

Reaching Everybody! Newsleaders

Friday, Oct. 19, 2018
Volume 23, Issue 30
Est. 1995

Town Crier

Halloween Historia to be held Oct. 20

Halloween Historia, featuring trick or treating, hayrides in Heritage Park, a Halloween scavenger hunt, crafts, face painting and a petting zoo, will be held from 12:30 to 3:30 p.m. Saturday, Oct. 20 at the Stearns History Museum, 235 33rd Ave. S., St. Cloud. This event is free to members; nominal fee for non-members. stearns-museum.org.

Candidate forum set Oct. 23 for House 13B, Senate 13

A candidate forum for Minnesota Legislative District 13, sponsored by the League of Women Voters, St. Cloud Area will be held from 7-8:30 p.m. Tuesday, Oct. 23 at Sartell City Hall, 125 Pinecone Road, Sartell. The LWVSCA has invited candidates running for House District 13B, Heidi Everett and Tim O'Driscoll, along with candidates running for Senate District 13, Jeff Howe and Joe Perske. The Senate race is a special election completing two years of a four-year term ending in 2020. District 13B includes Sartell, St. Stephen, St. Wendel Township, Sauk Rapids and Holdingford.

Senior Connection to host school board candidate forum

The Sartell Senior Connection will host a Sartell-St. Stephen School District School Board Candidate Forum from 6:30-8 p.m. Monday, Oct. 29 in the Sartell Community Center. This will be a moderated forum. Questions from the public will be addressed by each candidate.

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INSERTS:
Demuth/Howe
Soyka for Sheriff

Stories only on thenewsleaders.com
•Video: Riverside Jazz at Sartell Community Center
•CR 29 bridge to close Oct. 18
•Video: Sartell mayor candidate

Sophina's aim is true; mission accomplished

by Dennis Dalman
news@thenewsleaders.com

Nine-year-old Sophina Lindquist of St. Cloud knows how to hit a target and how to put out a fire – at least an imaginary one.

She did it recently on the back lot of the St. Stephen Fire Department. Standing there on the edge of the lot was a “fire house” constructed by Tim Haas of Sartell, who made the mock house as part of his requirements to become an Eagle Scout.

The house front has two cut-out windows in it. Within each cutout is a bright-red-orange flame logo that spins when it is hit by water from a fire hose. The structure is a fun way for children to learn about fire safety and firefighting.

For its debut at the St. Stephen Fire Department, guest of honor Sophina was chosen to

be the first to try her hand at “dousing the window flames.” She was invited by Cris Drais, the wife of the St. Stephen Fire Chief Jeff Drais.

Sophina has long been a hit with St. Stephen firefighters, not to mention firefighters, police and other emergency personnel from a wide area. Dubbed the “Cookie Girl,” for about five years she has been bringing chocolate-chip cookies to the firefighters as a morale booster and a way to say thank you. She is also known as the Tiny Prayer Warrior because she regularly prays for more than 1,200 firefighters, police, deputies, highway patrol officers, first responders, medical-emergency workers and other emergency workers. She knows all of their names and prays for all of them. She has been saying prayers, plus delivering cookies, for the past

Fire • page 2



photo by Dennis Dalman

With an expert aim, Sophina Lindquist and Brad Kostreba succeed in hitting a “flame” in a window of the “fire house,” causing the flame logo to spin wildly.

Perske vows to fight for affordable health care

by Dennis Dalman
news@thenewsleaders.com

D F L e r
Joe Perske, a former Sartell mayor and current Stearns County commissioner, has been knocking on doors far and wide in Minnesota Senate District 13, hoping to garner voter support for a win on Nov. 6.



Perkse

His opponent is Jeff Howe,

a Republican from Rockville, who is currently serving as the state representative for House District 13A. This particular senate race is considered momentous because it will determine which political party controls the Minnesota Senate, which currently has 33 Democrats and 33 Republicans. The Howe-Perske contest is the only state-senate race on the ballot Nov. 6 because it is a “special election” to fill the seat vacated by Sen. Michelle Fischbach (R-Paynesville).

Senate District 13 is west of

Perske • page 8

Rep. Howe aims to become state senator

by Dennis Dalman
news@thenewsleaders.com

R e p .
Jeff Howe (R-Rockville) is hoping to become a state senator after serving his constituents as a representative of District 13A for 15 years.



Howe

He was elected three times: 2012, 2014, 2016.

Howe's opponent in the

Nov. 6 election is Joe Perske of Sartell, who is currently serving as a Stearns County commissioner. This particular senate race is considered momentous because it will determine which political party controls the Minnesota Senate, which currently has 33 Democrats and 33 Republicans. The Howe-Perske contest is the only state-senate race on the ballot Nov. 6 because it is a "special election" to fill the seat vacated by Sen. Michelle Fischbach (R-Paynesville).

Senate District 13 is west of

Howe • page 17

Fitzthum, Peterson compete for mayor job



photo by Mike Knaak

Ryan Fitzthum and David Peterson visit with constituents after a forum at the Sartell Senior Connection on Oct. 11.

by Dennis Dalman
news@thenewsleaders.com

One of two current Sartell City Council members – Ryan Fitzthum and David Peterson – will be elected as the city's new mayor in the Nov. 6 general election.

Incumbent Mayor Sarah Jane Nicoll decided not to file for re-election.

The monthly salary paid to the Sartell mayor is \$625, with no per-diems or pay for extra meetings.

The following are profiles of the two mayoral candidates as well as their responses to ques-

tions from the Sartell Newsleader.

Peterson

A 15-year resident of Sartell, David Peterson, 47, has served on the city council for 12 years and has been a member of the Minnesota National Army Guard for 19 years for which he works as an attorney, having served two tours of duty in Iraq and Afghanistan.

Peterson has also been both a prosecutor and a private-practice attorney. He is currently an employee of the VA Health Care System in St. Cloud, working

Mayor • page 22

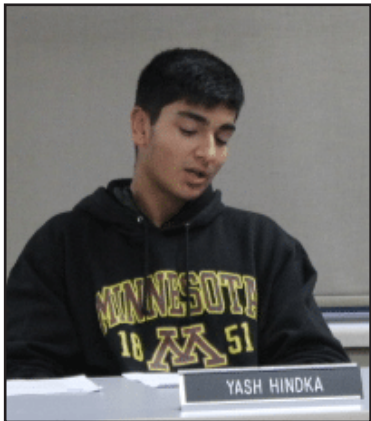
School district gets positive nod from the auditor

by Dave DeMars

news@thenewsleaders.com

The Sartell-St. Stephen school district received a generally favorable report from KDVBergan Auditors at the Oct. 15 regular school board meeting.

The only major misstep on



photos by Dave DeMars

New student board representative Yash Hindka provides the board with a thorough review of student activities since the last board meeting in September. Among the activities were fundraisers to fight breast cancer, production of a student play and an anti-bullying campaign to educate students about the issue of bullying, as well as a rundown on the success of the soccer teams advancing to sections and the swim team taking second in True Team competition.

the district's part was that in the student activities account no established procedures existed that would provide assurance that all cash collections are recorded in the accounting records. In addition, the district's student activity accounts did not have adequate segregation of accounting duties because of a limited number of office employees.

Auditor Nancy Schulzetenberg said that was a problem in many districts and it was understood that because of the number of staff needed to properly segregate all of the accounting duties, the cost of obtaining desirable segregation of accounting duties exceeded the benefits. So long as the district keeps a sharp eye on the accounts and continually monitors the accounting system, including changes that occur, this situation should be able to be maintained as it is.

The audit revealed the district had \$182.3 million in assets, but had \$209 million in liabilities on June 30, 2018, which was the end of the 2017 fiscal year. Net position at the end of fiscal year 2017 was a negative \$7.2 million.

The negative net position exists for several reasons, including capital assets used in governmental activities are not

current financial resources and, therefore, are not reported as assets in governmental funds. Also, deferred outflows of resources and deferred inflows of resources are created as a result of various differences related to pensions.

Superintendent Jeff Schwiebert said management of the district is in good shape and that even with the addition of funds from the upcoming referendum, Sartell is still lower in spending than many comparably sized districts throughout the state.

In the action items portion of the meeting, the board voted to approve the auditor's report.

Construction

Things are moving along very smoothly for high-school construction, Project Manager Lee Gruen said. He gave his assurances the building will be finished by the start of the school year in 2019. During the last month, the project has continued to make progress toward complete building enclosure and finishing stages of the project. In general, the project continues to track on schedule. The weather has affected exterior and interior work, causing minor delays in some activities. Work continues with contractors to maintain critical dates.

With the cold weather coming early this year, its likely that external heat will need to be pumped into the building. That will drive up the cost of construction.

Schwiebert commented people who toured the building were very impressed with it.

"It will last the community for quite sometime," Schwiebert said.

During the superintendent's report, Schwiebert mentioned a candidates' night with five school-board candidates had been scheduled.

Also under action items, the board took the following actions:

- Approved a personnel omnibus resolution dealing with

new hires and changes in staff;

- Approved the auditor's report;

- Approved two fundraisers for the Spanish Club and the music department;

- Approved MSBA Policy 722 as part of the annual review of groups of existing policies. The policy deals with the collection, maintenance and dissemination of public data as provided in state statutes.

- Approved a student-teaching contract with Valley City State University;

- Approved a student-teaching contract with St. Cloud Technical & Community College.

At meeting's end the board went into closed session to deal with negotiation strategies.



Nancy Schulzetenberg of KDVBergan Auditors makes a point about accounting practices during the Oct. 15 regular board meeting. The district is in fine financial shape overall the board was told.



Eagle Scout Tim Haas and special guest Sophina Lindquist pause for a photo by a St. Stephen fire truck. Sophina is wearing her honorary firesuit. The St. Cloud girl is well known for bringing cookies to area fire departments – cookies baked by her sister, Catherine. Sophina is the daughter of Scott and Connie Lindquist.

Fire

from front page

five years.

Her sister, Victoria, 19, usually accompanies her on her cookie deliveries, sometimes with her parents, Scott and Connie, and sometimes with sister Catherine, 18, who bakes the cookies – thousands upon thousands of them each year.

On Oct. 1, Sophina (carrying a big box of cookies), mother Connie and sister Victoria arrived at the St. Stephen Fire Department. There, Cris Draais, several firefighters, Boy Scouts and others welcomed Sophina. The welcoming committee included Haas, who constructed the fire house.

After munching on delicious cookies, those gathered walked out to the south side of the fire hall. Sophina was wearing

her honorary firefighter's suit, eager to douse the "flames." Then, she and firefighter Brad Kostreba clutched the fire hose and aimed it as the water gushed out in a high-pressure stream. As the two firefighters adjusted the aim of the water stream, within a short time the stream slammed into one and then the other of the "window fire flames," and they began to spin wildly. Everyone watching cheered. Fire doused. Good work. Mission accomplished.

Haas said the fire house cost \$500 to make and that the Sartell American Legion donated the funds for the wood, the paint and the other materials. He built it at summer's end, and for a finishing touch, he painted the house number 46 on the structure because he is the 46th Scout in Sartell history to attain the prestigious title of Eagle Scout.

Sartell-St. Stephen • St. Joseph

Reaching Everybody!
Newsleaders

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Oak Ridge Math Night adds up to fun



photos by Carolyn Bertsch
Simon Davis, 4, and his mother, Erica, of Sartell, play a giant game of Connect Four Oct. 12 at Oak Ridge Elementary School's Math Night.



Maggie Crowe of Sartell points out a chess piece to her son Ira, 6, during Math Night Oct. 12 at Oak Ridge Elementary.



Mike Danielson of Sartell plays Addimorphs with his daughter Anna, 10, as volunteer Easton Sigurdson, 10, also of Sartell, checks in on them Oct. 12 at Oak Ridge Elementary School's Math Night.

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Business Spotlight

Jim Read practices doorstep democracy

By Jim Read
jimreadforrep@gmail.com

To voters of the St. Joseph and surrounding areas:

I am a candidate for the open seat in the Minnesota House of Representatives in District 13A.

St. Joseph was my first home when I moved to Central Minnesota 30 years ago.

I teach Political Science at the College of St. Benedict and St. John's University. I eat, drink, bike and play poker in St. Joseph.

My wife, Pia, is on the board of the food and art co-op on Minnesota Street. We celebrated our 30th wedding anniversary on July 2nd, then marched in the St. Joseph parade on July 4th.

This city and community have been close to our hearts and central to our lives.

Decision to run

I decided to run for the Legislature because I was troubled about how deeply polarized our politics have become.

I believe our divisive politics in Washington D.C. and St. Paul will change for the better if we citizens, living and working in our communities,

have honest face-to-face conversations with one another, regardless of party.

I began doorknocking in St. Joseph last November and now, nearly a year later, I have visited more than 8,000 homes throughout the district.

