younger brothers, Kenneth and Ahmir, are students at Kennedy.

Kay's Kitchen is expanding. Owner Tanya Finken is planning to open a second location inside Midtown Square Mall in St. Cloud. "After looking at the kitchen, I realized it would be a good fit for my catering business and to bring my pie baking there as well," Finken said.

Millstream Park is set to welcome its newest edition – a dog park. The first phase of the new park has been completed. Phase Two which includes water access and a shelter and Phase Three which includes an expansion area for small dogs have yet to be completed.

Charles "Charlie" William Preble publishes his second collection of poetry in a book entitled *Portals*. Preble has been working on this book for the past four years. And at 80 years old, he is already hard at work on his third book.

Mike Wolfe and Frank Fritz, stars of the History Channel's *American Pickers*, are set to make a stop in St. Joseph. Victoria Weinberg, the show's casting associate, sent an email to the St. Joseph Area Chamber of Commerce stating they are looking for people who have collectibles they are willing to part with.

The College of St. Benedict and St. John's University have plans to screen six award-winning French films at their French Film Festival. "The Tournees Film Festival is open to everyone, and we really aim to get as many people here as possible, even those who have never spoken or heard a word of French," said Dr. Ana Conboy, assistant professor of French at CSB/SJU.

### October

St. Joseph Township residents Todd and Sarah Theisen hope to provide others with the chance of home ownership. The couple is the proud owner of Future Equities, a business which specializes in purchasing foreclosed homes, refurbishing them and selling them contract-for-deed to those with poor credit. "It's exciting for me to give other people life opportunities they may not have had otherwise, and this is one thing I can do," Todd Theisen told the *Newsleader*.

Sister Colman O'Connell OSB passed away at the age of 90. O'Connell was the 11th president of CSB. A prayer vigil was held for O'Connell on Oct. 6 with a funeral Mass scheduled for Oct. 7.

Baby Jace Josephson remains at the Mayo Clinic in Rochester awaiting a heart transplant. But he might not have been so lucky without the quick-thinking measures local first-responders performed on U.S. Hwy 10. Off-duty Rice firefighter Blake Phenow happened to be driving along the same stretch of roadway when he noticed a vehicle driven by 22-year-old Akasha Ness-Breitwieser pulled over on the side of the road. Jace, who was 18 months old had stopped breathing. Minnesota State Trooper James Orlando and Benton County Deputy Ron Thomas also helped perform life-saving CPR on Jace until an ambulance arrived.

Sandy and Loyal Skuza can

cross one more item off of their bucket list. The couple recently completed a motorcycle journey of a lifetime, having biked in all of the lower 48 states and five Canadian provinces. "There is something about riding on a motorcycle. Your vision is not obscured and you can see up and all around. You can also smell things for miles," Sandy Skuza told the *Newsleader*.

St. Joseph firefighters were dispatched to battle a shed fire north of St. Joseph Oct. 13. The shed, located not far from CR 133 near the Five Points intersection, took about three hours to extinguish. No one was injured.

The Saint John's Bible has come back to Central Minnesota where it's permanently on display in the St. John's University Alcuin Library. The *Bible* includes seven volumes of more than 1,100 pages all handwritten and hand illustrated under the direction of Donald Jackson. The project was officially commissioned in 1998.

A 60-acre solar farm opened just north of St. Joseph on Interstate 94. The 28,000 solar panels will produce enough energy to power about 1,200 Minnesota homes. "Over the course of 25 years, subscribers to this solar garden should see total savings in excess of \$8 million," IPS Vice President of Business Development Eric Pasi told the *Newsleader*.

St. John's Prep junior Mitchell Brown takes center stage as the loveable but clueless groundskeeper George in the Great Northern Theater Co.'s production of *Drinking Habits* 2: Caught in the Act.

Central Minnesota Somali residents hosted a prayer vigil at St. Cloud's Lake George after a terrorist bombing in Somalia killed more than 350 people and injured hundreds more earlier this month. St. Cloud Mayor Dave Kleis and St. Cloud Diocesan Bishop Donald Kettler offered their prayers and support.

### November

Interest has grown as two local people have started advocating for the canonization of a nun buried at St. Benedict's Monastery. Avon resident Patrick Norton has been working toward getting both the Diocese of St. Cloud and the sisters with the Order of St. Benedict's to push for the canonization of Sister Annella Zervas. The Order of St. Benedict's stated in 1989 they are not interested in pursuing canonization for any of the orders' members.

After Hurricane Harvey devastated portions of Texas, students at Kennedy Community School wanted to find a way to help. The students helped collect books for children who were impacted by the hurri-

canes. With the help of efforts at St. John's Prep, the College of St. Benedict and St. John's University, the book drive was able to gather more than 3,250 books.

At age 53, Central Minnesota resident Jeff Janssen has completed a marathon in all 50 states. In fact, he has officially completed 69 races, each 26.2 miles long. Janssen's last state to complete his goal was Iowa. "There also is a Seven Continents Club, which seems easy as I only have six to go," Janssen said.

Students at All Saints Academy reached their goal of raising \$21,000 during the 34th annual "Saints in Service" Workathon. As a reward for meeting their goal the students were given a Halloween carnival.

Millstream Park is now home to a new \$534,351 shelter. A grand opening for the new addition will be held Nov. 27.

Family and friends are still waiting for answers 15 years after the disappearance of St. John's University college student Joshua Guimond, who was last seen on Nov. 9, 2002 after walking from his on-campus dorm residence to play cards with friends at a party just a three-minute walk away. A vigil/prayer service for Guimond was held Nov. 9 at Holy Cross Catholic Church in Maple Lake.

An Avon home received some special holiday magic as local vendors literally decked the halls as part of the 28th annual Zonta Christmas House. Located on the outskirts of St. Joseph, the Zonta Christmas House is a fundraiser for the Zonta Club of St. Cloud. Ticket sale proceeds are donated to Anna Marie's Alliance and Journey Home.

