

# Sartell-St. Stephen Newsleader

Friday, Jan. 19, 2018  
Volume 23, Issue 3  
Est. 1995

## Town Crier

### Sartell police say shots fired in Sauk River, Whitney parks

At around 4:20 p.m. Jan. 10, Sartell police officers heard possible gun shots near Walmart parking lot. Simultaneously, St. Cloud police officers were dispatched to possible gun shots near Whitney Park. Once in the area, St. Cloud officers found three males crossing the bridge from Sauk River Regional Park on the Sartell side of the Sauk River to the St. Cloud side. The males were identified but had no weapons on them and were released. Investigating officers did locate two firearms hidden in the park on the Sartell side of the river. Sartell police continue to investigate this incident. Anyone with information should contact them at 320-251-8186 or Tri-County Crimestoppers at 1-800-255-1301 or [tricitycrimestoppers.org](http://tricitycrimestoppers.org).

### Sartell hockey conducts raffle

The Sartell Youth Hockey Association is now conducting a raffle with a grand price of \$2,699.99; 100 winners will receive St. Cloud Scheels gift cards for any merchandise in the store. There is a 1 in 20 chance of winning. Tickets may be purchased at both Blue Line Bar & Grill locations and the Firing Line Indoor Range and Gun Shop. For more information, visit [sartellhockey-affle.com](http://sartellhockey-affle.com).

### Help Country Manor with fun activities

Help Country Manor Campus enrich the lives of their residents by joining them on trips in the community. Whether they go out to eat, shopping at the mall, relaxing at the movies or to a ball game, they are in need of friendly volunteers to help assist residents around the activity. This volunteer position has a very flexible schedule and is contacted either via email or phone on a monthly basis to sign up for excursions that work into your schedules. Contact Casaundra, Country Manor Campus, at 320-253-1920.

### Kitchen helpers sought

The Salvation Army is in need of volunteers to help prep the community lunch. This is a light prep work and serving position, making salad, cutting fruit and or vegetables etc. There is not much cooking involved with this position. Their community lunch is served 11:30 to 12:45 p.m. Monday-Friday. Chose the day that works best for you. Volunteers are needed to start at 9 a.m. on Tuesdays and Thursdays. For information on this and other United Way volunteer opportunities, visit [thenewsleaders.com](http://thenewsleaders.com) and click on Jan. 19 Criers.

## Sometimes no money equals no lunch, but not here

by Mollie Rushmeyer  
[news@thenewsleaders.com](mailto:news@thenewsleaders.com)

No one likes to think of a child going hungry or being shamed for not having money in his or her lunch account. Unfortunately, that's the public concern in some school districts, as seen in recent headlines across the United States and even within our own state. But thankfully, in the central Minnesota school districts of Sartell- St. Stephen (District 748) and St. Cloud-St. Joseph (District 742), children and families need not fear such treatment.

St. Joseph Kennedy Elementary Principal Laurie Putnam said the district has a rule that no child will go hungry regardless of the lunch-account balance.

"We don't withhold food," Putnam said. "They are given the same food as everyone else, and we don't use any shaming practices."

Shaming practices in some schools may include children sent to the principal's office if their lunch account is zero or negative,

food taken from the child and thrown in the garbage, a stamp on the hand or singling them out in the lunch line in front of other students.

Taking a more positive and pro-active approach, both District 748 and 742, notify families once they are below a certain amount in their lunch accounts. Parents can choose a text alert, phone call, email or all of the above, and have the option to refill the account on-line 24/7.

Brenda Braulick, food service director for District 748, said it's an easy thing to do – to forget to put money into the account, especially for those families with more than one child in the district.

After a negative balance and the resultant phone calls, both districts send letters home. But both emphasize they encourage those families consistently with a negative balance to apply for the free or reduced-cost lunch program through the state to ease the financial burden. They are also encouraged to

Lunch • page 4



contributed photo

Deb Hahn (left), Pine Meadow Elementary food service worker, of Sartell, and Head Cook Deb Ertl (right), of St. Joseph, observe "Back to the 50s Day" to spice up lunchtime for students.

## Name added to 'likely abusers' list

by Dennis Dalman  
[editor@thenewsleaders.com](mailto:editor@thenewsleaders.com)

The name of another priest has been added to a list of about 40 area Catholic clergy "likely to have abused minors," according to a recent announcement from Bishop Donald Kettler, head of the Catholic Diocese of St. Cloud.

The priest is Fr. Antonio Marfori, who was ordained in 1978 at St. Mary's Cathedral in St. Cloud. Marfori has had two complaints against him. The first was filed in 2015, the second in 2016. Both complaints allege Marfori sexually abused

minors in the late 1970s, the first against a minor while he was a part-time instructor at Cathedral High School, the second against a minor when he was a full-time instructor at that high school. Kettler ordered an investigation into the allegations after the first complaint was filed in 2015. Marfori was at Cathedral from 1978-80, first as a part-time instructor, later as an instructor and assistant chaplain.

Marfori has served in various places throughout the years, including St. Francis Xavier Parish in Sartell right after his ordination where he was a part-time instructor and later a full-time

instructor and assistant chaplain.

Kettler ordered Marfori not be allowed to serve as a priest or present himself as a priest. He currently lives in St. Cloud under restrictions.

Kettler has held listening sessions in the places where Marfori served.

Other places where Marfori worked or went to school are the following:

- Associate pastor at St. Paul's in Sauk Centre, 1980-84.
- Pastor at St. Agnes's in Roscoe, 1985-93.
- Pastor at St. Margaret's in Lake Henry (while continuing at

St. Agnes), 1987-93.

- Pastor at St. Pius X at Zimmerman, 1993-2007.

- Pastor at St. Anne's at Kimball, 2007-08.

- Canonical administrator (St. Elizabeth's, Brennyville; Sts. Peter and Paul, Gilman; St. Joseph's, Morrill), 2008-10.

- Medical leave of absence, 2010.

Bishop Kettler said he encourages all victims of abuse to come forward. Contact information for victim advocates and county officials to whom abuse can be reported is available online at: [stdio.org/about/safe-environment/how-to-report-abuse](http://stdio.org/about/safe-environment/how-to-report-abuse).



contributed photo

Alison and Joel Dahlin and their children, Sabrina (left) and Ziva, visit with financial expert and author, Dave Ramsey (right), last spring at the Dave Ramsey Studio in Nashville, Tennessee.

## Financial Peace University classes to begin Jan. 23

by Cori Hilsgen  
[news@thenewsleaders.com](mailto:news@thenewsleaders.com)

The start of a new year is often a time when people try to set and achieve new goals such as spending down or getting out of debt.

A Financial Peace University class will begin at 6:30 p.m. Tuesday, Jan. 23 at St. Francis Xavier Church in Sartell and will continue for nine weeks.

Instructors Alison and Joel Dahlin said Financial Peace University is a plan to get out of debt, save for the future and

manage your money as a great team with your spouse.

The couple became debt-free in 2016. They said they had a good income, but still felt stressed when it came to money.

"It felt like we were living paycheck to paycheck and never getting ahead," Joel said.

He heard Dave Ramsey, a financial expert and author, speak on the radio and ordered his book *The Total Money Makeover*.

He and Alison both read the book and found a simple and easy plan to follow that got them

Peace • back page



In Business

Builders association donates funds to area high school tech programs

Central Minnesota Builders Association has seen an amplified level of interest by technology instructors to participate in *Tools for Schools*, an educational project developed in 2004 by the CMBA to increase the skills of students and promote the benefits of working in the building industry as a career.

This year 17 area schools including Sartell, Sauk Rapids, Cathedral, St. Cloud’s Apollo and Tech, Albany, ALC McKinley, Becker, Eden Valley-Watkins, Foley, Kimball, Little Falls, Melrose, Princeton, Rocori, Swanville, and Upsala submitted requests indicting their schools were underfunded and could use some more tools for the interested students. The schools were presented \$18,000 at a recent CMBA meeting, giving the passionate and grateful instructor’s a platform to share their trials and successes in each program with CMBA members. They told stories of students learning building trade skills and showed appreciation for the chance to teach with more and safer tools. In addition to the presentation of donation checks, a Tool Drive was held to fill a shortage of simple tools. Donations of tools and money will be matched in 2017 up to \$20,000 thanks to a newly formed CMBA Tools for Schools Presidents Foundation.