Thank you to all who have taken the time to talk with me when I visited your home.

Doorstep conversations

I ask every voter I meet, "What is important to you? What do you think would be best for our state and community?"

I listen and learn. If elected, I will carry the knowledge and experience of thousands of voters to my work as a legislator in St. Paul.

Outside money, negative attacks

People are tired of "scorched earth" politics and thirsty for genuine conversation. Recently a special interest group from outside our district has targeted me for attack with mailings and radio ads, making one false statement after another about my views. The corporations producing the mailings and radio ads are located in Utah and the Washington, D.C. area.



photo by Pia Lopez

Jim Read marches in the St. Joseph parade on July 4, 2018.

They know nothing about me, and care nothing about our district.

The purpose of such ads is not to persuade, but to disgust you so that you stay home, leaving only the most committed partisans to vote. But I invite all citizens to inform themselves about the candidates and vote in this election. This is OUR democ-

racy.

Setting positive priorities

My personal priorities are to make health coverage for working age Minnesotans as secure and portable as Medicare is for seniors; to assure excellent public education to all school children, regardless of zip code or family income; to protect Minnesota's priceless lakes and streams; to

update and improve our infrastructure; and to revitalize our democracy by encouraging vibrant citizen conversation and engagement.

I invite you to visit my website: www.jimreadforrep.com and please email me with your questions or ideas.

I respectfully ask for your vote in November.

Hardworking people deserve a hardworking representative



- Jim Read has taught for 30 years at St. John's and St. Ben's, inspired by the long tradition of public service.
- Jim visits 300 homes a week. Old-fashioned doorstep democracy. Face-to-face conversation.
- Jim supports excellent education for all, health care for all, a sustainable environment for all, respect for people of all backgrounds.



Jim & Pia celebrated their 30th wedding anniversary this year.



Jim, his 3 brothers and sister grew up in a rural, small-town community.



Leaping hurdles then and now

Jim Read

for State Representative

Jim with his parents.: Charlotte Johnson Read, the daughter of Swedish immigrants, and Herbert Read, the great-grandson of German immigrants.



REGULAR SCHOOL BOARD MEETING
SARTELL-ST. STEPHEN PUBLIC SCHOOLS
INDEPENDENT SCHOOL DISTRICT NO 748
SEPT. 17, 2018
DISTRICT SERVICE CENTER BOARD ROOM

The regular school board meeting of Independent School District 748 was called to order at 6:33 p.m. by Chair Jason Nies. Members present: Nies; Mary McCabe, vice chair; Pamela Raden, clerk; Jeremy Snoberger, treasurer; Lesa Kramer, director; Patrick Marushin, director; and Jeff Schwiebert, superintendent. Members absent: none.

A motion was made by McCabe and seconded by Snoberger to APPROVE THE AGENDA WITH THE FOLLOWING AMENDMENTS: add to Leaves of Absence; Larissa Pettit. All in favor. Motion carried.

A motion was made by Kramer and seconded by Snoberger to APPROVE CONSENT ITEMS A-C AS PRESENTED BELOW. All in favor. Motion carried.

a. Minutes of the regular school board meeting held on Aug. 20, 2018

b. Checks in the amount of \$1,886,378.93 as presented:

| | |
|---|--------------|
| General Fund | 1,573,253.76 |
| Food Service Fund | 15,355.19 |
| Transportation Fund | 35,034.76 |
| Community Service Fund | 22,673.72 |
| Capital Expenditure Fund | 237,125.20 |
| Summer Rec Agency Fund | 2,936.30 |
| Check numbers 172793 - 173058 | |
| Receipts in the amount of \$6,087,096.55 as presented: | |
| General Fund | 5,504,391.92 |
| Food Service Fund | 53,173.67 |
| Transportation Fund | 20,317.58 |
| Community Service Fund | 38,050.42 |
| Capital Expenditure Fund | 8,054.99 |
| Building Fund | 9,083.10 |
| Debt Service Fund | 450,677.87 |
| Summer Rec Agency Fund | 3,347.00 |
| Receipts 44930-45041 | |
| Wire transfers in the amount of \$62,158.65 as presented: | |
| General Fund | 58,717.66 |
| Food Service Fund | 2,394.02 |
| Community Service Fund | 220.51 |
| Summer Rec Agency Fund | 826.46 |
| Wire transfers 201800018-201800024 | |
| Building Fund Checks in the amount of \$40,722.00 as presented: | |
| Building Fund | 40,722.00 |
| Check number 600338-600338 | |

c. Accept the resignation of AnneMarie Braun, SHS, media aide, 9/19/18; Sheryl Hammond, SMS, para, 9/14/18; Anita Rooney, District, crossing guard, 8/21/18; Carlie Harmon, ORE, student supervisor, 8/21/18; Emma Hamilton, PME, para, 8/23/18.

Student Representative Report: Lauren Lindmeier
Lindmeier reported on happenings around the district. All buildings have had a great start to the year. At Oak Ridge and Pine Meadow elementary schools, students have started Homecoming Week events including walk-a-thons at both schools. Juniors and seniors will join their elementary classmates during the walk. The Middle School will be having its first ever all-school student pep fest for homecoming, along with some dress-up days and a float in the parade. The Student Council will have the year’s first activity night on Sept. 28. The High School started the year with Sabre Splash and introduced students to the new Sabre Strong Matrix. All the fall sports teams had an amazing start this season. Homecoming events include the outdoor carnival, parade, homecoming dance and football game. Student Council has chosen the Minnesota ALS Foundation as this year’s fundraiser.

Construction Manager Report on Building Process:
Construction Manager Lee Gruen reported the irrigation system

continues to work well with the athletic fields and the site fields have begun “greening.” He anticipates the first mow in the next few weeks. Exterior framing is done and will be waterproofed and sealed before winter. The interior drywall will start tomorrow with the music classrooms then move to the administrative and special-education areas. The project remains on schedule.

Superintendent Report: Jeff Schwiebert, superintendent

Schwiebert reported the roadwork near the site is continuing and the city has an anticipated completion date in the middle of October. The rust-removing filtration system with the two ponds at the new site has worked great. Congratulations to Janagan Ramanathan, a junior at the high school who attained a perfect ACT score and Mohannad Alkhatib, Yash Hindka, Kristin Martens, Megan Mechelke and Cindy Zhang who were commended in the National Merit Scholar Program, with Hindka and Mechelke being finalists. Lastly, Brandon Nordhues was named Outstanding Young Choral Director from the American Choral Directors Association of Minnesota.

School Board Committee Report:

Treasurer Snoberger reported on the recent Finance Committee meeting.

Director Kramer reported on the recent Drug-Free Coalition meeting.

Chair Nies reported positive progress with current negotiations with the MSEA Paraprofessional unit, the next meeting is set for Oct. 2.

Enrollment Report:

Superintendent Schwiebert reported on the current 2018-2019 enrollment numbers for each school.

Assessment Results / Building Goals Report:

District Assessment Coordinator Marie Pangerl reported on the 2017-18 Assessment Results. Assistant Superintendent of Learning Services Kay Nelson and Building Principal and Early Childhood Coordinator Michele Rogers reported on building goals for 2018-19.

New Continuing Contract Report:

Director of Human Resources Krista Durrwachter reported on certified staff members who have obtained Continuing Contract status in the district beginning this school year.

A motion was made by Marushin and seconded by Kramer to APPROVE #1-37:

New Employees/Changes:
Judith Beck, SMS, para, \$16.42/hour, RIV, S1, seven hours/day, new position, 8/28/2018; Sarah Beckrich, PME, student supervisor, \$13.87/hour, RI, S1, two hours/day, replacing Kaylee Johnson, 8/28/2018; Sarah Beckrich, DSC/Early Childhood, child-care attendant, \$13.87/hour, RI, S1, 1.75 hours/day, new

position, 8/28/2018; Alyssa Bergland, SMS, lead building supervisor, \$15.31/hour, RIII, S1, eight hours/day, replacing Blake Field, 8/28/2018; Nathan Berthelsen, SMS, junior high football, \$1,220 (6.35 percent), BA, 0 (\$38,410), 50-percent contract, new position, 8/27/2018; Kelsey Box, SHS, junior class advisor, \$643 (3.35 percent), BA, 0 (\$38,410), replacing Nichole Huston, 9/4/2018; Tracy Christian, PME, student supervisor, \$13.87/hour, RI, S1, two hours/day, replacing Kacey Dougherty, 9/4/2018; Rhonda Conda, SHS, cashier, \$15.27/hour, RI, S1, three hours/day, feplacing Nazlah Krenzolak, 8/22/2018; Tina Deragisch, ORE, elementary education, \$50,601, MA, A, replacing Kirsten Uran, 8/27/2018; Zachary Ewald, SHS, food service worker, \$15.27/hour, R1, S1, three hours/day, replacing Rebecca Nielson, 8/22/2018; Amy Finnern, ORE, para, \$16.42/hour, RIV, S1, 6.25 hours/day, replacing Hayley Erdman, 8/28/2018; Nancy Gibbons, SHS, lead building supervisor, \$15.31/hour, RIII, S1, eight hours/day, new position, 8/27/2018; Valerie Gruba, ORE, student supervisor, \$14.74/hour, RI, S2, two hours/day, replacing Renee Ziegelmeier, 8/28/2018; Valerie Gruba, DSC – Early Childhood, child-care attendant, \$14.74/hour, RI, S2, 2.25 hours/day, new position, 8/28/2018; Dave Gunderson, SMS, junior high football, \$1,220 (6.35 percent), BA, 0 (\$38,410), 50-percent contract, new position, 8/27/2018; Karen Johnson, ORE, student supervisor, \$13.73/hour, RI, S1, two hours/day, replacing Lisa Boe, 9/4/2018; Dorothy Karls, SMS, food service worker, \$15.27/hour, RI, S1, three hours/day, replacing Michelle Shouse, 8/31/2018; June Krone, ORE, food service worker, \$15.27/hour, RI, S1, three hours/day, replacing Priscilla Lessard, 8/24/2018; Nikki Mor-tezaee, ORE, para, \$16.42/hour, RIV, S1, four hours/day, replacing Amy Finnern, 8/28/2018; Meredith Penrod, ORE, student supervisor, \$13.73/hour, RI, S1, two hours/day, replacing Carlie Harmon, 9/6/2018; Shaina Poepping, PME, para, \$16.42/hour, RIV, S1, 6.25 hours/day, replacing Emma Hamilton, 9/4/2018; Ashley Preusser, ORE, food service worker/cashier, \$16.23/hour, RI, S2, 1.25 hours/day, replacing Priscilla Lessard, 9/4/2018; Chelsey Reimer, ORE, elementary education, \$52,563, MA, C, replacing Mindy Strom, 8/27/2018; Tracey Robak, SMS, student supervisor, \$13.87/hour, RI, S1, two hours/day, new position, 9/10/2018; Tracey Robak, SMS, para, \$16.42/hr, RIV, S1, seven hours/day, replacing Sheryl Hammond, 9/17/2018; Viki Sabart, SMS, junior high swim, \$1,220 (6.35 percent), BA, 0 (\$38,410), 50-percent contract, sharing position with Nicole Schmitt, 8/22/2018; Leah Saldana, ORE, food service worker, \$15.27/hour, RI, S1, three hours/day, replacing Mary Ann Terwey, 8/22/2018; Leah Saldana, Transportation, bus monitor, \$16.31/hour, 2.5 hours/day, new position,

9/4/2018; Laura Sobania, SHS, food service worker, \$15.27/hour, RI, S1, three hours/day, replacing Beverly Donabauer, 8/22/2018; Sarah Steiner, SHS, para, \$16.42/hour, RIV, S1, seven hours/day, replacing Abby Schneider, 8/27/2018; Aaron VanDanacker, SMS, accompanist, \$16.82/hour, RV, S1, one hour/day, replacing Becky Unger, 9/4/2018; Cynthia Mae Wennekamp, SMS, student supervisor, \$13.87/hour, RI, S1, 2.25 hours/day, replacing Valerie Gruba, 9/4/2018; Rachel Westrup, PME, elementary education, \$50,601, MA, A, new position, 8/29/2018; Erin Wurzberger, SMS, fifth-/sixth-grade volleyball, \$864 (2.25 percent), BA, 0 (\$38,410), replacing Gena Larson, 9/13/2018; Anne Zidon, SHS, junior class advisor, \$643 (3.35 percent), BA, 0 (\$38,410), replacing Terri Benson, 9/4/2018.

New Employees – Pending Licensure:

Mary Beth Woodruff, SMS, English/language arts, \$21,388, MA, L (\$60,391), .3484 FTE, new position, 8/27/18.

Leaves of Absence:
Larisa Pettit, SMS, Teacher, LOA, 1/14/19-5/31/19.
All in favor. Motion carried.