Mary C. Bruno along with a team of volunteers helped coordinate the sixth annual Holiday Art Crawl. The 2017 Holiday Art Crawl had five stops: Minnesota Street Market, The Local Blend, Bad Habit Brewing Co., Bruno Press and Rockhouse Productions. The art crawl also provided patrons with a shuttle service.

St. Joseph resident and U.S. Marine veteran Bob Ringstrom is helping Santa Claus out this year. Ringstrom has been promoted to serve as the new coordinator for the St. Cloud Area Toys for Tots campaign. "Toys for Tots is narrowly conceived as a mission to bring light into the lives of children who are not so fortunate as so many of us during the season of giving," Ringstrom said.

### December

It's beginning to look a lot like Christmas. Country Financial Insurance Co. has set up its first "Country Lights Festival" around Lake Francis along Pinecone Road in Sartell. The display debuts on Dec. 2 and

### will run throughout the month. Santa and Mrs. Claus are also expected to make weekend appearances.

As Mother Nature prepares to dole out her wintry wrath, veteran Nate Chapman is preparing to gas up his snow plow. Chapman of St. Cloud is in charge of Plowing Vets, a service which plows out driveways for veterans, families of veterans stationed elsewhere, police officers, firefighters and first-responders for free. This is the second year of the program.

Thousands of dollars' worth of equipment used to raise awareness for soldiers missing in action or who are prisoners of war was stolen from its storage space at the McKay's Dodge Chrysler Jeep Ram FIAT car dealership in Waite Park. Freedom Flight POW/MIA President Luke Cesnik said someone stole two Honda fan/engine units and a hot-air balloon burner. "All we do is honor our U.S. military veterans and raise awareness about those who are still prisoners of war or missing in action. Why would anyone do such a thing?" Cesnik asked.

Kennedy Community School students are asking St. Joseph residents for help in collecting toys for the local Toys for Tots drive. Seventh- and eighthgrade students working on the project are part of the "WE Act" program, an organization that helps adolescents learn how to make a difference both locally and globally.

Beer Choir has arrived in Central Minnesota. St. John's University faculty member Maureen "Mo" Putnam has introduced the concept to the area. Putnam has hosted one choir sing-a-long at the Urban Lodge Brewery and Restaurant in Sauk Rapids in October.

The St. Joseph City Council hosted a truth-in-taxation hearing to discuss the 2018 city budget. The overall levy is set to increase 5.78 percent during 2017. According to the city, taxes on a \$150,000 home are estimated to increase by \$29. New items included in the budget include a ninth police officer, a part-time custodian, a parttime finance technician, and a part-time employee for the recreation program and open gym.

Local musician Dave Cofell plans to host his annual Christmas Show at the Local Blend. The show, now in its ninth vear, will have music, spoken word and poetry.

Let 2017 be the year you expand your Christmas-tree knowledge. Liz Schultz, owner of Sartell's Unique Design, said vintage ornaments are making a huge comeback. In addition, more people are opting for real trees instead of the artificial trees which are not biodegradable.

(To read any of the above stories in their entirety, visit thenewsleaders.com and search for your favorite stories.)

# **Coborn's launches extensive** nutrition-education system

by Dennis Dalman editor@thenewsleaders.com

A new nutrition ratings program dubbed "Dietitian's Choice" has begun at Coborn's stores in the area, including the one in St. Joseph.

Cash Wise stores and Marketplace Foods stores will also feature the new system.

Dietitian's Choice will replace Nu-Val, a previous nutrition-ratings system that informed shoppers of the nutritional value of food items on a 1- to 100-rating system, 100 denoting the most nutritious and healthiest. NuVal is now in the process of being phased out.

The new system not only has an in-store rating for food items but also includes a widespread outreach education effort to customers via online efforts, public presentations, classes, grocery tours, health fairs, meal-planning and nutritious recipes. The goal of the holistic approach is to help make people become nutrition-savvy so they can maximize their overall physical health and well-being. That was also the goal of the NuVal system, but Dietitian's Choice is more expanded and includes nutritionists in Coborn's stores who can give one-toone personal advice about food and health issues.

Dietitian's Choice was developed by registered dieticians who work for Coborn's. The dietitians scrutinized products sold in Coborn's grocery stores as well as those of Cash Wise (also owned by Coborn's), and they considered six criteria for each product they examined.

Those criteria are products with whole grain listed as the first ingredient, those that are lower in sodium content, lower in added sugars, lower in saturated fat, a good source of healthy fat and a good source of protein.

Food products deemed the most nutritious are given a "Dietitian's Choice" logo on the products' price tags. And so far, there are more than 5,500 such products with that designation attached to them.

"Our company's vision calls for us to inspire healthy living for our guests (customers)," said Emily Coborn, vice president of fresh merchandising. "The Dietitian's Choice program is another way for us to live out our vision by empowering guests to easily identify better-for-you food items during shopping trips."

### Other resources

Dietitian's Choice fits nicely with Coborns' other ways to boost awareness of healthy food choices.

• There is a website, Coborns. com that features "Dietitian's Corner" and that offers many self-help resources and guides.

• Registered dietitians for Coborn's provide in-store services that include personal consultations with shoppers, community presentations, classes, grocery tours, health fairs and meal planning.

• The dietitians have accounts on Facebook, Instagram, Twitter and Pinterest.

• Coborn's offers many varied recipes for every kind of meal occasion.

• A monthly email is available called "Dietitian Digest."

• There are recipe videos online twice every month.

• Coborn's dietitians blog for "Produce for Better Health."

• There is an online "Foodie Feature of the Month," and a live video every Tuesday.

• Coborn's offers a weight-management program for employees twice a year.

• There is a "Wellness Wednesday" held at select stores the second Wednesday of every month in partnership with Coborn's pharmacies.

• There are an increasing number of healthy-foods in-store demos.

• There is an "Eat Healthy, Shop Smart" newsletter that combines food-safety issues, pharmacy advice and a kids' section.