CMBA members support this program in a big way and invite the public to do the same. The Tools for Schools program supports teaching basic skills in the technology fields, from construction to car care and electronics to robotics. It provides resources to instructors who strive to ensure enough safe tools for growing class sizes, trips to Minnesota manufacturing businesses and funds to send the most skilled students to SkillsUSA competitions.

The ultimate goal for CMBA is to help address the building industry’s labor shortages, by having contributed more than \$92,000 to area high schools during the past 14 years.

If you would like to support your local schools by make a tax deductible donation go to [cm-baonline.org/careers-education/tools-schools/](http://cm-baonline.org/careers-education/tools-schools/)

CMBA is a non-profit professional association, with over 75,000 employees in the member companies representing all phases of the building industry. The CMBA strives to improve the Central Minnesota community and grow its membership base by promoting the association to the public, educating the community about building industry best practices, and advocating for the building industry at the local, state and national level.

LEGAL NOTICE

CITY OF SARTELL  
PUBLIC NOTICE

The City of Sartell has designated its official website as [www.sartellmn.com](http://www.sartellmn.com). Official publication of bids, requests for information and requests for proposals will be done on the official website as an alternative means to disseminate solicitations of transportation construction and maintenance projects.

/s/ Mary Degiovanni  
City administrator

Publish: Jan. 19, 2018

Have any  
Achievements?

Grad. from HS/College,  
Military Honors, Awards

Submit to [news@the-newsleaders.com](mailto:news@the-newsleaders.com)

For contact purposes  
only, please include  
first/last name and  
phone.

LEGAL NOTICE

RESOLUTION ADOPTING FEES, CHARGES & COMPENSATION

The City Council for the City of St. Stephen hereby RESOLVES, the following fees, charges and compensation are hereby adopted and shall remain in effect until subsequently modified by resolution of the Council:

Code of Ordinance Section	Description	Amount
Section 21	Mayor Salary	\$250 per month
Section 21	Council Salary	\$125 per month
Section 36	Park Rental	\$0.00 – fee \$0.00 – damage deposit
Section 41	Zoning-Ordinance Public Hearing	\$100 regular mtg.* \$240 special mtg.*
Section 41	Variance Application Fee	\$100 regular mtg. \$240 special mtg.
Section 42	Site Permit Fee	\$100 under \$10,000 \$150 under \$25,000 \$300 over \$25,000
Section 45	Preliminary-Plat Approval Fee	\$100 for first 0-10 lots, \$5 per lot thereafter, not to exceed a total of \$500.00
	Legal/Engineering Escrow	\$15,000
Section 51	Coin-Operated Amusement- Device Fee	\$15
Section 61	Liquor-License Fees	\$1,650 On-Sale Intox. \$100 On-Sale Wine Only \$100 Off-Sale Intox. \$200 Sunday \$500 Specialty Club \$100 On-Sale Non-Intox. \$25 Off-Sale Non-Intox.
Section 52	Cigarette License	\$50.00
Not Applicable	City Hall Rental/Use	\$25 Resident per Day \$50 Non-Resident per Day \$50 Organization Annual Fee

\*Applies to amendments, rezoning, appeals and special use permits.

This resolution was adopted Jan. 3, 2018.  
/s/ Cindy VanderWeyst, City of St. Stephen mayor  
/s/ Cris M Drais, City of St. Stephen city clerk  
Dated: Jan. 15, 2018  
Publish: Jan. 19, 2018

BUSINESS DIRECTORY

AUTO BODY REPAIR

Auto Body 2000

(behind Coborn’s in the Industrial Park)

St. Joseph • 320-363-1116

PUBLISHING

Von Meyer Publishing

32 1st Ave. NW

St. Joseph • 320-363-7741

[www.thenewsleaders.com](http://www.thenewsleaders.com)

TRUCKING

Brenny Transportation, Inc.

Global Transportation Service

St. Joseph • 320-363-6999

[www.brennytransportation.com](http://www.brennytransportation.com)

Call the Sartell-St. Stephen Newsleader at 320-363-7741 if you would like to be in the Business Directory.

GREYSTONE  
AT HERITAGE PLACE

Roberts Road  
Sartell

3 Bedroom, 3 Bath  
Luxury Townhomes  
\$1,595 per month.

Premier  
REAL ESTATE SERVICES  
320-267-6373



For Rent!

Sartell-St. Stephen • St. Joseph

Newsleaders

Reaching EVERYbody!

Newsstands

Coborn’s - Riverside  
Country Store & Pharmacy  
Hardee’s  
Holiday - Riverside  
House of Pizza

[www.thenewsleaders.com](http://www.thenewsleaders.com)

Published each Friday by Von Meyer Publishing Inc.

Publisher/Owner  
Janelle Von Pinnon

Social Relations & Design  
Patric Lewandowski

Editor  
Dennis Dalman

Assignment Editor  
Carolyn Bertsch

Operations Assistant  
Rachel Mohs

Advertising Sales  
Jan Glandon

Delivery  
John Herring

Newsleader staff members have the responsibility to report news fairly and accurately and are accountable to the public. Readers who feel we’ve fallen short of these standards are urged to call the *Newsleader* office at 320-363-7741. If matters cannot be resolved locally, readers are encouraged to take complaints to the Minnesota News Council, an independent agency designed to improve relationships between the public and the media and resolve conflicts. The council office may be reached at 612-341-9357.

P.O. Box 324 • 32 1st Ave. N.W. • St. Joseph, Minn. 56374  
Phone: (320) 363-7741 • Fax: (320) 363-4195 • E-mail: [news@thenewsleaders.com](mailto:news@thenewsleaders.com)  
POSTMASTER: Send address changes to ST. JOSEPH NEWSLEADER, P.O. Box 324, St. Joseph, MN 56374.



Blotter

*If you have a tip concerning a crime, call the Sartell Police Department at 320-251-8186 or Tri-County Crime Stoppers at 320-255-1301, or access its tip site at [www.tricountycrimestoppers.org](http://www.tricountycrimestoppers.org). Crime Stoppers offers rewards up to \$1,000 for information leading to the arrest and conviction of those responsible for a crime. This information is submitted by the Sartell Police Department.*

**Jan. 3**  
3:54 p.m. Assist agency. Hwy. 15 /CR 120. An officer was dispatched to assist SCPD with a crash involving a squad car on Hwy. 15. Upon arrival, the officer observed a fully marked SCPD squad car with emergency lights on. The squad had heavy damage to the driver’s side rear. The squad was well off the roadway when it was struck. Tracks from the striking vehicle were observed. The officer could tell the vehicle that struck the squad had traveled in the shoulder before impact. After impact the vehicle traveled across Hwy. 15 into the far west lane. The Sartell officer assisted with traffic control. Hwy. 15 was eventually shut down in order to clean up the crash site. Both vehicles were towed from the scene and no in-

juries were reported.  
8:40 p.m. Shoplifter. 21 CR 120. An officer was dispatched for a report of a female shoplifter at Walmart. The officer arrived on scene and located the cooperative female in the loss-prevention office. The female admitted to shoplifting items totaling \$83.30. She also admitted to having drug paraphernalia on her person. The officer searched the woman and her purse and located a marijuana one-hitter pipe, a grinder and a small baggie containing marijuana. The female was cited for shoplifting and possession of drug paraphernalia. The contraband was seized and destroyed.