A motion was made by McCabe and seconded by Marushin to APPROVE RESOLUTION AUTHORIZING ENTRY INTO MINNESOTA TRUST JOINT-POWERS AGREEMENT. All in favor. Motion carried.

A motion was made by Raden and seconded by Marushin to APPROVE OFFICIAL REVISIONS TO POLICIES 404, 418, 419, 420, 424 AND 427. All in favor. Motion carried.

A motion was made by Kramer and seconded by Snoberger to APPROVE THE PINECONE CENTRAL PARK SOCCER FIELD LEASE AGREEMENT AND THE PINECONE CENTRAL PARK ST. CLOUD ORTHOPEDICS FIELD LEASE AGREEMENT. All in favor. Motion carried.

A motion was made by Snoberger and seconded by Marushin to APPROVE THE CERTIFICATION OF THE MAXIMUM AMOUNT FOR THE PROPOSED 2018/PAYABLE 2019 LEVY AS PRESENTED. All in favor. Motion carried.

Schedule Work Session and Committee Meetings:

Future Board Meeting – 6:30 p.m. Monday, Oct. 15, 2018 at the District Service Center

Official Review of Policies:
The Board had the official second reading of proposed policy 722.

Committees
Committee assignments for 2018 were reviewed.

A motion to ADJOURN THE MEETING AT 8:32 p.m. was made by Marushin and seconded by Raden. All in favor. Motion carried.

/s/ Pamela Raden, Clerk

Publish: Oct. 19, 2018

Community Calendar

Is your event listed? Send your information to: Newsleader Calendar, P.O. Box 324, St. Joseph, Minn. 56374; fax it to 320-363-4195; or, e-mail it to news@thenewsleaders.com. Most events are listed at no cost. Those events are typically free or of minimal charge for people to attend. Some events, which have paid advertising in the Newsleaders, are also listed in the calendar and may charge more.

Friday, Oct. 19
Benton County Museum, 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. mnbentonhistory.org.
St. Cloud Singles Club Dance, 8 p.m.-midnight, American Legion, 17 Second Ave. S., Waite Park. 320-339-4533. stcloudsingles.net.

Saturday, Oct. 20
Spooky Spectacular Vendor/Craft Sale, 10 a.m.-2 p.m., Eagles Club, 730 41st Ave. N., St. Cloud.
Community Meal, 11:30 a.m.-12:45 p.m., First United Methodist Church, 1107 Pinecone Road S., Sartell.
Halloween Historia, 12:30-3:30 p.m., Stearns History Museum, 235 33rd Ave. S., St. Cloud. Nominal fee.

Sunday, Oct. 21
Bushel to Bottle Festival, featuring craft beverage makers, food trucks and music, 1-5 p.m., Milk & Honey Ciders, 11738 CR 51, St. Joseph.

Monday, Oct. 22
Benton County Museum, 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. mnbentonhistory.org.
Medicare Plan Options information meeting, 1 p.m., Peace United Church of Christ, 402 Eighth Ave. S., St. Cloud. Laurie at loppel@gmiainc.com or 218-343-4702 or Jackie at jackie2creverinsurance.com or 320-293-9660.
Sartell City Council, 6 p.m., Sartell City Hall, 125 Pinecone Road N. 320-253-2171.

Tuesday, Oct. 23
National Alliance on Mental Health, 7-8:30 p.m., Calvary Community Church, 1200 Roosevelt Road, St. Cloud. 320-259-7101.
Candidate forum, Senate District 13 and House District 13B, sponsored by League of Women Voters, 7-8:30 p.m., Sartell City Hall, 125 Pinecone Road, Sartell.

Wednesday, Oct. 24
Nordic walking, sponsored by

Independent Lifestyles, 9 a.m., Lake George, St. Cloud. 320-529-9000.
Advocates for Independence, 2-4 p.m., Independent Lifestyles, 215 North Benton Drive, Sauk Rapids.
Sartell-St. Stephen school district levy meeting, 6:30 p.m., Sartell High School Auditorium.

Thursday, Oct. 25
Coffee and Conversation, a senior discussion group, 9 a.m., Sartell Community Center, 850 19th St. S.
Sauk Rapids Farmers' Market, 3-6 p.m., Coborn's parking lot, 110 First St. S., Sauk Rapids.

Friday, Oct. 26
Veterans Stand Down, 9 a.m.-2 p.m., St. Cloud Armory, 1710 Veterans Drive. All veterans welcome, lunch provided.

Medicare Plan Options information meeting, 10 a.m., Peace United Church of Christ, 402 Eighth Ave. S., St. Cloud. Laurie at loppel@gmiainc.com or 218-343-4702 or Jackie at jackie2creverinsurance.com or 320-293-9660.
Benton County Museum, 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. mnbentonhistory.org.
Concert, Concordia College Orchestra joint concert with Sartell High School Orchestra, 7 p.m., Cele-

bration Lutheran Church, 1500 Pinecone Road N.
Saturday, Oct. 27
Open House, 10 a.m.-4 p.m., Stearns History Museum, 235 33rd Ave. S., St. Cloud. Free. 320-253-8424.
Craft-vendor bake sale, 10 a.m.-4 p.m., Freeport Community Center, 307 Seventh St. SE., Freeport.
Sartell Area Churches Craft and Bake Sale, 10 a.m.-1:30 p.m. St. Francis Xavier School, 308 Second St. N.

Monday, Oct. 29
Benton County Museum, 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. mnbentonhistory.org.

Tuesday, Oct. 30
Medicare Plan Options information meeting, 3 p.m., Peace United Church of Christ, 402 Eighth Ave. S., St. Cloud. Laurie at loppel@gmiainc.com or 218-343-4702 or Jackie at jackie2creverinsurance.com or 320-293-9660.

Thursday, Nov. 1
Great River Regional Coin Club, 6:30-8:30 p.m., Miller Auto Marine Sports Plaza, 2930 Second St. S., St. Cloud. 320-241-9229.

Coffee and Conversation, a senior discussion group, 9 a.m., Sartell Community Center, 850 19th St. S.
Medicare Plan Options information meeting, 3 p.m., Peace United Church of Christ, 402 Eighth Ave. S., St. Cloud. Laurie at loppel@gmiainc.com or 218-343-4702 or Jackie at jackie2creverinsurance.com or 320-293-9660.
Sauk Rapids Farmers' Market, 3-6 p.m., Coborn's parking lot, 110 First St. S., Sauk Rapids.

Friday, Nov. 2
Benton County Museum, 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. mnbentonhistory.org.

Saturday, Nov. 3
Craft and Bake Sale, featuring a wide variety of handmade crafts by local artists and members of the monastic community, 9 a.m.-3 p.m., Great Hall, St. John's University. The bake sale is a fundraiser for the St. John's Boys' Choir. Soup and chili will also be available for purchase.
Craft-vendor sales, 9 a.m.-2 p.m. VFW 428, 9 18th Ave. N., St. Cloud.
Craft-vendor, bake sale, 10 a.m.-4 p.m., American Legion, 17 Second Ave. N., Waite Park.

Teaching Values



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St. Francis Xavier

CATHOLIC SCHOOL

AfterCare Program

AfterCare Coordinator

POSITION ANNOUNCEMENT

St. Francis Xavier Catholic School is accepting applications for the position of AfterCare Coordinator. The position is responsible for managing programs outside of the school hours for St. Francis Xavier School children. The coordinator is responsible for planning, coordinating, leading and working closely with the Principal and other team members in providing a safe, effective and enjoyable program for students. The focus of the after-school programing is to continue to develop the whole child – spiritual, academic, social, emotional and physical.

Employment begins Monday, Oct. 29. Candidates applying for the position(s) should enjoy working with children, have a minimum of a high school diploma; three years experience working with children; plan; develop, organize and evaluate student programing with an understanding of child development and safety requirements; computer literacy with programs such as word processing, spreadsheet and internet use; and have good communication skills. A favorable background check is required as a condition of employment.

To learn more about the school, the position and download the employment application please refer to the school website: <http://www.stfrancissartellschool.org>. Applications will be reviewed on an ongoing basis until the position is filled.

Submit a letter of interest listing at least two references, resume and two letters of recommendation:

Kathy Kockler, Principal

St. Francis Xavier School

308 Second St. N.

PO Box 150

Sartell, Minn, 56377

St. Francis Xavier School does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs and activities.



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Largest Selection of Children's Frames!

Sartell Area Churches Craft & Bake Sale

Saturday, Oct. 27 ~ 10 a.m.-1:30 p.m.

Wild rice soup luncheon, coffee and rolls

St. Francis Xavier School

308 2nd St. N. • Sartell



CRAFT-VENDOR BAKE SALE

Saturday, Oct. 27

10 a.m. - 4 p.m.

Community Center - Freeport

307 Seventh St. SE

Lily's food truck available

SPOOKY SPECTACULAR VENDOR/ CRAFT SALE BY EPIC EVENTS

WIN A 42" FLAT SCREEN TV!

Eagles Club

730 41st Ave. N., St. Cloud

10 a.m. - 2 p.m., Saturday, Oct. 20

40+ booths for your holiday shopping. Stop in for a cup of hot chocolate and treats!

CRAFT-VENDOR SALE

Saturday, Nov. 3

10 a.m.-4 p.m.

American Legion - Waite Park

17 Second Ave. N

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(behind Coborn's in the Industrial Park)

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St. Joseph • 320-363-7741

www.thenewsleaders.com

Call the Sartell-St. Stephen Newsleaders at 320-363-7741 if you would like to be in the business directory.

WAITE PARK POLICE CHIEF

DAVE BENTRUD

FOR STEARNS COUNTY SHERIFF



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Blotter

If you have a tip concerning a crime, call the Sartell Police Department at 320-251-8186 or Tri-County Crime Stoppers at 320-255-1301, or access its tip site at tricountycrimestoppers.org. Crime Stoppers offers rewards up to \$1,000 for information leading to the arrest and conviction of those responsible for a crime. This information is submitted by the Sartell Police Department.

Oct. 3

6:15 p.m. Trespass. CR 120. An officer answered a call of an individual violating a trespass notice. The individual stated that they forgot about the trespass notice from the business. A citation was issued for the trespass and the trespass was extended for one year.

Oct. 4

3:45 p.m. Suspicious smell. Seventh Avenue S. Officers received a complaint of a smell of burned marijuana. The officer noticed the smell of burned marijuana outside the residence. Officers made contact with the residents and they admitted to having smoked marijuana recently. The residents voluntarily turned over paraphernalia to the officer.

Oct. 5

1:30 a.m. DWI. Pinecone Road. An officer stopped a vehicle for careless driving and noticed the driver showed signs of impairment. The officer conducted a field sobriety test and arrested the driver for DWI. The officer transported the driver to Stearns County Jail.

Oct. 6

2:30 a.m. Stolen vehicle. 11th Avenue E. Officers were notified Sauk Rapids police had stopped a vehicle listed as stolen by a resident. The driver was arrested for the stolen vehicle and the owner was contacted. The owner retrieved the vehicle from Sauk Rapids.

Oct. 7

3 p.m. Speeding. Second Street S. An officer witnessed a speeding vehicle. Officers activated radar and recorded the speed of the vehicle. An officer stopped the vehicle and the driver admitted he knew the speed limit and that he was traveling faster than the limit. The officer issued citation for his speed and a warning for not having his license in his possession while driving.

Oct. 8

5:45 p.m. Suspicious vehicle. CR 120. An officer was dispatched to a call of a vehicle stopped in a suspicious location. The officer met with the owner of the vehicle and discovered the vehicle was disabled and the owner was waiting for a tow. The officer waited with the owner with lights on for safety.

Oct. 9

8:45 a.m. Vandalism. Second Street S. An officer received a complaint from a local business about damage to their landscaping and light pole. Officers watched video and observed a vehicle drive onto the grass and strike the light pole after the business was closed.

Oct. 10

9:30 p.m. DWI. Le Sauk Drive. Officers were dispatched to a crash involving a vehicle and a light pole. The driver was interviewed and showed signs of impairment. The officer conducted field sobriety tests and placed the individual under arrest for DWI. Individual was transported to Stearns County jail.

Oct. 11

1:15 a.m. Warrant. Riverside Avenue. An officer noticed two individuals riding bikes without front or rear lights. When interviewed, one of the individuals gave a false name to the officer. The real name was eventually given and the individual was placed under arrest for a Department of Corrections warrant. Drug paraphernalia was also found and individual cited for the violation.

Oct. 12

10:55 p.m. Driving after suspension, assault. CR 1. An officer attempted to stop a vehicle traveling CR 1. The vehicle did not stop for a short distance. The driver was informed they had a suspended license. At that point the individual threw a water bottle at the officer. Individual was arrested and transported to Stearns County Jail.