• Pharmacists at Coborn's are also more than willing to consult with customers about issues surrounding medication, health and lifestyle.

systems such as this, we are making CentraCare endorsement The Dietitian's Choice program it easier for people to make healthier choices. Our organization is proud

has earned an endorsement from the dieticians at CentraCare Health, central Minnesotan's major health-care provider.

Corner, visit thenewsleaders.com.

CentraCare also strongly believes in outreach programs that help people improve their food choices, fight obesity and enhance overall health and well-being.

"We are proud to endorse this program that Coborn's has developed," said Jodi Gertken, director of wellness for CentraCare Health. "Coborn's and CentraCare have a history of collaborating to improve the health of our communities and this is another example of that. Coborn's developed this program under the guidance of their supermarket-registered dietitians, which built credibility from the start. By implementing innovative

to endorse this diligent and detailed work."

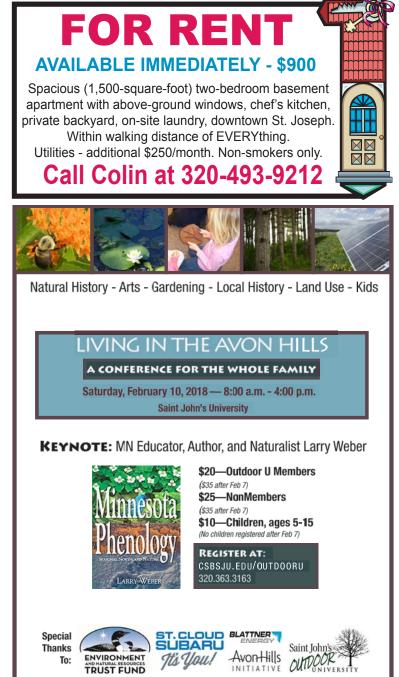
### About Coborn's

Based in St. Cloud, Coborn's Inc. is now in its 96th year as an employee-owned grocery retailer with more than 7,500 employees and 53 stores in Minnesota, North Dakota, South Dakota and Wisconsin.

The Coborn's-owned stores' names are Coborn's, Cash Wise Foods, Marketplace Foods and Save-A-Lot.

It also owns CobornsDelivers, an online grocery ordering and home-delivery service.

This year, Coborn's Inc. was named by the Minneapolis Star Tribune to its "Top Workplaces in Minnesota" list.







This is Coborn's official logo for its new Dietitian's Choice

program. For recipes from its companion program Dietitian's

# **Our View** Pets can suffer from cold as much as people can

With recent brutal below-zero temperatures we should all remind ourselves every day and night that pets get cold, too. In fact, like humans they can easily get frostbite or even freeze to death when temps dip dangerously low.

The problem of dogs suffering or dying in the cold has become of such concern that many states have now passed laws making it a crime to leave pets (including cats) outside in the freezing cold Those states are Connecticut, Delaware, Maine Massachusetts, Nevada, New Jersey, New York Texas and the latest one – Pennsylvania. The laws vary widely, some more strict than others, but at least it's a start - the beginning of an awareness that cold (and hot) weather can be as tough on animals as people. Let us hope Minnesota and all the other cold northern states soon makes the list of states criminalizing pet abuse in winter.

In the meantime, let's all keep our pets warm and safe.

The following are good winter tips:

 Never let a dog or cat outside for more than 10 or 15 minutes when it's cold and windy. A potty break is fine, but make sure you do not forget the dog is outside.

• Do not let dogs stay alone in vehicles when it's cold. They can suffer and die just as they can if left alone in hot cars.

• Don't shave dogs in winter. Let their fur grow to keep them warm.

• Buy a dog sweater or vest to protect the dog from cold when taking it for a walk. Dog booties might also be an option.

• Keep strolls with your pets very short on the coldest days – just a couple blocks at the most.

• Use a towel to dry pets' paws when they come in the house after snowfall and after a walk and remove snowballs from fur.

• Be sure to use pet-friendly de-icers on drive ways, car ports and sidewalks. They can be toxic to pets when stuck in their paws or fur. It's good to use pet-friendly de-icers even if you do not own a pet.

• Likewise, as above, car coolants and antifreeze are lethal to animals - a very real danger as pets often like to lick the "sweet-tasting" chemicals off of driveways, car ports or garage floors Be sure to clean up spills and leaks immediately.

• Always make sure dogs have plenty of water, especially when outdoors, because water can rehydrate their systems, boost blood circulation and help them stay warmer.

• Be aware some cats will climb up onto the engines of parked cars in an effort to find warmth. Starting an engine can obviously kill the unfortunate creature so before starting a vehicle check for signs of a cat or cats on or near the engine

• It's important for dogs to get some exercise It's fine to play "fetch" in the yard for brief periods of time on cold days. Brisk walks, with pets always on leashes, is also a good idea, but keep the walks quite short.

All it takes is a bit of awareness, following those tips, to keep our pets safe, warm and happy all winter long.

### St. Joseph · Sartell-St. Stephen Newsleaders **Reaching EVERYbody!**

The ideas expressed in the letters to the editor and of the guest columnists do not necessarily reflect the views of the Newsleaders.

Letters to the editor may be sent to news@thenewsleaders. com or P.O. Box 324, St. Joseph, MN 56374. Deadline is noon Monday. Please include your full name for publication (and address and phone number for verification only.) Letters must be 350 words or less. We reserve the right to edit for space.

# **Opinion** Were Pringles supposed to be golf balls?

Mitch Hedberg said it best:

"I don't own a cell phone or a pager. I just hang around everyone I know. All the time. If someone wants to get a hold of me, they just say, 'Mitch,' and I say 'What?' as I turn my head slightly."

That had me laughing out loud for five minutes yesterday. I came across that quote in the online version of Editor and Publisher.

Who is Mitch Hedberg? Well, I didn't know either. I did some research and discovered he was a stand-up comedian known for his deadpan one-liners. I love deadpan humor. Too bad I missed him; I must have been watching all the wrong channels.