**Jan. 4**  
8:21 p.m. Traffic stop. 212 Riverside Ave. S. While southbound in the 200 block of Riverside Ave. S., an officer observed a vehicle traveling north, entering the 300 block. The officer activated his radar due to the vehicle’s speed. The radar indicated 46 mph in a posted 30-mph zone. The officer turned around and observed the vehicle made no attempt to slow down. The officer initiated traffic stop on the vehicle as it entered the Holiday gas station parking lot. The officer made contact with the driver

and advised him the reason for the stop. The driver admitted to speeding stating he was traveling more than 40 mph. The driver was cited and released.

**Jan. 5**  
9:16 p.m. DWI. 230 Pinecone Road S. An officer was dispatched for a report of a possibly impaired driver. An employee of Super America was reporting a male party had entered the store asking for directions to Brainerd, Minn. The employee stated the man smelled of alcohol. The employee gave a description of the male, his vehicle and the direction of travel. A Sartell officer located the vehicle traveling on Hwy. 10. The officer pulled behind the vehicle and observed it cross the fog line several times. The officer initiated a traffic stop for the driving conduct. Upon making contact with the driver, the officer observed odors of alcohol. The driver submitted to field sobriety testing and failed all testing. A preliminary breath test indicated the driver was three times the legal limit of 0.08. The driver was placed under arrest and charged with Second Degree DWI. His vehicle was towed from the scene.

**Jan. 6**  
8:31 p.m. Welfare check. 21 CR 120. Officers were dispatched to check the welfare of a male party at Walmart. While en route officers were advised the male had sent messages to the complainant stating he would be found dead. Officers located the male party outside Walmart. The male stated he was fine and had only sent the messages out of frustration. The male stated he had no intentions to harm himself or others. Officers phoned a taxi for the man. The taxi arrived and the man was transported to an address in St. Cloud.

**Jan. 7**  
12:21 a.m. Domestic. 11th Street S. Officers were dispatched to a domestic involving a male and female. The juvenile complainant was reporting his parents were fighting and wrestling. Officers made contact with the parties inside the residence. The pair were separated upon officer arrival. After interviewing all parties and observing red scratch marks on the female’s back from being slammed into a packing tote, officers arrested the male for domestic assault harm. Statements of all parties were taken and photos of the injuries to the female was taken. The male

was transported to the Stearns County Jail where he was booked on charges.

**Jan. 8**  
11:35 p.m. Verbal. Vista Street. Officers were dispatched to a verbal involving two parties. Officers arrived on scene and walked up to the front door of the residence. Offices could hear a verbal argument involving a female and male. Officers made contact with the pair and interviewed them separately. Both explained the same thing. The argument was over relationship issues and at no point became physical. Officers observed no injuries or signs of a fight. The pair were advised to keep it down and agreed to remain civil for the night.

**Jan. 9**  
5:12 p.m. Medical. Brianna Drive. An officer was dispatched for a report of an 85-year-old male who was diagnosed with the flu and was now disoriented and unable to walk. The officer arrived on scene and located the male in his resident room. The male had a temp of 103.2 and a blood pressure of 190/110. The officer took medical history and monitored the male until Gold Cross Ambulance arrived on scene to take over care.

In Business

New permit approved for hauling road-construction materials

A new increased weight-limit special permit for road construction materials is now available for use on Stearns County roads. Companies and persons hauling road-construction materials such as asphalt, concrete, aggregates and recycled road materials will now be able to haul up to 90,000 pounds gross vehicle weight on six or more axles and up to 97,000 pounds GVWR on sev-

en or more axles. Currently, the GVWR limit for vehicles operating without an overweight permit is 80,000 pounds. Vehicles operating under this permit are required to comply with individual and group axle-weight limits and gross-weight-vehicle limits set by the permit. For more information, visit [thenewsleaders.com](http://thenewsleaders.com) and click on Jan. 12 People.

Clarification

A story about school bullying published in the Dec. 22 *Sartell-St. Stephen Newsleader* needs a clarification. The story was headlined as “Held wishes bullies would stop, but they don’t.” The Sartell boy who was bullied and his parents did not mean to imply the HERO anti-bullying program the boy is promoting is their own conception. They only want to add to its impact. The HERO anti-bullying program had already been established in many schools.

People

**Kyle Tveit** of Sartell was recently named to the fall dean’s list at Central Lakes College, Brainerd.  
Students must earn a grade-point average of 3.25 to 3.74.

**James Frank** of Sartell recently graduated magna cum laude with a bachelor’s degree in chemical engineering from Iowa State University, Ames.

Find us on

facebook

The Newsleaders



13-month certificate

1.65% !

APY



Visit one of 18 convenient branches



Call us:  
888.330.8482

Centered on you.



\*APY= Annual Percentage Yield. APY is effective as of 1/15/2018. Money must be new to CMCU. Does not apply to municipalities. \$500 minimum original balance required. Certificate will roll into a standard 12-month certificate at renewal. Penalty for early withdrawal. Not valid with any other offers. Limited time offer. Ask for details. Federally Insured by NCUA.



ACCURATE HEARING SERVICES

“Life is better with Accurate Hearing.”

• Free Hearing Screenings • Hearing Aid Sales & Service

• Clean & Check All Hearing Aid Brands

320-258-4494 or 1-888-407-4327

161 19th St. S. • Ste. 111 • Sartell

[www accurathearingservices.com](http://www accurathearingservices.com)



# Binder, Trombley selected for Honor Choir

by Cori Hilsgen  
news@thenewsleaders.com

St. John's Prep School ninth-grade students Dolan Binder and Carter Trombley are vocalists who were recently chosen by the American Choral Directors Association of Minnesota Honor Choir to participate in the State 9-10 Boys' Honor Choir.

This is the third year Trombley has been selected and the second year Binder has been chosen for the honor that recognizes outstanding young Minnesota choral musicians. Both boys have been members of the St. John's Boys' Choir since third grade.

Binder is the son of Annette and Harvey Binder. Annette said he has been singing with his family all of his life. His third-grade music teacher recommended he audition for the St. John's Boys' Choir.

Binder's choir journey began with that audition, and Annette said auditioning for the American Choral Directors Association of Minnesota Honor Choir seemed like a natural

thing for him to do. He auditioned last year as an eighth-grader and was accepted at that time. "He thoroughly enjoyed that experience and was even asked to audition for one of the solo parts that year," Annette said. "Being accepted a second year is a great honor and Dolan is excited to work with and learn from new directors once again."

Binder has enjoyed his experience in choir and honor choir. "It is a huge commitment, but he loves the opportunity to work with new conductors and to meet other choir members," Annette said. "He has made lifelong friendships, been able to travel to new places and is looking forward to expanding his choral knowledge and voice in the future."

Both parents said they are very proud of Binder and his musical accomplishments. Although, he is not always comfortable getting up in front of people, Annette said, his choir experiences have been great confidence-builders



contributed photo  
**St. John's Prep ninth-graders Dolan Binder (left), son of Annette and Harvey of Sartell, and Carter Trombley, son of Lisa and Greg of Sartell, were recently named to the American Choral Directors Association of Minnesota Honor Choir to participate in the State 9-10 Boys' Honor Choir. This is Binder's second consecutive selection for the Honor Choir which recognizes outstanding young Minnesota choral musicians.**

and a positive influence in his life. Through these experiences, he has grown as a musician and a person.

"We live in an area with so many wonderful musical opportunities for boys, and we feel so blessed Dolan has been able to be a part of many of them," Annette said.

Trombley is the son of Lisa and Greg Trombley of Sartell.

Binder and Trombley auditioned for the honor choir under the direction of St. John's Boys' Choir director Andr  Heywood.

The ACDA-MN organizes six honor choir projects each year to feature outstanding student talent at a variety of levels, including State 4-5-6 Boys' and Girls', State 7-8 Boys' and Girls', State 9-10 Women's and State 9-10 Mixed. Each participant is required to memorize five pieces for the ACDA public performance.

Members of the St. John's Boys' Choir rehearse between four to 14 hours each week and perform at about 30 events each season.

Binder and Trombley were two of five boys selected for the Grade 9/10 Honor Choir. Jack Skahen of St. Joseph, Dean Rothstein of Cold Spring and Alexis Martinez Mejia of Annandale were also selected.