Oct. 13

5:45 a.m. Traffic stop. First Street NE. An officer witnessed an individual run a stop sign. When stopped the individual admitted to not coming to a complete stop. The officer cited the individual for not stopping.

Oct. 14

2:30 a.m. Traffic stop. 14th Street N. An officer witnessed a vehicle displaying a white light to the rear. When stopped the driver stated they had a revoked license. Upon further investigation the driver also stated that the vehicle was not insured. The driver was cited for both infractions and the vehicle was towed.

Oct. 15

7 p.m. Second Street S. Crash

with injuries. Officers were dispatched to a vehicle accident in which a vehicle struck a pedestrian. The vehicle was traveling when it noticed an individual in a wheelchair attempting to cross the road. The vehicle attempted to stop but struck the individual. The officer along with the Sartell Fire Department treated the individual. The pedestrian was taken to the hospital. The driver was interviewed and given field sobriety tests. Driver passed sobriety tests.

Oct. 16

8:25 a.m. 2-½ Street N. Traffic stop. While on patrol an officer witnessed a vehicle travelling at a high rate of speed. When stopped the individual admitted to the speeding and was cited for the infraction.



Landscape, Gardener & Designer

The Grounds Department at Saint John's University invites applications for a full-time, benefit-eligible position of **Landscape, Gardener & Designer** to contribute to the upkeep and overall appearance of the campus' outdoor space.

Together, the grounds crew maintains approximately 118 acres of lawns and playing fields, 30 gardens, 17 acres of parking lots, 7 miles of sidewalks and 7 miles of roadways.

For more information and to apply online visit <http://employment.csbsju.edu>. AA/EOE

CRAFT-VENDOR SALES

**Saturday, Nov. 3
9 a.m. - 2 p.m.**

VFW 428

9-18th Ave. N., St. Cloud

Donations accepted for Anna Marie's Alliance

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PUBLIC NOTICES

NOTICE OF GENERAL AND SPECIAL ELECTIONS

INDEPENDENT SCHOOL DISTRICT NO. 748
(SARTELL-ST. STEPHEN)
STATE OF MINNESOTA

NOTICE IS HEREBY GIVEN, that the general election has been called and will be held in and for Independent School District No. 748, Sartell-St. Stephen, State of Minnesota, in conjunction with the state general election, the 6th day of November, 2018, for the purpose of electing three school board members for four-year terms. The ballot shall provide as follows:

INSTRUCTIONS TO VOTERS

To vote, completely fill in the oval(s) next to your choice(s) like this: 

SCHOOL BOARD MEMBER
VOTE FOR UP TO THREE

- ☐ Jeremy Snoberger
- ☐ Taryn Gentile
- ☐ Amanda Byrd
- ☐ Patrick Marushin
- ☐ Melinda Vonderahe
- ☐ write-in, if any
- ☐ write-in, if any
- ☐ write-in, if any

NOTICE OF SPECIAL ELECTION
INDEPENDENT SCHOOL DISTRICT NO. 748
(SARTELL-ST. STEPHEN)
STATE OF MINNESOTA

NOTICE IS HEREBY GIVEN that a special election has been called and will be held in conjunction with the state general election in and for Independent School District No. 748 (Sartell-St. Stephen), State of Minnesota, on Tuesday, Nov. 6, 2018, for the purpose of voting on the following question:

School District Question 1
Revoking Existing Referendum Revenue
Authorization; Approving New Authorization

The board of Independent School District No. 748 (Sartell-St. Stephen) has proposed to revoke the school district's existing referendum revenue authorization of \$324.83 per pupil and to replace that authorization with a new authorization of \$760.00 per pupil. The proposed new referendum revenue authorization would be applicable for 10 years, beginning with taxes payable in 2019, unless otherwise revoked or reduced as provided by law.

- ☐ Yes
- ☐ No
- Shall the school district's existing referendum revenue authorization be revoked and the increase in the revenue proposed by the board of Independent School District No. 748 be approved?

BY VOTING "YES" ON THIS BALLOT QUESTION, YOU
ARE VOTING FOR A PROPERTY-TAX INCREASE.

The precincts and the polling places for these general and special elections are those polling places and precincts or parts of precincts located within the boundaries of the school district, which have been established by the cities, town or townships located in whole or in part within the school district. The voting hours at those polling places shall be the same as those for the state general election.

A voter must be registered to vote to be eligible to vote in this election. An unregistered individual may register to vote at the polling place on election day.

Dated: Oct. 5 & 19, 2018

BY ORDER OF THE SCHOOL BOARD
/s/ Pamela Raden
School District Clerk

Publish: Oct. 5 & 19, 2018

NOTICE OF PUBLIC HEARING
ST. STEPHEN CITY COUNCIL

Notice is hereby given that the St. Stephen City Council will hold a public hearing at 7 p.m., or as soon thereafter as possible, on Wednesday, Nov. 7, 2018, in the City Hall Council Chambers, 2 Sixth Avenue SE, St. Stephen, Minnesota to consider the following:

An amendment to the City of St. Stephen Zoning Ordinance, Section 41 of the City of St. Stephen Ordinance, to establish standards and regulations for solar-energy systems and wind-energy-conversion systems within the City of St. Ste-

phen.

Anyone wishing to comment on the proposed request will be heard at this hearing or you may send your written comments (should be received no later than Monday, Nov. 5, 2018) to:

City Clerk
City of St. Stephen
2 Sixth Ave. SE
St. Stephen, Minn. 56375

Dated: Oct. 16, 2018

Publish: Oct. 19, 2018

Perske

from front page

St. Cloud and includes Sartell, St. Stephen, St. Joseph, Cold Spring, Paynesville, Le Sauk Township, Sauk Rapids Township. Precinct 4 of Waite Park. Sauk Rapids. Holdingford and Avon.

The Senate District 13 race is also interesting because this year it's the outcome of a reshuffling of the deck, a kind of political version of musical chairs. In January, U.S. Sen. Al Franken of Minnesota resigned, at which time Gov. Mark Dayton appointed then-lieutenant governor Tina Smith to fill Franken's place until a special election this fall. In the meantime, District 13 State Sen. Michelle Fischbach, who was president of the Minnesota Senate and who'd served as District 13 senator for 22 years, became lieutenant governor to replace Tina Smith. Into that vacuum stepped Perske and Howe to compete for the senate position.

Fischbach later announced she accepted an offer to be GOP Tim Pawlenty's running mate in his bid to be, once again, governor.

Perske, 62, has been a Sartell City Council member (2005-2010) and was later elected as the city's mayor (2011-2014). He was elected county commissioner in 2016. Four years ago, he competed for the U.S. House 6th District seat but lost to Republican Tom Emmer.

Raised in Sauk Rapids, Perske graduated from St. Cloud's Apollo High School, earned a bachelor's degree at St. John's University (elementary education/psychology) and a master's degree (physical education) from St. Cloud State University. For seven years he taught in Germany in U.S. Department of Defense schools. Then he and his family moved

to Sartell where he became a teacher and coach for 26 years. Besides teaching physical education, Perske has also taught fourth grade. He retired two years ago.

Perske has served or is serving on many boards and committees, including the St. Cloud Area Planning Organization Executive Board, the Greater St. Cloud Area Planning Organization, the Stearns County Planning Board, the Central Minnesota Human Trafficking Team, the Tri-County Solid Waste Commission, the WACO-SA Board, Habitat for Humanity, the Stearns County Park Commission, the Rice Area Sportsmen's Club and Minnesota Extensions.

Perske and his wife, Jan, have three grown daughters (Michaela, Jenna, Greta) and four grandchildren, including triplets born a few months ago.

Perske is an Eagle Scout, member of Celebration Lutheran Church in Sartell, a world-class marathon runner and an avid bow-hunting sportsman.

Perske has described himself as a fiscal conservative, a gun-rights advocate and a "zealous moderate," who is saddened by the divisive, often bickering style of partisan politics during which various political parties cannot seem to work together anymore. He said he has a track record of working with others to solve problems, no matter what their political allegiances.

Perske's weeks of campaign door-knocking through District 13 has shown him what people care about as a No 1 priority: health care.

"Our residents are both angered and frustrated with the constant increases in premium prices, high deductibles and costly medication. My goal is to find a bipartisan approach to expand access to truly affordable health care. There are no Republican or Democrat health-care plans . . . I know working families in Central Minnesota

need more affordable and accessible health care. No one should have to go broke to get the care they need."

Perske's opinion on health care extends to education.

"Young people (here) should get the same world-class education that children in other parts of the state receive," he said.

Political gridlock, Perske said, must end. He compared partisan politics to politicians putting on jerseys like Vikings or Packers and working against each other instead of finding real solutions to problems in the state.

"The Constitution," he said, "reads 'We the People, not 'We the Party.' My focus has always been on people, whether as a teacher, a coach, a mayor, a commissioner or an Eagle Scout. With the thousands of students and players I've had (throughout) the years, families have gotten to know me and trust me. They know I will do what's best for the people of Minnesota and not what any political party asks me to do."

Perske said of all his accomplishments, he is proudest of helping raise three daughters who are successful and happy; of having enriched the lives of students throughout four decades; and as an elected leader, having earned the trust of the community.

"In my time as council member, mayor and county commissioner, our communities have seen tremendous economic growth," he said. "I've also had experience weathering storms like the 2008 housing collapse and the effect it had on our local communities, as well as working through the tragedy, loss and recovery process of the Sartell paper-mill explosion. I'm proud our communities worked together."

State senators are paid \$45,000 per year.

Perske's campaign website is perskeforsenate.com.

Obituary

Rita B. Traut, 90
Sauk Rapids formerly of Sartell

Aug. 2, 1928 - Oct. 9, 2018

Rita B. Traut, age 90, of Sauk Rapids, formerly of Sartell, died Oct. 9 at Good Shepherd Lutheran Home in Sauk Rapids.

Her funeral was held at Oct. 12 in St. Francis Xavier Catholic Church, 219 Second St N., Sartell. The Rev. Timothy Baltes officiated. Burial was in the parish cemetery.

Rita was born Aug. 2, 1928 in St. Cloud to Joseph and Barbara (Emslander) Sis. She married Alois E. "Gene" Traut on June 14, 1954 in St. Anthony's Catholic Church in St. Cloud.



They farmed in Brockway Township in Stearns County for many years. She was a member of St. Francis Xavier Catholic Church and Christian Women.

Survivors include their children: Janice and Kevin Martin of Rice, Marti and Lori Traut of Sartell, Roger and Michelle Traut of Sartell, Kathleen and Doug Larkin of Sartell, Jeanne Traut of St. Stephen, Joanne Traut and Kenny Sorenson of St. Stephen, Rosanne and Jeff Steichen of Sartell, Colleen (Traut) Kirchner of St. Stephen; 19 grandchildren; 24 great-grandchildren; and sister, Louise Shiflett, Moberly, Mo.

She was preceded in death by her husband on May 9, 1991 and 10 brothers and sisters.

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AA/EOE

Families connect at Collegeville Colors



photos by Carolyn Bertsch
Tom and Debbie Seidl of Sartell enjoy a game of Ladder Golf with their children Brook, 7, and Brysen, 9, at the Oct. 14 Collegeville Colors event.



Evan and Jessica Vos of St. Joseph hike through wooded trails Oct. 14 with their children Sophia, 5, and Trenton, 4, at the Collegeville Colors event. The family has attended the event for many years, and their favorite part is enjoying the changes of scenery along the trails.

People

Three Sartell students have been accepted for admission to Luther College, Decorah, Iowa. **Benjamin Kiewel**, **Jenna Yang** and **Sierra Moore** have been awarded the Founders Scholarship.

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Diet and Oral Health

The food you choose to fuel your body plays a significant role in your oral health. Avoiding foods and drinks with high amounts of sugar lowers the chances of tooth decay and potential gum diseases.

According to the American Dental Association, tooth decay is the single most common chronic childhood disease, but it's completely preventable. It's important to know different foods' effect on your family's pearly whites before you prepare the grocery list.

POOR NUTRITION AND PERIODONTAL DISEASE

Periodontal disease is an inflammatory bacterial disease caused by allowing other serious gum disease to go untreated. Gingivitis is formed when oral hygiene is neglected and hardened tartar causes inflammation. It is a precursor to periodontal disease.

Without seeking professional treatment, gingivitis infects pockets between gums and teeth, causing the two to separate and teeth to become loose. Once these pockets are infected, periodontitis has developed.

Eating a healthy diet can give you a great advantage in avoiding this disease. According to a study by the National Center for Biotechnology Information, adding important vitamins regularly is crucial for avoiding periodontal disease.

• **Vitamin A:** Thanks to its powerful antioxidant potential, foods such as eggs, cod liver oil, broccoli and leafy vegetables can be used as a



supplement periodontal treatment.