During my Hedberg research, I was laughing my head off. Here are some other gems:

• "I had an apartment and I had a neighbor, and whenever he would knock on my wall, I knew he wanted me to turn my music down, and that made me angry 'cause I like loud music . . . So when he knocked on the wall, I'd mess with his head. I'd say, 'Go around! I cannot open the wall! I don't know if you have a door on your side, but over here there's nothin'. It's just flat."

• "Rice is really great if you're really hungry and want to eat at least 2,000 of something.

• "I think Bigfoot is blurry. That's the problem. It's not the photographer's fault. Bigfoot is blurry and that's extra scary to me. There's a large, out-of-focus monster roaming the countryside. Run! He's fuzzy! Get out of

Letter to the editor

### Dennis Dalman Editor

here!"

• "I used to do drugs. I still do, but I used to, too."

There was an awful truth lurking in that one-liner. The St. Paul-born Hedberg died of a drug overdose at the age of 37 on April 1, 2005. Many fans at first were sure at first it was an April Fool's joke - the kind of joke Hedberg would play.

Like many stand-up comics, he suffered from stage fright. Also, like so many comedians, he often wove dark observations into his comedic spiels. The great Carol Burnett once said "Comedy is tragedy - plus time."

Here are some more that had me laughing: • "An escalator can never break. It only becomes stairs."

• "When I was a boy, I laid in my twin-size bed and wondered where my brother was." •"I had a parrot. The parrot talked, but it

did not say, 'I'm hungry.' So it died." • "If you're watchin' a parade, make sure you stand in one spot. Don't follow it; it never changes. And if the parade is boring, run in the opposite direction. You will fast-forward the parade.

• "The Kit-Kat candy bar has the name 'Kit-Kat' imprinted into the chocolate. That robs you of chocolate. It is a clever chocolatesaving technique. I go down to the factory. 'You owe me some letters!' "

• "My fake plants died because I did not pretend to water them."

• "One time, this guy handed me a picture of him. He said, 'Here's a picture of me when I was younger.' Every picture is of you when you were younger. I said, 'Here's a picture of me when I'm older.' He said, 'You #\$&&\*! How'd you pull that off? Lemme see that camera. What's it look like?' '

• "I was walking down the street with my friend, and he said, 'I hear music' as if there is any other way you can take it in. I said, 'You're not special; that's how I receive it, too. I tried to taste it but it didn't work.'

• "I think Pringles' original intention was to make golf balls. But on the day the rubber was supposed to show up, a truckload of potatoes came. Pringles is a laid-back company so they said, 'Oh, well, cut 'em up.'

• I hope next time I move I get a real easy phone number, something real easy to remember. Something like 2, 2, 2, 2, 2, 2. . . And then people would say, 'Mitch, how do I get a hold of you?' And I'd say, 'Just press 2 for awhile and when I answer, you'll know

you've pressed 2 enough.' " Hey, Mitch, wherever you are, sorry I missed you. Thanks for the laughs.

# Reader says 'experts' wrong on global warming

### Bob Grise, St. Joseph

From the "experts" who gave us the green energy boondoggles comes the cry to fight global warming. The "experts" were wrong about global cooling. Wrong about a predicted mass starvation. Wrong about resource depletion. The St. Joseph Newsleader opinon page is oh so happy to ignore this record of failed predictions and beat the drum for the coming Global Warming Catastrophe only 30 years down the road! Wait a second, it was 30 years down the road 30 years ago! How my car and furnace could heat up 300 million cubic miles of ocean water and the atmosphere seems incom-

prehensible. But it is the increased levels of CO2 that stands accused say some "experts." Could it be conjecture gone wild? Mark Twain noted "There is something fascinating about science. One gets such wholesale returns of conjecture out of such a trifling investment of fact." True!

Warming is seen at weather stations that have existed for less than 60 years. Those that go back 100 years, not so much. St. Cloud records, (found by googling St. Cloud University Climate) show we have not had a top 10 warmest summer in the past 30 years. Our warmest year was 1931. The average temperature here from 1900 to 1935 was 43.07. Most recent 35 years it was 42.98. How can that be when our CO2 level has risen from 300 parts per million to 400? A hypothesis blunder? But there is some dead coral. Ocean oscillations last 30 years translation, some dead coral every 30 years. CO2 is no pollutant, it's plant food. Rising CO2 is partly the cause of rising crop yields. Yea!

We know climate varies on its own. We know people are willing to shill on this subject for money and political gain. We know some "experts" have been caught over and over fudging statistics to make the public think there is a climate crisis when none exists, (check realclimatescience.com for more info on that). Let's address our real fixable problems and stop scaring people with baseless speculation.

### The Vikings' beautiful, lucky win What just happened? That was the ques-

tion that bounced around my mind after the end of the Minnesota Vikings' playoff game against the New Orleans Saints this past Sunday night. Down 24-23 with just seconds left, my family watched breathlessly as Stefon Diggs caught the last-second pass from Case Keenum and ran it into the end zone. Minnesota goes on to the NFC Championship.

Of course, the game didn't start out on quite the intense note it ended on. Looking at the matchup, I was fairly confident the Vikings could pull out a success. The team had been, despite a few hiccups, electric throughout the entire year. A 13-3 season coupled with standout talent like Keenum, Diggs and Adam Thielen had me more excited about Min nesota's playoff chances than since watching Brett Favre in 2009.

We had defeated the Saints earlier in the year in a close, but still convincing, victory. The Saints had a worse record and had barely managed to put away the Carolina Panthers in their first playoff game. Yet I still had the lingering dread in my mind. What if the Vikings mess things up? What if this was like 2009 when the Saints had beaten us when we were so close to the Super Bowl? I tried to push these thoughts back and just watch the game.

At first, things went smoothly. The Vikings came in with impressive offense and defense, shutting down Drew Brees and putting up 17 points on the scoreboard before the end of the first half. I was ecstatic. This could really



be our year. Things seemed to be going right. The Vikings would continue their amazing run after all.