Both boys sing in the Nova Voce Young Men's Ensemble and are in their seventh season with the St. John's Boys' Choir.

They have traveled with the St. John's Boys' Choir to many states, Washington, D.C. and to Ireland. They plan to travel to Spain and

France with the St. John's Boys' Choir summer tour.

"In addition to being excellent singers, all these boys are exceptional leaders in the St. John's Boys' Choir and in their school programs and, as such, are very deserving of this honor," Heywood said.

The ACDA-MN Boys' Honor Choir brings together about 120 of the state's best singers in that age range. Boys are chosen from more than hundreds of auditions across the state.

More than 2,400 students audition each year for placement into the honor choir program and about 830 students are selected.

Heywood has served as both a judge for the auditions and as a conductor of the Honor Choir.

Binder plays guitar and has played the French horn in the past. He is currently teaching himself to play piano and also sings in the Sartell High School Men's Chorus.

Binder has a twin sister, Christina, who is also musical and artistic. She loves to sing and pick on her brother.

Binder's grandparents, Blanche and Allan Tirk of Long Prairie, are some of his biggest fans in encouraging and cheering on his musical endeavors.

The Honor Choir will perform with the State 9-10 Girls' Honor Choir at 5:30 p.m. Thursday, Feb. 22 at the Minneapolis Convention Center's Main Auditorium.

## Lunch

from front page

explore payment options with the districts to take care of the outstanding account.

Putnam said they make sure to bring it to the parents' attention and never make it the child's responsibility.

"It is a small percentage overall in the district, but for the families experiencing a tough time, it's not a small thing," Braulick said.

To help out this past holiday season at Kennedy Elementary, Putnam said some "Christmas angels" came along and sent checks to the school for overdue lunch balances. They received a check for \$100 and another for \$1,000 during the last two weeks, and that money cleared up the negative accounts.

"The community has been so generous this season," Putnam said. "It's been great."

Though the Sartell-St. Stephen School District hasn't received any "Christmas angels" help yet this year, Braulick said people are certainly welcome to call the Sartell District Office and ask about giving to the "Have a Heart Fund" that helps families in need within the district.

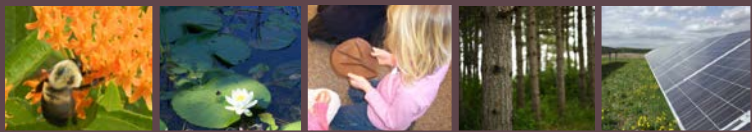
And with all the talk in other school districts regarding wasted food, especially when there are those who are forced to discard their meals for the inability to pay, local residents may wonder what local schools do with uneaten food. Well, both 748 and 742 said they work hard at not wasting their resources.

At Kennedy Elementary, Putnam said, anything packaged or a whole fruit is rewashed and redistributed (following all protocols for safety and cleanliness). Then whatever cannot be redistributed but is still safe for consumption is packed up for families in need within the school. All families are provided with the information to sign up for these free meals to bring home. She said they're very discreet and package them so the child can bring them home and no one knows.

At Sartell-St. Stephen schools, Braulick said several things happen to uneaten food. Any food waste not safe for human consumption, meaning it's open and touched or bitten into, is sent to Barthold Farms Inc. in St. Francis for hog feed. They are also trying another food recycling venture at the Sartell Middle School, where they save food waste for Tri-County Organics in St. Cloud for making compost. Anything throughout the week that is packaged food or something they can sanitize and re-use, gets redistributed. Then every Friday, Salvation Army picks up food items that are safe to eat for the people at the shelter.

With so many negative stories out there about school-lunch programs, it can be overwhelming to think any of those things could happen in our backyard. But both school districts said they hope this sheds some light on what happens if children come to school with no money in their accounts and what happens to the food after they've had their fill so the focus can be on education.

"We want everyone to have a good, balanced meal to get their brains ready to learn," Braulick said.



Natural History - Arts - Gardening - Local History - Land Use - Kids

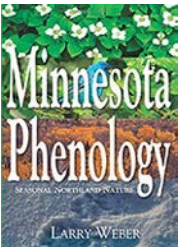
LIVING IN THE AVON HILLS

A CONFERENCE FOR THE WHOLE FAMILY

Saturday, February 10, 2018 — 8:00 a.m. - 4:00 p.m.

Saint John's University






KEYNOTE: MN Educator, Author, and Naturalist Larry Weber




**\$20—Outdoor U Members**  
(\$35 after Feb 7)  
**\$25—NonMembers**  
(\$35 after Feb 7)  
**\$10—Children, ages 5-15**  
(No children registered after Feb 7)

REGISTER AT:  
CSBSJU.EDU/OUTDOORU  
320.363.3163

Special Thanks To:



REFLECT. GATHER. HONOR.



ERIC DANIEL 5TH GENERATION    PAUL DANIEL 4TH GENERATION    MICHAEL DANIEL 5TH GENERATION

Earning your trust for 5 generations

As a family owned and operated funeral home since 1881, Daniel Funeral Home's primary focus is to care for and serve the families in our community by working together to create a fitting and memorable event for your loved one. Our professional services include; Pre-Planning, Burial Services, and Cremation.

ST. CLOUD   CLEARWATER   SARTELL   ST. JOSEPH   PAYNESVILLE

320-251-0383 | DanielFuneralHome.com

DANIEL

FUNERAL HOMES & CREMATION SERVICES

— Since 1881 —





# Thank You Sartell-St. Stephen School District Staff

**The Sartell-St. Stephen Education Foundation appreciates all that each of you do throughout the entire year to make our School District awesome!**

District staff: Remember to stop by Liquid Assets for your complimentary beverage on behalf of SSEF. Please see your district email for more details.

**ssef**★ *Supporting Leading-Edge Programming*  
 Sartell - St. Stephen Education Foundation



# Opinion

## Our View

### Pets can suffer from cold as much as people can

With recent brutal below-zero temperatures, we should all remind ourselves every day and night that pets get cold, too. In fact, like humans they can easily get frostbite or even freeze to death when temps dip dangerously low.

The problem of dogs suffering or dying in the cold has become of such concern that many states have now passed laws making it a crime to leave pets (including cats) outside in the freezing cold. Those states are Connecticut, Delaware, Maine, Massachusetts, Nevada, New Jersey, New York, Texas and the latest one – Pennsylvania. The laws vary widely, some more strict than others, but at least it’s a start – the beginning of an awareness that cold (and hot) weather can be as tough on animals as people. Let us hope Minnesota and all the other cold northern states soon makes the list of states criminalizing pet abuse in winter.

In the meantime, let’s all keep our pets warm and safe.

The following are good winter tips:

- Never let a dog or cat outside for more than 10 or 15 minutes when it’s cold and windy. A potty break is fine, but make sure you do not forget the dog is outside.
- Do not let dogs stay alone in vehicles when it’s cold. They can suffer and die just as they can if left alone in hot cars.
- Don’t shave dogs in winter. Let their fur grow to keep them warm.
- Buy a dog sweater or vest to protect the dog from cold when taking it for a walk. Dog booties might also be an option.
- Keep strolls with your pets very short on the coldest days – just a couple blocks at the most.
- Use a towel to dry pets’ paws when they come in the house after snowfall and after a walk and remove snowballs from fur.
- Be sure to use pet-friendly de-icers on driveways, car ports and sidewalks. They can be toxic to pets when stuck in their paws or fur. It’s good to use pet-friendly de-icers even if you do not own a pet.
- Likewise, as above, car coolants and anti-freeze are lethal to animals – a very real danger as pets often like to lick the “sweet-tasting” chemicals off of driveways, car ports or garage floors. Be sure to clean up spills and leaks immediately.
- Always make sure dogs have plenty of water, especially when outdoors, because water can re-hydrate their systems, boost blood circulation and help them stay warmer.
- Be aware some cats will climb up onto the engines of parked cars in an effort to find warmth. Starting an engine can obviously kill the unfortunate creature so before starting a vehicle check for signs of a cat or cats on or near the engine.
- It’s important for dogs to get some exercise. It’s fine to play “fetch” in the yard for brief periods of time on cold days. Brisk walks, with pets always on leashes, is also a good idea, but keep the walks quite short.