• **Vitamin C:** Loading up on fruits and vegetables containing Vitamin C has positive effects on periodontal health.

• **Melatonin:** Studies show this antioxidant is beneficial for periodontal health. It is commonly found in cereals

and plants.

PLANNING A HEALTHY DIET

The American Dental Association deems saliva as your mouth's first line of defense against tooth decay. It is critical to limit the number of snacks you consume and try

to eat most of your calories in a well-balanced meal. Higher levels of saliva are released during a full meal than snacking. It helps wash foods from the mouth, lessening the effects of acids, which are dangerous to teeth.

Avoid eating foods high in sugars and carbohydrates, as

they can be targets to acid. Make sure to drink plenty of water throughout the day. This helps battle "dry mouth," when your saliva supply runs low.

A few delicious foods to consider for your daily meals should be whole grains, fruits, vegetables and lean protein, such as fish or chicken.



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Oral Health and Pregnancy

Before you can welcome your bundle of joy into the world, you will likely experience many changes in your general health. Certain conditions are commonly experienced during pregnancy, including high blood pressure, iron deficiency and infections.

Did you know risks of oral diseases are also heightened while a bun is in the oven?

YOUR CHANGING BODY

The changes your body experiences take a toll on gums and teeth because of an increased blood flow, higher acid production and a rise in hormone levels. Due to these factors, it is likely you will experience at least some dental problems while preparing for your baby. The March of Dimes is raising awareness to some of the common problems you could face:

Gingivitis: If you notice red, swollen or sore gums, there is a chance you are developing this gum disease. Without proper treatment, it can develop into a more serious disease called periodontitis.

Loose teeth: The heightened hormones and estrogen levels in your body during pregnancy can affect the tissues and bones that keep your teeth in place.

Pregnancy tumors: Lumps may form on swollen gums between your teeth and cause bleeding. They usually go away on their own, but serious tumors may require a removal surgery after pregnancy.

It is important to keep up with regular dental visits before, during and

after pregnancy.

RISKS FOR THE CHILD

The American Academy of Periodontology reports that studies suggest women with periodontal disease are more likely to deliver babies prematurely or with low birth weight. Mothers with healthy gums are much more apt to experience a full-term childbirth.

A premature or low-weight delivery puts infants at serious risk for long-term health effects. According to the Centers for Disease Control and Prevention, babies with a birth weight of less than 5.5 pounds are at risk for delayed motor skills, social growth and learning disabilities.

DENTIST VISITS WHILE PREGNANT

While pregnant, you might become overwhelmed with doctor's office visits, hospital tours and preparing your home for baby. Don't forget to find time to visit your dentist.

The ADA recommends telling your dentist even if you only suspect pregnancy. When scheduling your appointment, fill the office staff in on how far along you might be and any medication you take. They might need to change treatment methods.



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DENTAL CARE | ORTHODONTICS

Embracing Straight Smiles

Being confident in your smile is important for children and adults alike. If you are struggling with crooked teeth or an abnormal bite, meeting with a specialist might be the solution.

An orthodontist is a qualified dentist who continued his education to specialize in preventing, diagnosing and treating facial and dental irregularities. A common corrective measure is braces. Technology in tooth straightening has taken amazing strides. Some braces or aligners are nearly invisible.

TYPES OF TREATMENT

The days of wearing headgear for oral corrections are all but gone. Today, when it comes to choosing the corrective solution for you, there are many discreet options.

The American Dental Association has listed a few tools your orthodontist has to correct your smile:

Braces: For centuries, braces have been used to correct smiles. Today's options are more comfortable and non-intrusive than ever before. Braces work to shift teeth by applying pressure. Small brackets are cemented to the teeth and connected by wire or bands. A professional will gradually shift



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the teeth and jaw to the proper position.

Aligners: These clear plastic or acrylic materials are custom made to fit a patient's mouth. They work by gradually moving teeth into the position set by an orthodontist. Unlike braces, these are usually invisible and removable. They are a great option for correcting minor issues. Once you make an appointment, your orthodon-

tist will be able to strategize the best solution for your smile.

WHEN ARE BRACES NECESSARY?

Aside from correcting cosmetic issues with your smile, braces aid in solving problems with "bad bites." Your mouth is a complex system that relies on the correct position of your teeth, jaws, gums and muscles to work efficiently. Braces are

the most effective way to correct overbites and underbites.

Crooked or crowded teeth also make it harder to properly clean your teeth. Improper brushing and flossing encourages tooth decay and gum disease. Orthodontia will make it easier to maintain proper oral care.

ADULT BRACES

According to the ADA,

abnormal bites are usually noticeable in children between the ages of six and 12, meaning treatment is most effective as soon as these problems are noticed.

However, even if you're an adult with concerns about your smile, it's not too late to correct it. A specialist will analyze your situation and develop a strategy to achieve optimal results.



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Teeth Whitening Options

Have you ever tried over-the-counter teeth whitening products and been left disappointed?

Strips, tray systems and even chewing gum have become popular options for people looking to brighten up their smiles — but they can't compete with your local dentist's professional whitening service.

WHEN TO AVOID OVER-THE-COUNTER WHITENERS

There is no comparison between the performance of these products and the experience you gain by visiting a professional dentist. There some situations, however, in which an over-the-counter product might be useful, usually as a supplement after a professional cleaning.

Before attempting an over-the-counter whitening method, it is important to talk to your dentist about the state of your oral health. Those with sensitive teeth and gums, untreated tooth decay or gum problems can suffer from severe discomfort and even have their symptoms further irritate.

The whitening benefits of these types of products are so gradual that people see quicker results from a professional whitening. Rinses and strips are most effective to prevent new stains from developing



after a treatment.

BENEFITS OF A DENTIST

When you seek a professional for your whitening needs, they will be able to give a quick examination to ensure your oral health is good. Your dentist will be able to tell you about problems you might not have realized were present and show you the best method of treatment.

In addition to having a professional's opinion of your

smile, dentists also have much more powerful bleaching agents than over-the-counter products. This means, results happen much faster and teeth are even brighter.

You also will get professional advice about what to do between treatments to maximize their effects and keep your smile perfect.

WHAT TO EXPECT

Before your dentist begins your whitening treatment, he

likely will recommend a prophylactic cleaning. This is used to clear plaque and debris, creating a clean surface for bleaching agents.

During or after the cleaning, there is usually a brief examination to look for tooth decay, gum disease or cracking. Powerful bleaches can irritate certain conditions.

You will typically be fitted with a cheek retractor to expose your teeth, then a hardening resin will be painted on

gum tissue to protect them from irritation.

A bleaching gel will then be applied for about 15 to 30 minutes and sometimes for additional sessions. Once the gel has been removed, your dentist will determine the shade level difference.

It is an easy procedure if your oral health is good. Schedule an appointment with your dentist and soon you'll be showing off your beautiful smile.

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Four council candidates share their views

by **Dennis Dalman**
news@thenewsleaders.com

Voters in the Nov. 6 general election will have a chance to choose two candidates from a slate of four on the ballot to serve in two open Sartell City Council seats.

Those two positions are now served by Ryan Fitzthum and David Peterson, both of whom are vying for the mayoral spot in the election.

The council candidates are Brady Andel, Barika Davis, Tim Elness and Jeff Kolb. None of them has served previously on the council.

The salary for a council member is \$433.33 per month, with no per diems paid and no pay for extra meetings.

The candidates were asked a series of questions. Here are those answers with the candidates in alphabetical order:

Andel

Brady Andel, 41, is an agency owner for Armstrong Transport Group, a logistics company.

He and Jill have been married for 17 years and have two children: Brooke, 15, a Sartell High School student; and Carson, a sixth-grader at Sartell Middle School. Brooke is on the Sartell dance team and a member of the Sartell varsity golf team. Carson is involved in football, hockey and loves to spend his summers golfing, playing hockey and lake-fishing.

Jill is the director of the University Honors Program at St. Cloud State University.

Raised in Foley with parents, a sister and brother, Andel graduated from Foley High School,

attended the University of Minnesota, Morris, for three years and played basketball there. He then transferred to St. Cloud State and he graduated with a bachelor's degree in business. He and Jill have lived in Sartell for 17 years.

Andel has had 14 years of experience in the transport logistics industry. He is a volunteer youth coach, a Salvation Army volunteer and a member of St. Francis Xavier Church.

Andel would like to serve on the council because, as he said, "Sartell is a wonderful city that I have been fortunate to call our home for the past 17 years. I have witnessed the growth and changes of our community and I would like to help continue to foster this growth. As a business owner, I understand to reach goals you need to work together to get the results you are striving for."

The biggest challenge for the city is how to pay for everything, Andel said. To do that, the city must attract commercial business development by having a tax cost that is business-friendly.

"The greatest strength . . . is the city is a great place to raise a family. We have excellent schools, extracurricular offerings, churches and our new community center. Overall, Sartell residents have a great sense of community."

Andel is very pleased with the community center.

"It's great for the city," he said. "I believe the location will help more development in the area. I hope to see an outdoor pool added, as many people have voiced."

Andel described Sartell taxes as in line, compared with taxes in the surrounding cities. But, again, he stressed the need to attract more commercial businesses to keep taxes as low as possible.

Andel strongly favors the river as a city asset.

"I would like to see more options . . . It would be great if

we could offer riverside dining options, landing areas and places people could rent boat slips," he said. "If I could wave a wand, I would make those things happen."

Andel supports a history museum, preferably in an existing building that could be repurposed.

Police and fire services are currently adequately funded, Andel commented.

"The new construction of the Public Safety Building for the police and fire departments is great for the city," he said. "I would support continued and enhanced funding if needs become available because safety should be the top priority."

Andel said Sartell offers a fine quality of life.

"Our family really enjoys the community events Sartell has throughout the year," he said.

Andel's campaign Facebook website is: fb.me/andelforsartell-citycouncil

Davis

Barika Davis, 28, is the vice chairman of the board of STRIDE Academy and also chairs the Academic Excellence Committee at that school. She has lived in Central Minnesota for 10 years and moved to Sartell about a year ago. She is the mother of three children.

Davis earned a master's degree in early-childhood education from St. Cloud State. Formerly, she was a teacher/family advocate for Reach Up Head Start where she worked with low-income students and their families to help close the achievement gap.

Davis said her skill set makes her ideal as a council candidate - with skills that include



Davis

open-mindedness, a willingness to hear and consider different perspectives, good conversation abilities and a knack for engaging people to get a job done. Her knowledge of the city's comprehensive plan is also a plus, she said.

"I understand I do not have all the answers and must utilize the recommendations of city staff and fellow council members to inform my discussions," she said.

Sartell's biggest challenge, Davis said, is the need for more and more varied housing: townhomes, single-family, patio homes, multi-family. Underdeveloped lots, vacant lots and other spaces should be used for housing to attract and retain recent graduates, young families and "community stakeholders."

Sartell's greatest strengths she listed as a strong sense of community, local businesses, access to trails, great schools and potential for future development. Those strengths, she said, could be improved by the city keeping residents better informed, by encouraging the public to attend public meetings (such as the parks commission) and by strengthening the collaboration with the school district. Working with developers and the Sartell Chamber of Commerce and city staff to advertise their parcels could help bring new businesses.

"I would collaborate with city staff and the chamber to develop a way to attract new growth and development of land parcels," she said.

Another challenge for the city is to make an ongoing effort to create and maintain more trails, as well as water/sewer systems and adding or improving curbs and gutters in many parts of the city.

Davis said she does not agree with the location of the Sartell Community Center.

"But its location is set; we cannot go back and change it," she added. ". . . Amenities that could possibly be added are a lap pool, workout equipment and enhancements to its resource center."

The city's tax rate is the lowest in the area, but Davis added as the city grows, it must meet those needs while ensuring the tax rate is not burdensome to residents.

Davis said she likes the idea of developing recreational/aesthetic areas along the river, though she added those areas are limited because most river-front property is privately owned. The paper mill site, however, could be a mixed-use development combining commercial, residential and park space with access to the river and pedestrian bridge.

Sartell, she said, does not have a need for a history museum since there is already one for the entire area located in St. Cloud. However, she added, if demand grows for a Sartell museum, a space for that could be added to the community center.

Davis said the new Public Safety Building (for police, fire) will greatly enhance the strengths of those departments because of more space for functions, a better location and enough land for future expansion if needed.

Davis has a Facebook page at: barikadavisforsartellcitycouncil.

Residents can also email her at: barikadavis@gmail.com

Elness

For the past eight years, Tim Elness, 52, has been vice president of business development for W. Gohman Construction, St. Joseph. Since joining his father's architectural firm (ESG Architects) in 1992, he has worked in the construction and development industry.

Elness and his wife, Cathy, have three children - Ben, a senior at Sartell High School; Grace,

ConneX bus service to begin Jan. 2

by **Dennis Dalman**
news@thenewsleaders.com

Metro Bus will ring in the New Year with a call-in, curb-side bus service in Sartell.