But the first half is only just that, half of the game. When the teams came back from their halftime break, it was almost as if a new opponent had showed up at US Bank Stadium. The Saints pushed forward on drives, making three touchdowns, intercepting a Keenum pass, even blocking a punt. The specters of the Vikings curse started to appear before my eyes. It would happen again; our victory would be snatched away at the last second, leaving Minnesota pondering what went wrong yet again.

The fourth quarter was especially nailbiting. The competing teams went back and forth, the fate of the game in the balance. The Saints got their second and third touchdowns, putting them one point ahead of Minnesota, 21-20. Driving back on offense, the Vikings put the score back to 23-21. The relief was only temporary, though, as the Saints made it 24-23 after a field goal of their own with half a minute left. My family – and I'm sure everyone in Vikings fandom – waited with bated breath.

It was the moment of truth. Our Minnesota Vikings needed only a field goal to win, but that was asking a lot with only one timeout and 30 seconds left on the clock. An early first down got us to around our own 40-yard line, but after a few incomplete passes and 10 seconds left, it would take a miracle to get us into field-goal range.

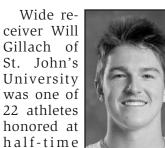
Well, that miracle arrived, and more. On a last ditch pass, Keenum, under pressure, passed to the sideline and found Diggs at around the 35-yard line. Dodging a tackle, I first thought he would have to step out of bounds to stop the clock for a field goal. But then I - and Diggs - saw the open space all the way to the end zone. It was over. The Vikings nulled off the win

My family's living room - and I'm sure the entire state of Minnesota - broke into uncontrollable cheering and clapping. We'd all been along this rollercoaster of a game - the assured feeling of an easy victory after the Vikings' fantastic first half, and the agony of defeat and resignation when it looked as if all was lost in the final seconds. And, of course, the amazing feeling of watching that final play and seeing Diggs take home the football for the gamewinning touchdown. This game was a piece of art, truly one for the ages. Let's hope the momentum continues through to the big one.

Connor Kockler is a Sauk Rapids-Rice High School student. He enjoys writing, politics and news, among other interests.

# Gillach of SJU named to Good Works Team

by Dennis Dalman editor@thenewsleaders.com



during the Gillach Jan. 1 Sugar

Bowl game in New Orleans. Gillach was named to the American College Coaches Association's Good Works Team, a prestigious annual roster to pay tribute to players who volunteer and work selflessly to help others. A junior, Gillach is studying bio-chemistry at SJU with an emphasis on pre-medicine.

Tide defeated the Clemson Tigers 24-6 in the Sugar Bowl game.

This year's honorary Good Works Team coach was Pat Fitzgerald of Northwestern University.

Gillach, 22, has volunteered in a variety of goodworks projects. He traveled to the Central American country of Nicaragua with a team of doctors to provide diagnoses and medical care for people living in impoverished areas. He has helped pack thousands of food kits for Kids Against Hunger and has raised money for St. Jude's Children's Hospital. He also works part time for Anna Marie's Shelter, St. Cloud, as a role-model/mentor for children who have been violence.

In speaking of that experience, Gillach said to reporter David McCoy of WC-CO-TV after receiving the Good Works Team Award.

"Every time I go there (women's shelter), I see different people's circumstances. It really affects me in how I see the world and how I see other people. And it kind of continuously reminds me that I'm very, very fortunate in my life, and other people aren't as fortunate. And so I think it reminds me to give back and strive to make a difference in other people's lives that might need a little help."

Gillach is a 2015 graduate of Chisago Lakes High School. It is his parents, he

**Community Calendar** 

Parkinson's Disease Support

Group, 1-2:30 p.m., Ilicil Inde-

pendent Lifestyles, 215 N Benton

Drive, Sauk Rapids. 320-529-9000.

p.m., council chambers, St. Joseph

City Hall, 75 Callaway St. E. 320-

7 p.m., American Legion, 101 W.

Tuesday, Jan. 23

Health, 7-8:30 p.m., Calvary Com-

munity Church, 1200 Roosevelt

Thursday, Jan. 25

Coffee and Conversation, fea-

Road, St. Cloud. 320-259-7101.

National Alliance on Mental

363-7201. cityofstjoseph.com.

Minnesota St., St. Joseph.

St. Joseph City Council, 6

St. Joseph Rod and Gun Club,

1-800-733-2767.

The Alabama Crimson traumatized by domestic said, who inspired him to reach out to help others. His father, Jim, who was a cross-country and track athlete in college, graduated from SJU in 1990. His mother, Ann, played softball in college and graduated from the College of St. Benedict, also in 1990.

> Gillach and his SJU position coach, Kole Heckendorf, traveled to New Orleans days before the game and did volunteer work, with the other Good Works Team members at the APEX Youth Center in New Orleans. On the last day of December, they were guests of honor in the Allstate Sugar Bowl Parade.

This Good Works Team is the 26th since the first team was named in 1992. Gillach is the second "Johnnie"

to be named to the team. A previous honoree from SJU was Kevin McNamara, a 2007 SJU graduate who was named to the team in 2006.

When he is not on the playing field or helping others, Gillach is busy at work in classrooms and laboratories. Last summer he completed a two-week stem-cell and regenerative-science workshop at St. Mary's University. He is doing lab work with SJU/CSB assistant professor of biology. The project involves examining the prevalence of antibiotic resistance in bacteria in the central Minnesota area derived from samples of on-campus lakes, the Sauk River and the Mississippi River.

Is your event listed? Send your information to: Newsleader Calendar, P.O. Box 324, St. Joseph, Minn. 56374; fax it to 320-363-4195; or, e-mail it to news@thenewsleaders. com. Most events are listed at no cost. Those events are typically free or of minimal charge for people to attend. Some events, which have paid advertising in the Newsleaders, are also listed in the calendar and may charge more.

### Friday, Jan. 19

St. Joseph Area Historical Society, open 4-7 p.m., Old City Hall, 25 First Ave NW. stjosephhistoricalmn.org.