All it takes is a bit of awareness, following those tips, to keep our pets safe, warm and happy all winter long.

## Were Pringles supposed to be golf balls?

Mitch Hedberg said it best:  
“I don’t own a cell phone or a pager. I just hang around everyone I know. All the time. If someone wants to get a hold of me, they just say, ‘Mitch,’ and I say ‘What?’ as I turn my head slightly.”  
That had me laughing out loud for five minutes yesterday. I came across that quote in the online version of *Editor and Publisher*.

Who is Mitch Hedberg? Well, I didn’t know either. I did some research and discovered he was a stand-up comedian known for his deadpan one-liners. I love deadpan humor. Too bad I missed him; I must have been watching all the wrong channels.  
During my Hedberg research, I was laughing my head off. Here are some other gems:

- “I had an apartment and I had a neighbor, and whenever he would knock on my wall, I knew he wanted me to turn my music down, and that made me angry ‘cause I like loud music . . . So when he knocked on the wall, I’d mess with his head. I’d say, ‘Go around! I cannot open the wall! I don’t know if you have a door on your side, but over here there’s nothin’. It’s just flat.”
- “Rice is really great if you’re really hungry and want to eat at least 2,000 of something.”
- “I think Bigfoot is blurry. That’s the problem. It’s not the photographer’s fault. Bigfoot is blurry and that’s extra scary to me. There’s a large, out-of-focus monster roaming

Dennis Dalman

Editor



the countryside. Run! He’s fuzzy! Get out of here!”

- “I used to do drugs. I still do, but I used to, too.”

There was an awful truth lurking in that one-liner. The St. Paul-born Hedberg died of a drug overdose at the age of 37 on April 1, 2005. Many fans at first were sure at first it was an April Fool’s joke – the kind of joke Hedberg would play.

Like many stand-up comics, he suffered from stage fright. Also, like so many comedians, he often wove dark observations into his comedic spiels. The great Carol Burnett once said “Comedy is tragedy – plus time.”

Here are some more that had me laughing:

- “An escalator can never break. It only becomes stairs.”
- “When I was a boy, I laid in my twin-size bed and wondered where my brother was.”
- “I had a parrot. The parrot talked, but it did not say, ‘I’m hungry.’ So it died.”
- “If you’re watchin’ a parade, make sure you stand in one spot. Don’t follow it; it never changes. And if the parade is boring, run in the opposite direction. You will fast-forward the

parade.”

- “The Kit-Kat candy bar has the name ‘Kit-Kat’ imprinted into the chocolate. That robs you of chocolate. It is a clever chocolate-saving technique. I go down to the factory. ‘You owe me some letters!’ ”
- “My fake plants died because I did not pretend to water them.”
- “One time, this guy handed me a picture of him. He said, ‘Here’s a picture of me when I was younger.’ Every picture is of you when you were younger. I said, ‘Here’s a picture of me when I’m older.’ He said, ‘You #\$\$&\*! How’d you pull that off? Lemme see that camera. What’s it look like?’ ”
- “I was walking down the street with my friend, and he said, ‘I hear music’ as if there is any other way you can take it in. I said, ‘You’re not special; that’s how I receive it, too. I tried to taste it but it didn’t work.’ ”
- “I think Pringles’ original intention was to make golf balls. But on the day the rubber was supposed to show up, a truckload of potatoes came. Pringles is a laid-back company so they said, ‘Oh, well, cut ‘em up.’ ”
- I hope next time I move I get a real easy phone number, something real easy to remember. Something like 2, 2, 2, 2, 2, 2 . . . And then people would say, ‘Mitch, how do I get a hold of you?’ And I’d say, ‘Just press 2 for awhile and when I answer, you’ll know you’ve pressed 2 enough.’ ”

Hey, Mitch, wherever you are, sorry I missed you. Thanks for the laughs.

## The Vikings’ beautiful, lucky win

What just happened? That was the question that bounced around my mind after the end of the Minnesota Vikings’ playoff game against the New Orleans Saints this past Sunday night. Down 24-23 with just seconds left, my family watched breathlessly as Stefon Diggs caught the last-second pass from Case Keenum and ran it into the end zone. Minnesota goes on to the NFC Championship.

Of course, the game didn’t start out on quite the intense note it ended on. Looking at the matchup, I was fairly confident the Vikings could pull out a success. The team had been, despite a few hiccups, electric throughout the entire year. A 13-3 season coupled with standout talent like Keenum, Diggs and Adam Thielen had me more excited about Minnesota’s playoff chances than since watching Brett Favre in 2009.

We had defeated the Saints earlier in the year in a close, but still convincing, victory. The Saints had a worse record and had barely managed to put away the Carolina Panthers in their first playoff game. Yet I still had the lingering dread in my mind. What if the Vikings mess things up? What if this was like 2009 when the Saints had beaten us when we were so close to the Super Bowl? I tried to push these thoughts back and just watch the game.

At first, things went smoothly. The Vikings came in with impressive offense and defense, shutting down Drew Brees and putting up 17 points on the scoreboard before the end of the first

Connor Kockler

Guest Writer



half. I was ecstatic. This could really be our year. Things seemed to be going right. The Vikings would continue their amazing run after all.

But the first half is only just that, half of the game. When the teams came back from their halftime break, it was almost as if a new opponent had showed up at US Bank Stadium. The Saints pushed forward on drives, making three touchdowns, intercepting a Keenum pass, even blocking a punt. The specters of the Vikings curse started to appear before my eyes. It would happen again; our victory would be snatched away at the last second, leaving Minnesota pondering what went wrong yet again.

The fourth quarter was especially nail-biting. The competing teams went back and forth, the fate of the game in the balance. The Saints got their second and third touchdowns, putting them one point ahead of Minnesota, 21-20. Driving back on offense, the Vikings put the score back to 23-21. The relief was only temporary, though, as the Saints made it 24-23 after a field goal of their own with half a minute left. My family – and I’m sure everyone in Vikings fandom – waited with bated breath.

It was the moment of truth. Our

Minnesota Vikings needed only a field goal to win, but that was asking a lot with only one timeout and 30 seconds left on the clock. An early first down got us to around our own 40-yard line, but after a few incomplete passes and 10 seconds left, it would take a miracle to get us into field-goal range.

Well, that miracle arrived, and more. On a last ditch pass, Keenum, under pressure, passed to the sideline and found Diggs at around the 35-yard line. Dodging a tackle, I first thought he would have to step out of bounds to stop the clock for a field goal. But then I – and Diggs – saw the open space all the way to the end zone. It was over. The Vikings pulled off the win.

My family’s living room – and I’m sure the entire state of Minnesota – broke into uncontrollable cheering and clapping. We’d all been along this rollercoaster of a game – the assured feeling of an easy victory after the Vikings’ fantastic first half, and the agony of defeat and resignation when it looked as if all was lost in the final seconds. And, of course, the amazing feeling of watching that final play and seeing Diggs take home the football for the game-winning touchdown. This game was a piece of art, truly one for the ages. Let’s hope the momentum continues through to the big one.