The new service, called ConneX, is a six-month pilot program that will begin Jan. 2 in the city.

At the last Sartell City Council meeting, details of the service were presented by Doug Didrichsen, Metro Bus planning manager.

ConneX will replace Route 32, a fixed route with regular stops and schedule. The new service will allow residents to call in an hour before they need a bus ride, and the bus will then stop curbside right in front or as near as possible to the customer's location. Riders of ConneX will be able to get

transfer rides out of Sartell via the buses that stop at Country Manor or Walmart in Epic Center in Sartell. The cost for a ride is \$1.25, same as for the previous fixed-route service.

There will be two ConneX buses running all day compared with just one bus on the current fixed route.

Route 31 for Sartell will be extended from the Walmart stops to stops at the medical complex at Connecticut Avenue in the city, as well as stops at CentraCare Health Plaza in St. Cloud, right across the road from Sartell.

ConneX buses can accommodate service animals as well as wheelchairs. The service might also benefit some physically-challenged people who now use Metro Bus's Dial-a-Ride. That

is because some of them might be able to be mobile enough to get to the nearest curb rather than be picked up right at their doors. Dial-a-Ride service costs \$2.50 so those who can manage to use ConneX would be able to save \$1.25 per ride.

Diedrichsen said the reason for the pilot program is that the fixed route in Sartell was not very efficient or convenient because there is no easy connectivity among the neighborhoods and developments in Sartell.

ConneX will operate from 6:30 a.m.-8:30 p.m. Monday-Friday; from 9:30 a.m.-5:30 p.m. Saturday; and from 10:30 a.m.-5:30 p.m. Sunday.

The number to call for ConneX service is 320-257-4580.



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PAUL HAMILTON

a sophomore at that school; and Lily, an eighth-grader at Sartell Middle School.

Born and raised in South Minneapolis, Elness graduated from Washburn High School in 1985, then earned a bachelor’s degree in communications in 1989 from Augsburg College.

He has served on the Sartell Planning Commission for the past two years, including involvement on the task force studying the redevelopment of the abandoned Sartell paper mill site. He is also a current member of the Sartell Chamber Board of Directors and a member of the Economic Development Agencies of Minnesota.

Elness is an avid volunteer. Prior to moving to Sartell, he volunteered as a special deputy for the Hennepin County Sheriff’s Office Emergency Squad for 11 years. He has also been a volunteer firefighter in Sartell for two years and a member of the National Ski Patrol for 18 years.

Elness said although he is new to politics, he has always been a dedicated and responsible citizen, employee, volunteer and parent “with a fresh perspective on local government.”

Qualities that qualify him to be council member, he said, are open-mindedness, an ability to think forward, listening skills, always working with people and a knack for creative ideas and solutions.

Sartell’s greatest challenge, Elness said, is to maintain a balance between economic health and commercial development. That means attracting commercial and business development to balance taxes that could pay for the city’s assets that Elness said are “beautiful parks, trails, well-maintained streets, a solid infrastructure, livable neighborhoods and great schools.”



Elness

“I will work to connect our spending with our tax revenue that comes from private development,” he said.

Elness said Sartell is strong in its attractive, centrally located and family-oriented city with a great school system. He said the city could use some improvements, however, such as “a core downtown area like traditional small communities,” and also more recreational and aesthetic developments along the river.

Elness said the new Sartell Community Center is a great asset that will continue to draw regional fans of all ages for activities that take place there.

“As time goes on, I predict uses of the center will continue to expand and add even more value to our community and economic base,” he said.

Sartell, Elness said he believes, is taxed appropriately compared with other area cities, even though nobody ever wants to pay more taxes unless absolutely necessary for better roads, school, safety and other city needs. Re-examining tax rates in an ongoing way is vital if the city wants to attract more businesses and residents, he said.

Elness said he would like to see a kayaking park for all ages at the paper mill site along the river. There could be a public arena with boat slips, and there could be mixed-use zoning with commercial, restaurants, retail and housing. That way, Sartell could truly become a “river town.”

Elness said he fully supports a history museum, possibly in a repurposed current building but even a new building would be worth considering, he added.

Police and fire needs should be evaluated as the city grows and changes, he said. Elness said there is currently a need for emergency-responder training to help responders become better equipped to deal with calls involving mental-health issues. The new Public Safety Facility is a

testament to the support such services have from Sartell residents, and it will make the city safer because such an expanded building is long overdue, he added.

Elness said Sartell has a solid infrastructure with so many assets as mentioned above.

“I want to work on cultivating a desirable business enforcement,” he said. “I want to maintain a pro-business and pro-development culture while maintaining a balance of growth in certain residential sectors. We accomplished all of this because we have had a tradition of strong leaders willing to be visionaries, yet practical when it comes to spending our tax dollars, and I plan on doing the same.”

Kolb

Jeff Kolb, 49, is an employee of Homeowners Financial Group, a mortgage broker in the St. Cloud area, based out of Scottsdale, Ariz.

He is the father of three children – Grant, 26; Megan, 22; Tucker, 14.

Born in Melrose, he grew up in the Central Minnesota area and graduated from Milaca High School in 1987. He spent many years in the Cambridge/Isanti area and most recently in Thief River Falls. He moved to Sartell 18 months ago.

Kolb has a degree in business management from Bethel College, St. Paul.

His work experiences, civic involvement and achievements include the following: Currently a member of the Sartell Economic Development Committee and the Sartell Parks and Recreation Board; he was at one time the owner of a trucking company; began selling real estate in 1997, working in lending; background in finance – banking,



Kolb

bank-branch manager, financial advisor/planner in mortgage issues; and a former member of the Isanti City Council on which he served for four years. He also served that city on the planning commission, other boards and many committees.

“My work for the cities (Istanti and Sartell) have given me financial background – a wide range of financial planning, marketing and personnel issues.”

He was an Isanti firefighter and first responder and a U.S. Navy veteran.

Kolb said the biggest challenge for Sartell is proper economic growth.

“Our city is unique in the fact it is a very healthy city economically, compared to surrounding communities,” he said. “When I first started working in the area, people were telling me about the high taxes in Sartell. But when you do the research into it, we have some of the lowest per capita household taxes in the area. Our debt is low compared to the other cities. Don’t get me wrong, taxes can always be lower. We need to find the proper balance between amenities and taxes. The current mayor and council have done a great job in getting the city where it is today.”

Schools, parks and recreation, churches and businesses are all great assets in Sartell, Kolb said. The city could use more restaurants and entertainment venues, he added.

“Our greatest strengths are our people, our values,” he said. “This is a great community with a very diverse workforce.”

Kolb said he is pleased to hear good things about the new Sartell Community Center, although he added he would prefer it could have been more centrally located in the city. A sheet of ice and/or a swimming facility would be good additions to the center, he said.

Kolb said there is a housing shortage in the Sartell area, especially for first-time homebuy-

ers. That lack, he said, must be addressed. Also much needed, he added is more industry with a new industrial park to attract more businesses and industries.

City growth, he said, brings the danger of more spending. That must be brought into balance.

Kolb would like to see a river-front walk along the Mississippi River similar to the river amenities at Thief River Falls.

For the abandoned paper mill site, he would like to see a green technology company placed there, perhaps for solar power, wind power or even expansion of the current hydro-electric facility in that area. Such power generation is now widely done along the Columbia River in Oregon and Washington, he noted.

Kolb is in favor of a historical museum in Sartell, perhaps by using an existing building in the city.

“Preserving our history is important to our community and the next generations,” he said.

Kolb is happy about the police and fire facility now in the planning stages.

“It is much needed and long overdue,” he said. “As our city grows, we will have to expand the police and fire departments.”

The city council, he said, must work with those departments to anticipate their needs.

“Sartell is already a great city,” Kolb said. “We need to keep it great by continuing to budget properly, plan for short- and long-term growth and listen to the needs of the people.

“How can I contribute to the community? Well, I have a strong background in responsible leadership. Lowering taxes, holding government officials accountable and listening to the people we serve. That is my message to the community.”

Kolb does not have a campaign website, but he can be reached at 320-266-4044.

Winter parking restrictions to begin

Winter parking restrictions will begin in Sartell starting Nov. 1 and will continue through the end of March.

There will be no on-street parking in the city from 1-7 a.m.

If there is no snow in early November, only warning tickets will be issued. However, after snow is on the streets, vehicles will be towed.

Vote

Jeff Kolb

for Sartell City Council

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Prepared and paid for by Jeff Kolb. 401 3rd St S apt 113 Sartell, MN 56377.

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contributed photos by Michelle Lindgren

Just two weeks old, the Harper-Sadergasky twins Lake (left) and Luna cuddle. Just four weeks later, Lake died in his sleep and Luna, now 4 months old, is battling a rare genetic mal-function.



contributed photo by Michelle Lindgren

Luna is held by her sister Elle with sister Sawyer snuggling close by.

Benefit set for family of surviving twin

by **Dennis Dalman**

news@thenewsleaders.com

From minute to minute, day to day, night after night, Amy Einhaus of Sartell worries terribly, always afraid her surviving baby twin, Luna, will take a turn for the worse.

Just one week ago, the 4-month-old baby stopped breathing one night and had to be rushed – once again – back to Children’s Hospital in Minneapolis where, thankfully, she was stabilized. Luna had been home from the hospital for only two days before she had to be rushed back on Oct. 14.

For months, the medical bills have been mounting. There will be a benefit for the family from 4-7 p.m. Sunday, Oct. 21, at Trobec’s Bar and Grill in St. Stephen. The event will feature a spaghetti feed with free-will donations and a silent auction.

Since late June, just weeks after the twins were born, Einhaus and her family have been enduring terrible pain, anguish and uncertainty.

On June 19, Einhaus gave birth to twins Lake William and Luna Cathryn, so-named because their mother liked

the poetic combination of moon-and-water (Luna being Spanish for “moon.”) The birth was induced because doctors had noticed a build-up of fluid in the brain of Luna while in the womb and became concerned about the problem. Parents Amy and Richard Sadergaski were thrilled with the twins, who were both doing just fine as they took them back home to Sartell. However, six weeks later tragedy shattered their world when Amy checked Lake in his sleep one night and found him expired, a case of sudden-infant-death syndrome.

Lake was only 40 days old.

The emotional devastation for the parents was beyond words, as it was for their other daughters – Elle, 7; and Sawyer, 5.

“It was horrible,” Amy recalled. “I was almost very angry at God. Why? Why? Lake was so healthy. No problems at all. And then . . . “

Their bottomless grief was worsened by a slowly creeping worry about Luna’s well-being. Could something also happen to her, without even a warning?

Luna’s parents were deter-

mined to be pro-active, and Luna underwent a brain scan and ultrasound diagnostic exams. All seemed fine. But one day, ominous warnings began to happen. Her heart at times began to beat too fast, way too fast, up to 300 beats per minute. Richard and Amy hooked her up to a sensitive baby monitor. And the family all went to bed each night with a disturbing feeling of nervous dread.

“It was really scary,” Amy said.

Within a couple of weeks, another dreadful thing started happening to Luna: grand mal seizures, a series of them that just wouldn’t stop. And then, Luna quit breathing. She was rushed to St. Cloud Hospital, then transferred – again – to Children’s Hospital where she underwent an MRI.

The sandy-haired, blue-eyed Luna had suffered 40 seizures in just three days.

Later, the results of the MRI were released, and it was yet another terrible blow for the family – a diagnosis of lissencephaly.

The awful news, said Amy, was “like like being buried by a landslide.”

Lissencephaly is an extremely rare, gene-linked malformation of the brain. It is characterized by the absence of convolution folds in the cerebral cortex. As a result, neuron nerve cells do not “migrate” to the places within the brain as they are supposed to do. Luna, Amy said, has a very severe form of the condition. Some children do not make it past the first year of life.

Luna spent almost four weeks at Children’s Hospital, and doctors determined she would need feeding tubes because she was aspirating a lot of her food intake, meaning some was going to her stomach, some to her lungs. She was given a special formula, but one of the tubes (to her stomach) proved useless, and so the second tube (to her intestine) is now used.

Luna is often in pain. Musical therapy is a big help. Her parents play music softly while she is sleeping, and when she wakes up and listens, her eyes light up and a radiant smile appears on her face.

“Luna has been through so much in her short life,” Amy said. “She’s such a fighter.

She’s such a gorgeous baby. We are grateful for every single day we have her because some don’t even make it to her age. I can’t explain the pain of having to bury her brother, Lake, but that makes us all the more grateful for still having Luna.”

To take care of Luna, Amy, who is 33, had to quit her job at Quality Appliance in Waite Park, a business owned by her parents. Richard, 36, works for W. Gohman Construction.

The past five months have been a constant emotional struggle for the twins’ family.