Chicken and ham dinner, meat raffle and silent auction, sponsored by St. Joseph Lions Club, 4:30-7:30

p.m., Sal's Bar & Grill, 109 W. Minnesota St., St Joseph.

St. Cloud Singles Club Dance, 8 p.m.-midnight, American Legion, 17 Second Ave. S., Waite Park. 320-339-4533. stcloudsingles.net.

### Saturday, Jan. 20

Jigsaw Puzzle Contest and Puzzle Exchange, Sartell Senior Connection, 10 a.m., Sartell Community Center, 850 19th St. S.

### Monday, Jan. 22

cable and satellite deals in your area!

Lunch and cards, sponsored by Helping Hands Outreach, noon-3 p.m., Rusty Nail, 4 CR 2 S., St. Stephen. (through February)

American Red Cross Blood Drive, 1-7 p.m., St. Michael's Church, 1036 CR 4, St. Cloud.

turing Greg Newinski from the Minnesota Highwway Saftey Center, 9 a.m., Sartell Community Center. 850 19th St. S.

Sauk Rapids Chamber, 11:45 a.m.-1 p.m., Sauk Rapids Government Center, 250 Summit Ave. N. 320-251-2940.

St. Joseph Food Shelf, open 1-3 p.m., Old City Hall, 25 First Ave. NW, St. Joseph.

District 742 St. Cloud School Board, 7 p.m., City Council Chambers, 400 S. Second St., St. Cloud.

Intro to Square Dancing, 7 p.m., Whitney Center, 1527 Northway Drive, St. Cloud. Tom at 320-309-2241. ComeSquareDance. com. Nominal fee.

Friday, Jan. 26

Cabin Fever Family Fun Night, 6-8 p.m., Pleasantview Elementary School, 1009 Sixth Ave N, Sauk Rapids. Events include bowling, crafts, face painting, archery and more. All proceeds to benifit the PTAC.

### Saturday, Jan. 27

Chili Cookoff, 5-7 p.m., Northland Bible Baptist Church, 3686 CR 8 SE, St Cloud. Meal is free but rsvp required. 320-252-5677 ext. 0.

### Sunday, Jan. 28

Joe Town Table, 11:30 a.m.-1 p.m., American Legion, 101 W. Minnesota St., St. Joseph. centralmncw@gmail.com.

Call Empire today to schedule a FREE in-home estimate of

Do you have chronic knee or back pain? If you have insurance

you may qualify for the perfect brace at little to no cost. Get your

today! 1-800-869-0947 (MCN)

### WANTED TO BUY

WANTED TO BUY: Basswood logs by truckload delivered to Dodgeville, WI. Bark intact, harvested in dormancy, delivered FRESH cut. Pre-arranged purchases only. Call Al Ladd at 608-935-2341 ext.333 (MCN)

### ADOPTION

PREGNANT? CONSIDERING ADOPTION? Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 855-390-6047. (MCN)

#### AUTOMOBILES

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation. Tax Deductible, Free Towing. All Paperwork Taken Care Of. 1-800-283-0205 (MCN)

CASH FOR CARS: We Buy Any Condition Vehicle, 2002 and Newer. Competitive Offer! Nationwide FREE Pick Up! Call Now For a ree Quote! 888-366-5659! (MCN)

DONATE YOUR CAR TO CHARITY. Receive maximum ue of write off for your taxes. Running or not! All conditions accept-Free pickup, Call for details, 855-752-6680 (MCN)

### CABLE/INTERNET

DISH Network. 190+ Channels. FREE Install. FREE Hopper HD-DVR. \$49.99/month (24 months) Add High Speed Internet \$14.95 (where avail.) CALL Today & SAVE 25%! 1-855-434-0020 (MCN)

SAVE on internet and TV bundles!Order the best exclusive cable and satellite deals in your area! If eligible, get up to \$300 in Visa Gift Cards. CALL NOW! 1-800-925-0146 (MCN)

Spectrum Triple Play! TV, Internet & Voice for \$29.99 ea. 60 MB per second speed No contract or commitment. More Channels. Faster Internet. Unlimited Voice. Call 1-855-577-7502 (MCN)

Exede satellite internet. Affordable, high speed broadband atellite internet anywhere in the U.S. Order now and save \$100. Plans start at \$39.99/month. Call 1-800-712-9365 (MCN)

SAVE on internet and TV bundles! Order the best exclusive

1-800-925-0146 (MCN) Earthlink High Speed Internet. As Low As 14.95/month (for the first 3 months.) Reliable High Speed Fiber Optic Technology.

If eligible, get up to \$300 in Visa Gift Cards. CALL NOW!

Stream Videos, Music and More! Call Earthlink Today 1-855-679 7096 (MCN)

DIRECTV. Call & Switch Now - Get NFL Sunday Ticket for FREE! Every Game. Every Sunday. CHOICE- All-Included Package. Over 185 Channels. \$60/month (for 12 Months.) CALL 1- 844-245-2232 (MCN)

CABLE INTERNET Phone \$29.99 each! No one beats our prices! Bundle and save huge now! Only \$29.99 each! We are your local installers! Hurry, Call Now offer ends soon! 1-888-858-0262 (MCN)

Change the way you watch TV- Get rid of cable and get DIRECTV! You may also qualify to receive \$100 VISA gift card when you sign up today - Limited time Only. CALL NOW! 844-359-1203 (MCN)

Stop paying too much for cable, and get DISH today. Call 855-589-1962 to learn more about our special offers! (MCN)

DISH Network Satellite Television Service. Now Over 190 channels for ONLY \$49.99/mo! FREE Installation, FREE Streaming, FREE HD.Add Internet for \$14.95 a month. 1-800-732-9635 (MCN)

#### EMPLOYMENT/HELP WANTED

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 855-623-8796 (MCN)

CLASS A TRUCK DRIVER. North Central region. Earn up to \$70,000. No touch freight. Good benefits. All mile paid. Nice equipment, 2 years experience needed, Call 507-437-9905, Apply on-line WWW.MCFGTL.COM (MCN)