*Connor Kockler is a Sauk Rapids-Rice High School student. He enjoys writing, politics and news, among other interests.*



Community Calendar

People

***Is your event listed? Send your information to: Newsleader Calendar, P.O. Box 324, St. Joseph, Minn. 56374; fax it to 320-363-4195; or, e-mail it to news@thenewsleaders.com. Most events are listed at no cost. Those events are typically free or of minimal charge for people to attend. Some events, which have paid advertising in the Newsleaders, are also listed in the calendar and may charge more.***

**Friday, Jan. 19**  
**Benton County Museum,** 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. mnbenton-history.org.  
**Chicken and ham dinner,** meat raffle and silent auction, sponsored by St. Joseph Lions Club, 4:30-7:30 p.m., Sal’s Bar & Grill, 109 W. Minnesota St., St Joseph.  
**St. Cloud Singles Club Dance,** 8 p.m.-midnight, American Legion, 17 Second Ave. S., Waite Park. 320-339-4533. stcloudsingles.net  
**Saturday, Jan. 20**  
**Jigsaw Puzzle Contest** and Puzzle Exchange, Sartell Senior Connection, 10 a.m., Sartell Community Center, 850 19th St. S.

**Monday, Jan. 22**  
**Lunch and cards,** sponsored by Helping Hands Outreach, noon-3 p.m., Rusty Nail, 4 CR 2 S., St. Stephen.  
**American Red Cross Blood Drive,** 1-7 p.m., St. Michael’s Church, 1036 CR 4, St. Cloud. 1-800-733-2767.  
**Parkinson’s Disease Support Group,** 1-2:30 p.m., Ilcil Independent Lifestyles, 215 N Benton Drive, Sauk Rapids. 320-529-9000.  
**Sartell-St. Stephen School Board,** 6-8 p.m., Sartell High School District Service Center 212 Third Ave N., Sartell. 320-656-3715.  
**Sartell City Council,** 6 p.m., Sartell City Hall, 125 Pinecone Road N. 320-253-2171.  
**St. Joseph Rod and Gun Club,** 7 p.m., American Legion, 101 W. Minnesota St., St. Joseph.  
**Tuesday, Jan. 23**  
**National Alliance on Mental Health,** 7-8:30 p.m., Calvary Community Church, 1200 Roosevelt Road, St. Cloud. 320-259-7101.  
**Thursday, Jan. 25**  
**Coffee and Conversation,** featuring Greg Newinski from the Minnesota Highway Safety Center, 9

a.m., Sartell Community Center, 850 19th St. S.  
**Sauk Rapids Chamber,** 11:45 a.m.-1 p.m., Sauk Rapids Government Center, 250 Summit Ave. N. 320-251-2940.  
**District 742 St. Cloud School Board,** 7 p.m., City Council Chambers, 400 S. Second St., St. Cloud.  
**Intro to Square Dancing,** 7 p.m., Whitney Center, 1527 Northway Drive, St. Cloud. Tom at 320-309-2241. ComeSquareDance.com. Nominal fee.  
**Friday, Jan. 26**  
**Benton County Museum,** 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. mnbenton-history.org.  
**Cabin Fever Family Fun Night,** 6-8 p.m., Pleasantview Elementary School, 1009 Sixth Ave N, Sauk Rapids. Events include bowling, crafts, face painting, archery and more. All proceeds to benefit the PTAC.  
**Saturday, Jan. 27**  
**Chili Cookoff,** 5-7 p.m., Northland Bible Baptist Church, 3686 CR 8 SE, St Cloud. Meal is free but rsvp required. 320-252-5677 ext. 0.

**Fifteen Sartell students** were recently named to the fall dean’s list at North Dakota State University, Fargo.  
They and their majors areas follows: **Jonathan Carlson,** art; **Dawson Coleman,** computer science; **Jessica Deters,** accounting; **Ryan Dumont,** mechanical engineering; **Alyssa Frank,** nursing; **Benjamin Gault,** finance; **Trevor Grindland,** mechanical engineering; **Callie Grosz,** pharmaceutical sciences; **Michael Heim,** statistics; **Alexis Kaas,** English; **Jenna Karsky,** medical laboratory science; **Kendall Kearney,** hospitality and tourism management; **Briana Kowalke,** chemistry; **Taylor Mareck,** nursing; and **Bailey Offerdahl,** pharmaceutical sciences.  
Students must earn a minimum 3.50 grade-point average or higher to qualify for the honor.  
**Katie Stuttgen** of Sartell was recently named to the fall dean’s list at University of Minnesota-Duluth. She earned a 4.0 grade-point average.

**Eleven Sartell students** were recently named to the dean’s list at the University of Minnesota-Duluth.  
They and their majors are as follows: **Wyatt Hill,** a junior, electrical engineering; **Abigail Imholte,** a junior, psychology; **Kevin Krauel,** a sophomore, computer science; **Mackenzie Krueger,** a freshman, theater; **Kayla Larsen,** a freshman, biology; **Karolyn Preiss,** a senior, pre-business; **Trevor Rath,** a freshman, mechanical engineering; **Adam Schroer,** a junior, economics; **Rachael Solarz,** a sophomore, mathematics; **Jessica Tapper,** a senior, interdisciplinary study; and **Blake Tchida,** a senior, mechanical engineering.  
Students must earn a minimum 3.50 grade-point average or higher to qualify for the honor.  
**Hailey Winter** of Sartell was recently named to the dean’s list at the University of Wisconsin-Superior.  
Students must earn a minimum 3.50 grade-point average or higher to qualify for the honor.