“Lake is with God,” Amy said. “This is all part of a bigger plan. I have strong faith in God, and that is such a help. People at our church (Celebration Lutheran in Sartell) are so amazing. They call; we pray; they give us strength in moments when we are sometimes super frustrated. It’s really hard, but you must be strong when you have no other choice.”

If people cannot make the Oct. 21 benefit at Trobec’s Bar and Grill, they can still donate via a gofundme site for Luna’s family. The site is gofundme.com/LunaCathryn.

Howe

from front page

St. Cloud and includes Sartell, St. Stephen, St. Joseph, Cold Spring, Paynesville, Le Sauk Township, Sauk Rapids Township, Precinct 4 of Waite Park, Sauk Rapids, Holdingford and Avon.

The Senate District 13 race is especially interesting because this year it’s the outcome of a reshuffling of the deck, a kind of political version of musical chairs. In January, U.S. Sen. Al Franken of Minnesota resigned, at which time Gov. Mark Dayton appointed then-lieutenant governor Tina Smith to fill Franken’s place until a special election Nov. 6. In the meantime, District 13 State Sen. Michelle Fischbach (R-Paynesville), who was president of the Minnesota Senate and who’d served as District 13 senator for 22 years, became lieutenant governor to replace Tina Smith. Into that vacuum stepped Perske and Howe to compete for the senate position.

Fischbach later announced she accepted an offer to be GOP Tim Pawlenty’s running mate in his bid to be, once again, governor.

Raised on a farm near Chokio, Howe, now 59, owns his own consulting business, has a bachelor’s degree from St.

Cloud State University and is a long-time member of the Minnesota Army National Guard – a total of 35 years of service, including two deployments to Iraq. He is the recipient of two bronze stars. He also served aboard the USS Kitty Hawk when he was in the U.S. Navy during the Iranian hostage crisis.

Military service must be in the Howe genetics. Jeff and Sheri Howe have four grown children: Joe, who is a captain in the Minnesota Army National Guard; Sam, who is a specialist in the Army National Guard; Mitch, who recently graduated from Rocori High School and plans to join the Army National Guard; and Melanie, now working on a master’s degree at St. Cloud State University.

Howe retired, with the rank of lieutenant-colonel, from the Guard last year

Howe served on the Rockville City Council and recently retired as a city firefighter after 27 years of service. He had been at various times fire chief, fire marshal and fire and emergency coordinator.

Howe is a member of the Minnesota National Guard Association, the VFW, the American Legion, the National Rifle Association, Military Officers Association of America and Disabled American Veterans.

As a legislator, he has served on the Transportation Commit-

tee, the Civil Law Committee and the Job-Growth Committee.

“I believe in life, duty, commitment, integrity, personal responsibility and accountability,” Howe said.

He said he is a strong believer of local government, a pro-business climate, lowering of taxes, the unfettering of free-market forces, fiscal responsibility and no more onerous unfunded state mandates to local communities.

“I understand the hard work and determination to make it through the year because I’m a small-business owner,” he said.

Some of Howe’s major policy positions are the following:

Local control and deciding what “we want” is important, he said, adding his years in government have shown him just how “corrosive” laws can be on small towns.

“Power should be given back to local communities where it belongs,” Howe said.

Howe decried the increases in health premiums. Last year, the legislature passed legislation to provide premium relief for people with skyrocketing health costs. More work, Howe said, is needed to improve access, choice and affordability for families, farmers and businesses.

Howe said burdensome regulations and mandates are “brakes” on the free-market transactions that, if left alone,

would greatly increase economic prosperity and good jobs in Minnesota. Along with that, he added, is the need for tax reform so children will not be in debt. The state, he said, must make a budget and stick to it just as families have to do.

The school-funding formula, Howe said, is so complex and difficult to understand it must be overhauled to make it simple, balanced and fair. The metro area, he said, should not receive \$3,000 more per-pupil funding than rural schools.

Howe also emphasizes the need to improve the state’s transportation system, adding it must become a budget priority, and all rural areas of the state must be linked into an overall transportation system.

“Roads, rails, transit – they must all be integrated, unlike now,” he said. “Now they are operated as separate entities.”

The state, Howe saod, must work constantly to improve the lives of veterans.

“Minnesota should be a veteran-friendly state, but it’s not,” he said. “We must change that and bring highly-trained and qualified veterans to Minnesota.”

State senators are paid \$45,000 per year.

Howe’s campaign website is jeffhoweforsenate.com.



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Opinion

Our View

Five questions for Tom Emmer

Rep. Tom Emmer is seeking a third term representing the 6th District. He was an early and strong supporter of Donald Trump and he votes with the President about 90 percent of the time.

Democrat Ian Todd, a first-time candidate, is challenging Emmer in a district that leans Republican. Maybe that’s why we haven’t seen much of Emmer lately. Perhaps he is hoping he’ll glide to victory because there’s an R behind his name. Emmer has made few appearances in the area and hasn’t hosted a town-hall meeting this year. He has had With big voter turnout expected, be prepared before heading to vote time to join Trump on stage for rallies in Duluth and Rochester, both cities more than 100 miles outside his district.

Although he’s a strong Trump backer, Emmer’s re-election should be decided on where he stands on issues, not his ties to Trump. As Emmer asks for your vote, there are five questions he should answer about his votes the last two years and on issues that will come up in the next term.

Health insurance

Emmer is one of the House Republicans who for years promised to repeal and replace the Affordable Care Act. Emmer voted for the American Health Care Act, which later failed in the Senate. If it would have passed, the number of uninsured Americans was projected to increase by 23 percent over 10 years and it would have cut taxes for wealthier people and raised premiums for old and poor people.

What are the details of legislation you support to actually replace or improve the ACA instead of sabotaging it?

Climate change

A United Nations report by the world’s leading climate scientists has warned there are only a dozen years for global warming to be kept to a maximum of 2.7 degrees, beyond which even half a degree will significantly worsen the risks of drought, floods, extreme heat and poverty for hundreds of millions of people.

Do you agree with the report findings and what policies do you support to address the issue?

Build the wall

Congress has not funded Trump’s plan for a massive wall across the southern border. But after the election, House Majority Leader Kevin McCarthy plans to introduce a hard-line immigration bill that would appropriate \$23.4 billion to fully pay for the wall.

Do you support McCarthy’s bill?

Taxes and the national debt

Emmer voted in favor of the tax bill that provided massive tax cuts for the rich and for corporations. Since it became law, corporations have poured most of their tax savings into benefits for stockholders instead of pay raises and productivity improvements. Meanwhile tax savings for middle-class families vary widely and are much less than the \$2,000 promised by Trump. The tax bill adds \$1.46 trillion to the national debt.

Why did you vote for a plan that blows a hole in the national debt while enriching the already rich and providing modest relief for the rest of us?

Gun safety

Since Jan. 1, 2017, 996 people have died in mass shootings. The only gun legislature Emmer supported erased a regulation that blocked people who were not competent to manage their finances from buying firearms.


Would you support legislation banning bump stocks, high capacity magazines or enhanced background checks?

Emmer should answer these questions before he’s considered for a third term.

Be prepared before heading to vote

Mike Knaak

Editor



From the Minnesota Secretary of State’s office last week came the news that Minnesotans are on a record pace for voting with absentee ballots.

As of Oct. 11, 223,688 absentee ballots have been requested by Minnesota voters and 85,438 have been accepted by election officials. According to state officials, the request rate is 209 percent more than at the same time during 2014’s midterm election and the rate of accepted ballots is an increase of 221 percent.

Since 2014 all county election offices have offered “in-person” absentee voting in addition to requesting a ballot by mail.

We’ve all read polls about which party’s voters are more passionate about this year’s election, leading to speculation about a high turnout. Minnesota typically leads the nation in turnout, with about 75 percent of eligible voters going to the polls in 2016. Midterm turnout is generally lower, but turnout in the August Minnesota primary doubled the turnout from four years ago.


I’ve paid more attention than normal to voting issues this election year because I’m an election judge. Now that my wife, Marian, and I are semi-retired, we have the time to do jobs and hobbies that we’ve always talked about doing. Being an election judge is one of those pursuits.

We worked the primary election in August and for the next few weeks we’re both helping with absentee ballots. Whether you’re filing an absentee ballot or you’re going to the polls on election day, I’d like to offer some advice.

Stearns County, like most Minnesota counties, added iPads to register and check in voters, replacing the thick paper printout of eligible voters. The veteran judges I worked with during the primary say the iPads speeded up the process.

Connor Kockler

Guest Writer



When you arrive at the polling place, you’ll give the election judge your name, the judge will look up your registration and you’ll be asked to verify your address. The judge will hand you a form for you to sign to get a ballot. By signing, you are swearing you are who you say you are and that you’re eligible to vote.

The iPads are equipped with a scanner that reads the bar code on your driver’s license. YOU ARE NOT REQUIRED TO PRODUCE A PHOTO ID TO VOTE. But if you hand the judge your license, the check-in process goes a bit faster.

The slowest time at the polls is early afternoon so if you have a flexible schedule, aim for that time.

You can also speed up casting your vote with these tips:

First make, sure you are in the correct polling location for your ward or precinct. Especially if you haven’t voted for a while, your polling place may have moved even if you haven’t. While ward and precinct lines haven’t been redrawn since after the 2010 Census, there may be a new polling place. And don’t assume you vote in the same place as your neighbor across the street or a block away. If you go to the wrong place, an election judge will direct you to the correct polling place, but you’ll waste time.

Know your candidates before you arrive. All polling places post sample ballots, but it’s best to be prepared. You can look up a sample ballot online (more about that below). Most voters are aware of high-profile races such as governor or senator, but there are many races that don’t get much news coverage

Tommy-Johnny game lives up to its hype

Connor Kockler

Guest Writer



Every year, a sea of red and purple fills the stands of a college football field in observance and anticipation of one of Minnesota’s most well-known sporting traditions. This is, as many in our area may know, the Tommy-Johnny football game between St. John’s and St. Thomas universities. It’s a grudge match between two of Minnesota’s top private colleges, and an event that draws much alumni and media attention. As a first-year student at St. John’s myself, I came in this year with a lot of background about this event but never having actually attended it. I made sure to mark the date, and it was certainly an event to remember.

Though the original reason for the rivalry is long faded into history, passions were alive and well that Saturday afternoon, Oct. 13. Walking into Clemens Stadium, you could see the clear dividing lines where supporters of each school were seated. Standing in the St. John’s section, the energy was apparent as scores of students came decked out in school gear and with signs to show their support. There was a buzz in the air as the kickoff started the game. The moment people had been waiting for had begun.

Once the game was underway, the crowd held its breath as the Johnnies

and the Tommies moved up and down the field with spectacular offensive plays. Both teams had lots of energy, and there were several long-range throws that connected for huge yards and run plays that made it far down the field before they were stopped. Turnovers didn’t help, often when they occurred close to when the team losing the ball might otherwise have scored. The people in the crowd were on the edge of their seats. This could be anyone’s game.

In the end, the Johnnies’ offense was too much for the Tommies. Scoring two touchdowns unanswered before the Tommies could respond, SJU built a lead that they would maintain for the rest of the game, ending in a 40-20 victory and breaking St. Thomas’s four-game streak over the Johnnies. It was a hard-fought effort by both sides, with the better team coming out the victor that day.

That a dispute over a player named Ignatius O’Shaughnessy, who was expelled

such as judges and soil-and-water conservation commissioners.

Don’t wait until you reach the polling place to research your ballot and end up using your smartphone to learn about candidates as you wait to vote.

You can register at the polls on election day. You have to prove you’re eligible to vote and that you live in the ward or precinct. There are a number of ways to satisfy this requirement. Bring a valid Minnesota driver’s license, learner’s permit or ID or a receipt for any of these or a Tribal ID with name, address, photo and signature.

If you don’t have a state-issued ID with your current address, there’s another option. Bring a driver’s license, passport, military or school ID AND one other document proving your residence such as a utility bill, bank statement, rent or mortgage receipt or lease. Junk mail from a cable or cell phone provider addressed to you doesn’t count.

If you don’t have any of these documents, a registered voter from your precinct may vouch for you. They will be asked to sign an oath confirming your address.

More details on election-day registration and your other voting questions can be answered online at mnvotes.org, a website run by the Secretary of State. You can find a sample ballot, view candidate filings, find your polling place, learn about early voting and how to contact your county election office.

In Stearns County, call 320-656-3920 or visit co.stearns.mn.us/Government/Elections.

I hope all eligible voter exercise their most important right on Nov. 6. With a little preparation you’ll have a smooth trip to the polls.

I’m looking forward to Minnesota again leading the way for voter turnout.

from St. John’s for skipping prayers and who then transferred to St. Thomas in 1901, still carries on today is truly remarkable to me. It shows a long memory between the two schools and the value that they place on tradition.