Hormel Foods in Austin, Minnesota is hiring Industrial Mechanics and Electricians. Great pay and benefits. Apply at www. hormeljob.com. Hormel Foods Corporation is an EOE Minorities

FINANCIAL Buying a home and need a mortgage?Or, have a home and

Females/Protected Veterans/Disabled. (MCN)

want to lower your monthly fees and refinance? Getting a mortgage is quicker and easier than ever. Call now! 855-715-4721 (MCN)

Over \$10K in debt? Be debt free in 24-48 months. Pay a fraction of what you owe. A+ BBB rated. Call National Debt Relief 855-995-1557. (MCN)

Denied Credit?? Work to Repair Your Credit Report With The Trusted Leader in Credit Repair. Call Lexington Law for a FREE credit report summary & credit repair consultation. 888-501-3159. John C. Heath, Attorney at Law, PLLC, dba Lexington Law Firm.(MCN)

#### FOR SALE

FRUIT & NUT TREES From \$15. Blueberry, Strawberry, Grape, Asparagus, Evergreen & Hardwood Plants & MORE! FREE Catalog. WOODSTOCK NURSERY, N1831 Hwy 95, Neillsville, WI 54456. Toll Free 888-803-8733 wallace-woodstock.com (MCN)

### HEALTH & MEDICAL

top OVERPAYING for your prescriptions! SAVE! Call our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! CALL 888-438-6461 Promo Code CDC201725 (MCN)

OXYGEN - Anytime. Anywhere. No tanks to refill. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit: 844-852-7448 (MCN)

Got Knee Pain? Back Pain? Shoulder Pain? Get a pain-relieving brace at little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-604-2613 (MCN)

Diagnosed with Mesothelioma or Asbestos Lung Cancer? If so, you and your family may be entitled to a substantial financial award. We can help you get cash quick! Call 24/7: 866-924-0504 (MCN)

OXYGEN - Anytime. Anywhere. No tanks to refill. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit. Call 844-550-4772 (MCN)

YOU or a loved one have an addiction? Very private and Confidential Inpatient care. Call NOW for immediate help! 800-761-Carpeting & Flooring. Call Today! 1-800-213-9527 (MCN) 9934 (MCN)

Bathe safely and stay in the home you love with the #1 selling Walk-in Tub in North America. For an in-home appointment, call: 844--583-9021. (MCN)

Medicare doesn't cover all of your medical expenses. A Medicare Supplemental Plan can help cover costs that Medicare does not. Get a free quote today by calling now. "Hours: 24/7. 1-800-854-FREE. No obligation. CALL 888-894-7038(MCN) 6494 (MCN)

Do you have chronic knee or back pain? If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours oday! 1-800-869-0947 (MCN)

#### HOME IMPROVEMENT

ALL THINGS BASEMENTY! Basement Systems Inc. Call s for all of your basement needs! Waterproofing, Finishing, Structural Repairs, Humidity and Mold Control. FREE ESTIMATES! Call 1-800-640-8195 (MCN)

ater Damage in your Home? Call nov quote. Insurance approved. Help restore your piece of mind! 866-865-1875 (MCN)

SAVE THOUSANDS ON SURPRISE COSTLY HOME REPAIRS!! With Nations Home Warranty we pay 100% of covered Home repairs! CALL FOR A FREE QUOTE TODAY!! 888-925-8106 (MCN)

Leaky Faucet? Broken toilet? Call NOW and get the best deals with your local plumbers. No hassle appointment setup. Call NOW! 866-865-1875 (MCN)

Got Mold- or think you might have it? Mold can be hazardous to you and your family's health! Get rid of it now! Call our experts and get a quote today! 855-398-7133(MCN)

Water Damage? Dealing with water damage requires immediate action. Local professionals that respond immediately. I Nationwide and 24/7. No mold calls. Call today! 1-877-417-5824 (MCN)

MISCELLANEOUS A PLACE FOR MOM. The nations' largest senior living referral service. Contact our trusted, local experts today! Our service is

A PLACE FOR MOM. The nation's largest senior living referral service. Contact our trusted, local experts today! Our service is FREE/no obligation. CALL 1-855-811-8392 (MCN)

Moving out of state? Best Interstate Moving and Storage offers a FREE Quote and A Price Plus Promise. Call 855-428-6241 Now! (MCN)

Paying too much for car insurance? Not sure? Want better coverage? Call now for a free quote and learn more today! 855-417 7382 (MCN)

Cross country Moving, Long distance Moving Company out of state move \$799 Long Distance Movers Get Free quote on your Long distance move. 1-800-503-6126 (MCN)

Are you in Debt? Get help now with a 30 minute Phone debt analysis. Mon-Fri 9:00 am to 8:00 pm, Sat: 10:00 am to 2:00 pm. All eastern time. 1-888-306-0480.(MCN)

OXYGEN- Anytime. Anywhere. No tanks to refill. No deliveries. Only 2.8 pounds! FAA approved! FREE info kit. Call 888-572-4944. (MCN)

### PERSONALS

MEET SINGLES RIGHT NOW! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 800-357-4970 (MCN)

Wanna flirt and have some fun? Livelinks in the best chatline

for meeting real singles who know how to have a good time! Call Livelinks and make a real connection. 866-910-1044 (MCN)

### Joe Town Vibe: Why are downtowns important?

(Note to our readers: This column comes from a new, loosely knit independent group of area business people and residents who love and want to promote the energy and enthusiasm of downtown St. Joseph. They've named themselves Joe Town Vibe, and their purpose is to promote the creativity, vitality and vibe of events, businesses and people here. We'll be running their weekly Friday blog post here. This first entry was written by SJU intern John Stevens, who will provide a weekly column through April. His work is paid for by donations of many in the group and a grant from the Eugene McCarthy Center. Joe Town Vibe welcomes input from others at joetownvibe. com. Joe Town Vibe stems from the interaction between residents, businesses, institutions and physical spaces. The vibe of St. Joseph is pulsing through the downtown area, where locals interact and spread energy to create a friendly place.)