<p><b>WANTED TO BUY</b> WANTED TO BUY: Basswood logs by truckload delivered to Dodgeville, WI. Bark intact, harvested in dormancy, delivered FRESH cut. Pre-arranged purchases only. Call Al Ladd at 608-935-2341 ext.333 (MCN)</p> <p><b>ADOPTION</b> <b>PREGNANT? CONSIDERING ADOPTION?</b> Call us first. Living expenses, housing, medical, and continued support afterwards. Choose adoptive family of your choice. Call 24/7. 855-390-6047. (MCN)</p> <p><b>AUTOMOBILES</b> <b>DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND.</b> Free 3 Day Vacation, Tax Deductible, Free Towing, All Paperwork Taken Care Of. 1-800-283-0205 (MCN)</p> <p><b>CASH FOR CARS: We Buy Any Condition Vehicle.</b> 2002 and Newer. Competitive Offer! Nationwide FREE Pick Up! Call Now For a Free Quote! 888-366-5659! (MCN)</p> <p><b>DONATE YOUR CAR TO CHARITY. Receive maximum value</b> of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 855-752-6680 (MCN)</p> <p><b>CABLE/INTERNET</b> <b>DISH Network. 190+ Channels. FREE Install. FREE Hopper HD-DVR.</b> \$49.99/month (24 months) Add High Speed Internet - (\$14.95 (where avail.) CALL Today &amp; SAVE 25%! 1-855-434-0020 (MCN)</p> <p><b>SAVE on internet and TV bundles!</b>Order the best exclusive cable and satellite deals in your area! If eligible, get up to \$300 in Visa Gift Cards. CALL NOW! 1-800-925-0146 (MCN)</p> <p><b>Spectrum Triple Play! TV, Internet &amp; Voice for \$29.99 ea.</b> 60 MB per second speed No contract or commitment. More Channels. Faster Internet. Unlimited Voice. Call 1-855-577-7502 (MCN)</p> <p><b>Exede satellite internet. Affordable, high speed broadband satellite</b> internet anywhere in the U.S. Order now and save \$100. Plans start at \$39.99/month. Call 1-800-712-9365 (MCN)</p> <p><b>SAVE on internet and TV bundles!</b>Order the best exclusive</p>	<p>cable and satellite deals in your area! If eligible, get up to \$300 in Visa Gift Cards. CALL NOW! 1-800-925-0146 (MCN)</p> <p><b>Earthlink High Speed Internet. As Low As 14.95/month</b> (for the first 3 months.) Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-679-7096 (MCN)</p> <p><b>DIRECTV. Call &amp; Switch Now - Get NFL Sunday Ticket</b> for FREE! Every Game. Every Sunday. CHOICE- All-Included Package. Over 185 Channels. \$60/month (for 12 Months.) CALL 1- 844-245-2232 (MCN)</p> <p><b>CABLE INTERNET Phone \$29.99 each!</b> No one beats our prices! Bundle and save huge now! Only \$29.99 each! We are your local installers! Hurry, Call Now offer ends soon! 1-888-858-0262 (MCN)</p> <p><b>Change the way you watch TV- Get rid of cable</b> and get DIRECTV! You may also qualify to receive \$100 VISA gift card when you sign up today - Limited time Only. CALL NOW! 844-359-1203 (MCN)</p> <p><b>Stop paying too much for cable, and get DISH today.</b> Call 855-589-1962 to learn more about our special offers! (MCN)</p> <p><b>DISH Network Satellite Television Service.</b> Now Over 190 channels for ONLY \$49.99/mo! FREE Installation, FREE Streaming, FREE HD.Add Internet for \$14.95 a month. 1-800-732-9635 (MCN)</p> <p><b>EMPLOYMENT/HELP WANTED</b> <b>NEW AUTHORS WANTED! Page Publishing</b> will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 855-623-8796 (MCN)</p> <p><b>CLASS A TRUCK DRIVER. North Central region.</b> Earn up to \$70,000. No touch freight. Good benefits. All mile paid. Nice equipment. 2 years experience needed. Call 507-437-9905. Apply on-line WWW.MCFGTL.COM (MCN)</p> <p><b>Hormel Foods in Austin, Minnesota is hiring</b> Industrial Mechanics and Electricians. Great pay and benefits. Apply at www.hormeljob.com. Hormel Foods Corporation is an EOE Minorities/</p>	<p>Females/Protected Veterans/Disabled. (MCN)</p> <p><b>FINANCIAL</b> <b>Buying a home and need a mortgage?</b>Or, <b>have a home</b> and want to lower your monthly fees and refinace? Getting a mortgage is quicker and easier than ever. Call now! 855-715-4721 (MCN)</p> <p><b>Over \$10K in debt? Be debt free in 24-48 months.</b> Pay a fraction of what you owe. A+ BBB rated. Call National Debt Relief 855-995-1557. (MCN)</p> <p><b>Denied Credit?? Work to Repair Your Credit Report</b> With The Trusted Leader in Credit Repair. Call Lexington Law for a FREE credit report summary &amp; credit repair consultation. 888-501-3159. John C. Heath, Attorney at Law, PLLC, dba Lexington Law Firm.(MCN)</p> <p><b>FOR SALE</b> <b>FRUIT &amp; NUT TREES From \$15.</b> Blueberry, Strawberry, Grape, Asparagus, Evergreen &amp; Hardwood Plants &amp; MORE! FREE Catalog. WOODSTOCK NURSERY, N1831 Hwy 95, Neillsville, WI 54456. Toll Free 888-803-8733 wallace-woodstock.com (MCN)</p> <p><b>HEALTH &amp; MEDICAL</b> <b>Stop OVERPAYING for your prescriptions!</b> SAVE! Call our licensed Canadian and International pharmacy, compare prices and get \$25.00 OFF your first prescription! CALL 888-438-6461 Promo Code CDC201725 (MCN)</p> <p><b>OXYGEN - Anytime. Anywhere. No tanks to refill.</b> No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit: 844-852-7448 (MCN)</p> <p><b>Got Knee Pain? Back Pain? Shoulder Pain?</b> Get a pain-relieving brace at little or NO cost to you. Medicare Patients Call Health Hotline Now! 1- 800-604-2613 (MCN)</p> <p><b>Diagnosed with Mesothelioma or Asbestos Lung Cancer?</b> If so, you and your family may be entitled to a substantial financial award. We can help you get cash quick! Call 24/7: 866-924-0504 (MCN)</p> <p><b>OXYGEN - Anytime. Anywhere. No tanks to refill.</b> No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit. Call 844-550-4772 (MCN)</p>	<p><b>YOU or a loved one have an addiction?</b> Very private and Confidential Inpatient care. Call NOW for immediate help! 800-761-9934 (MCN)</p> <p><b>Bathe safely and stay in the home you love with the #1</b> selling Walk-in Tub in North America. For an in-home appointment, call: 844-583-9021. (MCN)</p> <p><b>Medicare doesn't cover all of your medical expenses.</b> A Medicare Supplemental Plan can help cover costs that Medicare does not. Get a free quote today by calling now. *Hours: 24/7. 1-800-854-6494 (MCN)</p> <p><b>Do you have chronic knee or back pain?</b> If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! 1-800-869-0947 (MCN)</p> <p><b>HOME IMPROVEMENT</b> <b>ALL THINGS BASEMENTY! Basement Systems Inc.</b> Call us for all of your basement needs! Waterproofing. Finishing, Structural Repairs, Humidity and Mold Control. FREE ESTIMATES! Call 1-800-640-8195 (MCN)</p> <p><b>Water Damage in your Home? Call now for a free,</b> fast quote. Insurance approved. Help restore your piece of mind! 866-865-1875 (MCN)</p> <p><b>SAVE THOUSANDS ON SURPRISE COSTLY HOME REPAIRS!!</b> With Nations Home Warranty we pay 100% of covered Home repairs! CALL FOR A FREE QUOTE TODAY!! 888-925-8106 (MCN)</p> <p><b>Leaky Faucet? Broken toilet?Call NOW</b> and get the best deals with your local plumbers. No hassle appointment setup. Call NOW! 866-865-1875 (MCN)</p> <p><b>Got Mold- or think you might have it?</b> Mold can be hazardous to you and your family's health! Get rid of it now! Call our experts and get a quote today! 855-398-7133(MCN)</p> <p><b>Water Damage? Dealing with water damage requires immediate</b> action. Local professionals that respond immediately,l Nationwide and 24/7. No mold calls. Call today! 1-877-417-5824 (MCN)</p>	<p><b>Call Empire today to schedule a FREE in-home estimate</b> on Carpeting &amp; Flooring. Call Today! 1-800-213-9527 (MCN)</p> <p><b>Do you have chronic knee or back pain?</b> If you have insurance, you may qualify for the perfect brace at little to no cost. Get yours today! 1-800-869-0947 (MCN)</p> <p><b>MISCELLANEOUS</b> <b>A PLACE FOR MOM. The nations' largest senior living</b> referral service. Contact our trusted, local experts today! Our service is FREE. No obligation. CALL 888-894-7038(MCN)</p> <p><b>A PLACE FOR MOM. The nation's largest senior living</b> referral service. Contact our trusted,local experts today! Our service is FREE/no obligation. CALL 1-855-811-8392 (MCN)</p> <p><b>Moving out of state? Best Interstate Moving and Storage</b> offers a FREE Quote and A Price Plus Promise. Call 855-428-6241 Now! (MCN)</p> <p><b>Paying too much for car insurance? Not sure?</b> Want better coverage? Call now for a free quote and learn more today! 855-417-7382 (MCN)</p> <p><b>Cross country Moving, Long distance Moving Company</b> out of state move \$799 Long Distance Movers Get Free quote on your Long distance move. 1-800-503-6126 (MCN)</p> <p><b>Are you in Debt? Get help now with a 30 minute Phone debt</b> analysis. Mon-Fri 9:00 am to 8:00 pm, Sat: 10:00 am to 2:00 pm. All eastern time. 1-888-306-0480.(MCN)</p> <p><b>OXYGEN- Anytime. Anywhere. No tanks to refill.</b> No deliveries. Only 2.8 pounds! FAA approved! FREE info kit. Call 888-572-4944. (MCN)</p> <p><b>PERSONALS</b> <b>MEET SINGLES RIGHT NOW!</b> No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 800-357-4970 (MCN)</p> <p><b>Wanna flirt and have some fun? Livelinks in the best chatline</b> for meeting real singles who know how to have a good time! Call Livelinks and make a real connection. 866-910-1044 (MCN)</p>
--	---	---	---	--



Little Sabres Preschool Open House

2018-19 School Year • Three- and four-year-olds

Students must be 3 or 4 by Sept. 1, 2018.

5:30-7 p.m. Monday, Jan. 29

Stop in for a tour, meet staff and pick up registration paperwork. Registration starts Monday, Feb. 5.