### by John Stevens Intern SJU, Class of 2018

St. Joseph is fortunate to have a vibrant downtown. Downtowns provide that oldworld feel every town desires. Suburbs across America are starting to create their own downtowns, as they were rarely included in the original planning for suburbs. St. Joseph has been blessed with a downtown area in which there is a mix of academia and religion on one side of main street and business and other pursuits on the other side. The uniqueness of St. Joseph's downtown, however, does not prevent people from visiting every day. The downtown is well loved.

### **Community building**

It's not complicated: Downtowns are beneficial because they bring people together.

St. Cloud Area

School District

Prepare. Engage. Educate. Empower. Inspire.

Downtowns are often home to various businesses providing goods and services. It's this diversity in the downtown businesses that attracts a variety of people, where a mall, on the other hand, is dominated by clothing and department stores, attracting a narrower set of people. St. Joseph's downtown area has it all: restaurants, boutiques, pubs, a coffee shop, a laundromat, a food co-op, a famous meat market and far more. The downtown area attracts everyone for different reasons. Some people may come downtown to enjoy a nice meal or have a drink, while others may come downtown to go grocery shopping or do laundry.

Despite the many reasons why people come downtown, they all must walk on the sidewalks in a condensed area to get where they are going. Since downtowns are concentrated, it's hard not to interact with others while passing by. Interaction among people is essential to building trust within a city. Becoming more familiar with your neighbors can build an untold trust to make everyone feel more comfortable.

St. Joseph has been rated by a state-wide security company to be one of the safest cities in Minnesota, but building trust can create greater accountability and keep St. Joseph safe. This is a concept outlined by activist Jane Jacobs in her book The Death and Life of Great American Cities (1961). Jacobs highlights the importance of having eyes on the street. Having more eyes on the street makes a city safer, builds trust and creates accountability. A downtown area is a place that attracts people to walk around and engage in the city and is an essential piece in building relationships.

### **Business**

Downtowns are a great area for small, independent businesses. These small businesses often rely on foot traffic to stay afloat, attracting people from across Stearns County. Many of the small businesses in the downtown area are destinations but also see a great deal of business just from foot traffic. Others rely on the foot traffic that is brought into St. Joseph by other businesses. This is a direct result of being in a special, old-world downtown area like ours. The high density of downtown areas brings businesses together and without this concentration of commerce, small businesses would be spread across the city. Every shop, boutique and retail space would become a singular destination, and none of the businesses would benefit from the residual traffic others attract. Our businesses in a downtown area benefit from one another. Some may be competitors, but generally if a store attracts someone to the downtown area it is good for all the businesses.

### Conclusion

Downtowns are important on many levels. Our downtown brings our residents together. This helps build trust. Building this trust is vital to creating a more accountable, friendly place. Those factors will keep St. Joseph safe. In addition, downtowns provide ideal locations for small local businesses. Downtowns provide stores and shops with the foot traffic necessary to stay open. The businesses can benefit from one another attracting more customers. Downtowns are not only financially smart places but also great ways to invest in our local selves.

> Questions? Kennedy

Velcome Center 320-257-3811

www.isd742.org/enrollme

# **Carlbom manages** Coleman campaign

by Dennis Dalman editor@thenewsleaders.com

A former mayor of St. Joseph, Richard Carlbom, is now managing the "Coleman for Governor" campaign



DFL contender Chris Coleman.

Carlbom said the campaign so far has raised more than \$800,000 from residents throughout the state.

Coleman, 56, is an attorney and politician and was elected mayor of St. Paul in 2006, a term that will expire at the end of 2018. He hopes to be elected to replace Mark Dayton as Minnesota governor.

"This campaign is about how we are going to deliver economic freedom and security to all Minnesotans," Coleman said. "That's my vision for Minnesota and it's resonating in all corners of

## Abuser

### from page 3

later as an instructor and as-

Marfori has served in various places throughout the years, including St. Francis Xavier Parish in Sartell right after his ordination where he was a part-time instructor and later a full-time instructor and

Kettler has held listening sessions in the places where

Other places where Marfori worked or went to school are the following:

• Associate pastor at St. how-to-report-abuse.

the state. I am energized by our momentum heading into precinct caucuses."

Friday, Jan. 19, 2018

Carlbom managed the winning 2012 Marriage Equality effort in Minnesota. At 22, he was the youngest person ever elected mayor in his hometown - St. Joseph.

"We always knew that Chris would perform well in the Twin Cities among the critically important progressive DFL base," Carlbom said. "Chris' progressive record is based on a lifetime of actions, not words alone. Taken in tandem with the excitement we are seeing in Greater Minnesota - in places like Fergus Falls, Duluth, Moorhead, St. Cloud and across the Iron Range - I know we're going to win this race."

Coleman has earned the endorsements of the Iron Workers Local 512, Plumbers Local 34 and Pipefitters Local 455. He is the only candidate endorsed by any building trades labor unions. Coleman has also been endorsed by dozens of elected officials throughout Minnesota.

Paul's in Sauk Centre, 1980-84.

• Pastor at St. Agnes's in Roscoe, 1985-93.

• Pastor at St. Margaret's in Lake Henry (while continuing at St. Agnes), 1987-93.

• Pastor at St. Pius X at Zimmerman, 1993-2007.

• Pastor at St. Anne's at Kimball, 2007-08.

• Canonical administrator (St. Elizabeth's, Brennyville; Sts. Peter and Paul, Gilman; St. Joseph's, Morrill), 2008-10

• Medical leave of absence, 2010.

Bishop Kettler said he encourages all victims of abuse to come forward. Contact information for victim advocates and county officials to whom abuse can be reported is available online at: stcdio. org/about/safe-environment/





sistant chaplain.

assistant chaplain.

Kettler ordered Marfori not be allowed to serve as a priest or present himself as a priest. He currently lives in St. Cloud under restrictions.

Marfori served.