Little Sabres Preschool

Sartell-St. Stephen School District Service Center

212 3rd Ave. N., Sartell (enter door 2)

Northern Brights presents:

Adult Art Classes

Acrylic Painting

with Mixed Media

Information & sign up open houses:

Noon Wednesday, Jan. 24

Noon Saturday, Jan. 27

All levels welcome

First class starts Saturday, Feb. 3

Sartell Community Center • 850 19th St. S.

or call Paige LaDue Henry 320-248-1142

northernbrights





contributed photo

**Sartell residents Alison and Joel Dahlin and their children, (left to right) Sabrina and Ziva, visit the Dave Ramsey Studio to give their “debt-free scream.” Joel and Alison will teach Financial Peace University classes to help other people become debt-free beginning at 6:30 p.m. Tuesday, Jan. 23 at St. Francis Xavier Church**

# Peace

from front page

fired up. They hope to teach their children how to manage their money and live life without debt. They also hope this will pass down to all of their future generations.

When the Dahlins refer to being debt-free they mean to have no debt other than a home mortgage. They still have a home mortgage but are trying to quickly pay it off.

“It really gave us hope that

we could change things,” Joel said. “It wasn’t like we were in trouble or anything, but we just felt like we should be doing better.”

After reading the book and listening to Ramsey’s podcast, they became excited to make a change.

To become debt-free, the couple followed their plan. They said it wasn’t easy, but they stuck with it. They found the plan to be harder at the beginning and challenging at different times, but the more progress they made the more excited they became about it.

All of their family – including their daughters Sabrina, 9, and Ziva, 7 – are involved in the plan, which includes basic principles to follow, and they continue to stick with it.

“One unexpected outcome was becoming better communicators with each other,” Alison said. “Because the plan requires you to literally plan out every month together, it put us both on the same page with everything.”

The Dahlins knew that every day on Dave Ramsey’s radio show a person, couple or family will either call in or go into the

studio to give their “debt-free scream.” These are people who followed his plan and became debt-free.

They decided that to go to the Dave Ramsey Studio in Nashville, Tenn. and give their scream in person would be a cool way to celebrate a step in their financial journey. Alison and Joel turned the adventure into a road trip over spring break.

“The scream is an event where you share your story and at the end as a family yell at the top of your lungs “We’re debt-free,” Joel said. “It’s an amazing experience.”

They said the debt-free scream was fun for the kids and they looked forward to it and practiced all the way through their journey.

“It was exciting to be there, yet also a bit nerve-racking to be there,” Joel said. “We knew there were listeners all over the country listening to our story. It was out of our comfort zone.”

Even though it was out of their comfort zone, Joel and Alison are glad they visited the studio. They now want to help others become debt-free and plan to share Ramsey’s information through their classes.

Becoming debt-free is only one step of the plan, we still are following the plan in what are referred to the “baby steps.”

Janelle Von Pinnon, publisher and owner of *The Newsleaders*,

said she has read many of Ramsey’s materials, including *EntreLeadership*, which she found very interesting and applicable to her business.

She said Ramsey is well-known and has a lot of insight into financial peace for couples, families and business owners.

Anyone interested in the classes is welcomed to attend the first night for free to see if it is something they think they might be interested in.

“The plan completely changed our life,” Joel said. “We went from feeling stressed, living paycheck to paycheck to now debt-free, saving for the future, giving money to causes we believe in and enjoying our newfound financial freedom. We are so happy we did it.”

People who are interested in attending the class should email the Dahlins by Jan. 19 at joelalisondahlin@gmail.com.

If this class date and time doesn’t work for anyone who wants to participate in the classes, there are also other people in the area leading classes.

The Dahlins live in Sartell. Alison earned her master’s degree in business administration from St. Cloud State University and works at CentraCare Health. Joel has a bachelor’s degree in business computers information systems from SCSU and operates a small business doing development.

**16<sup>98</sup>**  
Michelob Golden Draft  
24 Pack 12 Oz. Cans  
Regular Or Light  
Save Even More With  
\$15 Mail-In-Rebate  
On 3 Case Purchase

**17<sup>98</sup>**  
Coors Light & Miller Lite  
24 Pack 16 Oz. Cans

**6<sup>98</sup>**  
Keystone Light  
15 Pack 12 Oz. Cans

**11<sup>98</sup>**  
Leinenkugel's Craft Beer  
12 Pack 12 Oz. Bottles Or Cans  
All Available Types

**11<sup>98</sup>**  
Heineken Regular & Light, Amstel Light & Newcastle  
12 Pack Bottles

**10<sup>98</sup>**  
Michelob Ultra, AmberBock, Bud Light Platinum & Bud Light Lime  
12 Pack 12 Oz. Bottles Or Cans  
All Available Types

**beer of the month**

**9<sup>98</sup>**  
Taaka Vodka  
1.75 Liter  
\$3.98 32 Oz.  
Zing Zang Bloody Mary Mix

**9<sup>98</sup>**  
Canadian Hunter Canadian Whisky  
1.75 Liter  
Save Even More With  
\$3 Mail-In-Rebate  
On 1 Bottle Purchase

**18<sup>98</sup>**  
Alpine Blu Vodka  
1.75 Liter  
PURCHASE THIS ITEM AND SAVE \$3.00 ON YOUR NEXT VISIT! liquor rewards

**36<sup>98</sup>**  
Jack Daniel's, Jack Honey & Jack Fire  
1.75 Liter

**15<sup>98</sup>**  
Christian Brothers VSOP  
1.75 Liter

**11<sup>98</sup>**  
Admiral Nelson Spiced Rum  
1.75 Liter

**16<sup>98</sup>**  
Canadian Club  
1.75 Liter

**16<sup>98</sup>**  
Gnarly Head  
750ml  
All Available Types

**4<sup>98</sup>**  
Santa Rita 120  
750ml  
All Available Types

**8<sup>98</sup>**  
Noble Vines  
750ml  
337 Cabernet, 1 Red & 667 Pinot Noir  
\$6.98 181 Merlot & 446 Chardonnay

**9<sup>98</sup>**  
Peter Vella  
5 Liter  
Delicious Red, Delicious White, Delicious Blush, Moscato Sangria & Sangria  
\$12.98 Cabernet, Chardonnay, Merlot & White Zinfandel

**14<sup>98</sup>**  
La Crema  
750ml  
Sonoma County Chardonnay  
\$19.98 Sonoma County Pinot Noir

**8<sup>98</sup>**  
Monte Antico  
750ml  
Toscana Rosso

**COBORN'S**  
LIQUOR  
Employee Owned • www.coborns.com

**8am - 10pm Monday - Saturday**  
**11am - 6pm Sunday**  
Prices Effective 1/19/2018 thru 1/27/2018

**Find us on facebook.**  
www.facebook.com/cobornliquor

**wine of the month**

**13<sup>98</sup>**  
Black Box  
3 Liter  
All Available Types

**6<sup>98</sup>**  
Gnarly Head  
750ml  
All Available Types

**4<sup>98</sup>**  
Santa Rita 120  
750ml  
All Available Types

**8<sup>98</sup>**  
Noble Vines  
750ml  
337 Cabernet, 1 Red & 667 Pinot Noir  
\$6.98 181 Merlot & 446 Chardonnay

**9<sup>98</sup>**  
Peter Vella  
5 Liter  
Delicious Red, Delicious White, Delicious Blush, Moscato Sangria & Sangria  
\$12.98 Cabernet, Chardonnay, Merlot & White Zinfandel

**14<sup>98</sup>**  
La Crema  
750ml  
Sonoma County Chardonnay  
\$19.98 Sonoma County Pinot Noir

**8<sup>98</sup>**  
Monte Antico  
750ml  
Toscana Rosso

**COBORN'S**  
LIQUOR  
Employee Owned • www.coborns.com

**8am - 10pm Monday - Saturday**  
**11am - 6pm Sunday**  
Prices Effective 1/19/2018 thru 1/27/2018

**Find us on facebook.**  
www.facebook.com/cobornliquor