Another tradition on the minds of Johnnies everywhere that day was that of famous coach John Gagliardi. Passing away on Oct. 7, you could see the fans and the players paying tribute to a man who in many ways defined St. John’s athletics through his 60 years of coaching. He was a huge presence on campus and in the lives of so many St. John’s alumni, including some of my own family who passed through the university.

I can certainly say that the Tommy-Johnny game lives up to the hype that I had heard throughout my younger years, and it was truly a sight to see two teams and schools that have such influence in the region duke it out for the pride of victory. In sports, it’s rare to see a rivalry that’s both contentious but civil, and this is one of those cases. I’m proud to be a part of it at St. John’s and I’m looking forward to seeing it again next year.

Connor Kockler is a student at St. John’s University. He enjoys writing, politics, and news, among other interests.

Letters to the editor (See additional letters online at www.thenewsleaders.com)

Fitzthum is well-rounded mayoral candidate

Brandon Testa, Nikki Sweeter, Jason Mathiasen, Scott Widor, Sonja Babich, Sonia Nordmann, Brandon Johnson, Bill Worzala, Stuart Swenson, Mark Guggenberger, Jon Erickson. Sartell

It is our immense pleasure to endorse Ryan Fitzthum for mayor of Sartell. As a hometown guy, Ryan has stayed incredibly involved in our community, including being on the city council, planning and zoning commission, joint planning commission, Mississippi River Partners Committee, Sartell Schools Facilities Committee, Sartell Fire Department and St. Cloud Metro Bus board member. This diverse background Ryan brings to the table is exactly what we need in the next mayor of Sartell.

It is important to us to have a mayor who stands up for local business owners and our school district and provides honest and efficient leadership to all in the community. Ryan has proved he is not afraid to debate, is fair and looks at all points of view, from a business perspective to a community member perspective, before making a sound decision. This level-headedness is what the city of Sartell needs.

We are proud to say Ryan Fitzthum is well-rounded, hard-working and completely committed to the city of Sartell. He has all the qualifications our community desires for the next mayor of Sartell.

Vote yes for school levy

Chris Stanley, Sartell

This year, the Sartell-St. Stephen School District is asking our community to support its plan to operate, educate and innovate.

Educate

It’s important to support our educators’ efforts to prepare students for life beyond the classroom. Voting yes helps maintain class sizes, provides personalized learning and expands programs vital to student success. As our community grows, it’s important to have quality educational facilities, technology and services.

Operate

Voting yes provides the district with the means to operate and maintain its expanded facilities. The investment goes beyond pre-K-12 students as these facilities are used by the Community Education program for everyone from toddlers to seniors. Community organizations benefit from the multi-purpose fields for softball, lacrosse, baseball and more. This investment promotes a vibrant, active and healthy community.

Innovate

Technology is changing the world as we know it. Computers, robots and automation will continue to replace repetitive and transactional work. Education must evolve to meet these new realities. Long gone are the days of listening to lectures and copying off the chalkboard. Uniquely human capabilities like art, teamwork, leadership, collaboration and creativity are critical to students’ futures. Voting yes supports our educators’ endeavors to respond to this daunting and exciting shift.

Invest

The district has demonstrated strong planning to provide the facilities, environment and modernization needed to invest in our students and community. Now it is our turn as voters to invest and partner to make this work successful. A healthy and successful school district makes our community an attractive place to live and leads to increased property values.

By voting yes, we invest in our students who interact directly with our community today through programs like the partnership with Orthopedic Sports Center, as customers and employees of our local businesses, as volunteers in senior centers and more.

By voting yes, we invest in our graduates who come back to our community as doctors, nurses, business owners, elected officials, bankers, educators and more.

Please join me, and vote yes to an investment in the future of our community.

Howe will defend true conservative values

Tom Jonas, Cold Spring

Joe Perske is running for state senate in District 13. I had a chance encounter with Joe recently. I told him as a life-long Republican, I intended to vote for Jeff Howe. Joe proceeded to express his disdain for party affiliation and said he was independent-minded, a consummate politician.

After all he’s been “running” most of his life. For city council, mayor, as the DFL-endorsed candidate for U.S. Congress, county commissioner and now as the DFL-endorsed candidate for state senate.

In a St. Cloud Times interview, Joe described himself as a “zealous moderate.” That sounds like a euphemism for “liberal.” He won’t carry the torch for outstate Minnesota while caucusing with big-city liberals.

A vast preponderance of Democrat senators are from Hennepin and Ramsey counties. We need someone who will protect our rural voice and not placate to their radical liberal agenda. Jeff Howe is the candidate who will defend true conservative values. With the Senate tied with 33 Democrats

and 33 Republicans, this election will decide the direction of our state.

Don’t let big-city liberals decide what’s best for rural Minnesota!

Vote Jeff Howe on Nov. 6!

Don’t take away rights with appointed sheriff

Kay Steiner, Sartell

You have to be kidding! You would take one more of our rights to be represented by the people by making the office of sheriff an appointed office?

Was regional government OK with you? Maybe I have to explain what regional government is or why it was set up.

Regional government was set up to dissolve our Constitution by making “all” political offices “appointed.” Appointed offices, take for instance “HRA,” do not have the right to create tax or spend money. They think they do but they are in error. In their ignorance, they are trying to even set their own income. We just had a sample at the St. Cloud City Hall meeting two weeks ago.

No, we don’t need to chew away at our Constitution, which appointing sheriffs would do. Even if some group before Minnesota state-appointed someone to be sheriff for convenience sake. We are a republic. We vote for those we wish to represent us.

We are having enough problems with a stupid law put up by “who knows” that allows one person to vouch for several people in a building. Dubious whether they are citizens or have lived here the required time.

Let’s get on the mayor to support our Constitution closer to its original form.

Bentrud brings a fresh look to fighting crime

Steve Vincent, St. Cloud

We all want a sheriff who is effective at fighting crime. But fighting crime means more than just enforcing laws and arresting criminals. Fighting crime also means preventing crimes from happening. Anyone who has been a crime victim knows it would have been far better if the crime had never happened.

I am supporting Dave Bentrud for Stearns County sheriff because I have worked with Dave on projects to reduce crime and I have seen his skill and dedication. With 26 years of law-enforcement experience, including 10 years as Waite Park’s chief of police, Dave has a proven record as an effective crime fighter. With his commitment to collaboration among law-enforcement agencies and with the public, he is a leader who builds a safer and stronger community by bringing people together.

As sheriff, Dave will bring his experience, and the connections he has built across the county,

to create partnerships that give the sheriff’s department a fresh look at fighting crime. His open communication within the department, with other departments and with average citizens will be a solid foundation for a safer community.

Join me in voting for Dave Bentrud.

Look beyond party to vote for Walz

Phil Ringstrom, Sartell

Recently, I was explaining to an acquaintance my support for Tim Walz for governor of Minnesota. My friend asked, “What Party?” I explained Congressman Walz is from the 1st Congressional District and is currently the top Democrat on the Veterans’ Affairs Committee, and the highest-ranking enlisted soldier to ever serve in Congress. He stopped me there and said, “Democrat? No Chance!” My friend, being patient, allowed me to explain Tim’s platform, his commitment to his country evidenced by his service, his background as an educator and representative of all Minnesotans in the United States Congress. When I reviewed his platform regarding health care, his veteran’s opportunity care plan, agriculture, economic needs of all Minnesota, energy, education and environment, his response was muted. Tim Walz’s opponent’s platform pales in comparison.

I have voted Democrat, Republican and Independent, always paying attention to the candidate’s values, beliefs, accomplishments and ability to get things done. Recently, elections and politicians are being measured by accusations toward the other candidate and strictly by party affiliation.

Tim Walz is a person who has a history of reaching across party lines and is representative of all of Minnesota. Recent evidence of his collaboration and negotiation skills is his work across party lines affecting labor management and care delivery issues at the St. Cloud Veterans’ Affairs Hospital. Tim’s platform on education, health care, infrastructure, environment and community support for both rural and urban Minnesota is solid. With Peggy Flanagan as his running mate, we have a diverse, progressive and balanced ticket.

I hope this Nov. 6, Minnesota voters will mark their ballots for the best person who represents his/her beliefs, goals and values, not just the colors of Red and Blue!

Perske has experience needed for state Senate

Jim Graeve, St. Joseph

We in Senate District 13 have a golden opportunity to elect Joe Perske to the Minnesota Senate

on Nov. 6.

Joe proves his electability by being the former mayor of Sartell and our current county commissioner. These two jobs give him hands-on experience of the needs of our communities.

Joe knows how to save a buck. Many of the many Perske signs you see are recycled from Joe’s previous campaigns where he ran for Congress and county commissioner.

Joe Perske is a very personable guy – he will listen to your concerns. He has a deep sense of service to people and youth exemplified by his previous teaching and coaching job.

Joe Perske will hit his new job as our Minnesota senator from Senate District 13 “running,” something he is very good at, having run many, many marathons.

We are very fortunate to have a candidate with the experience and enthusiasm Joe Perske has for service to our communities, county and state.

Opioid tax a bad idea

David Forbes, St. Cloud

St. Cloud area businesses are the backbone of our community and our economic force. And as any good businessperson knows, businesses need a healthy and productive employee base to flourish and grow. Unfortunately, the opioid addiction crisis is putting a significant strain on our economy and damaging communities nationwide.

Minnesota continues to be a leader in its efforts to combat drug overdoses and our lawmakers are working overtime to ensure our communities are free of prescription-drug addiction. But recent legislative efforts to fund our fight against opioid abuse through a tax on all opioid-containing medications was very misguided.

While seemingly well-intentioned, this tax wouldn’t have done much to stop prescription opioids from falling into the wrong hands. Instead, it would have stripped licensed hospitals and care providers of an affordable ability to treat and care for patients with actual pain needs. That means fewer patients with chronic conditions and traumatic injuries would have access to affordable medications, hindering the healing process.

The Minnesota Legislature was right to let the opioid distribution tax fail. Hopefully, as they reconsider ways to fight the opioid epidemic in the months to come, they will look into more efficient solutions, including increased opioid education, addressing over prescribing and supporting more non-opioid treatment alternatives.

J. Sartell wants to preserve history of his forebears' city

by Dennis Dalman
news@thenewsleaders.com

For Jeff Sartell, history is as much a part of him as his arms, his legs, the timbre of his voice, the color of his eyes.

The great-great-grandson of Joseph B. Sartell, the founder of Sartell, Jeff Sartell has a vivid memory. He remembers exactly how it felt and sounded when, as a boy, he would ride in a car with his father across the old wooden-slate bridge that connected east and west Sartell. The bridge, still there, is no longer used for vehicles. He recalls the many pleasant trips to his grandmother's house, where the DeZURIK plant is now. He remembers the little-boy pride he felt when being allowed by his father to climb up onto a bar stool at Perry's Bar near the long-gone Sartell Village Hall. He has fond memories of stopping at Rip Sartell's store where the River Boat Depot is now.

Although Jeff was raised in Minneapolis, he was a frequent visitor to his father's hometown of Sartell, a town he grew to love deeply.

"I remember so many times going to grandma's and then going fishing across the street from her house," he said. "I used to wander around Sartell all the time as a grade-school kid. There were only a few hundred people in the town then. It was the perfect place for a little kid, so different than Minneapolis where I lived at

that time."

Jeff Sartell now lives in Princeton, but the favorite place of his youth, Sartell, is still front and center in his heart. He is a member of the Sartell Historical Society and visits the city often. Some people tell him that through the years he has moved closer and closer to the town he loved so much as a boy. So, they ask, why doesn't he just go all the way and move here? Jeff often replies with a sly wink:

"Well," he says, "I will be back again someday, that's for sure. I've already chosen my burial plot in the Sartell cemetery, next to my parents."

Sartell, 73, is the only son of the late Tom and Dolores Sartell and the grandson of Charles F. Sartell, Tom's father. This past summer, about 70 members of the extended Sartell "clan" gathered at Watab Park in Sartell, the second of reunions that began in 2016 and will continue every two years. There were relatives from local cities but also some from as far away as Oklahoma, California and Washington.

"Because of the reunions, I get to know the younger generation," Sartell said. There are so many younger ones, actually two generations of them. At one time, I had 27 first cousins."

Sartell was named for Joseph B. Sartell, one of the first settlers who hailed from Massachusetts in 1854 and who worked as a millwright at the local sawmill. He and two sons started the Sartell Brothers Lumber Co.

The village of Sartell was officially incorporated in 1907.

One of Joseph B. Sartell's

children was Charles S. Sartell, who is Jeff's great-grandfather, and one of Charles' children was named Charles F. Sartell, who had a son named Thomas F. Sartell, who was the father of Jeff.

Like Jeff, his only offspring, Thomas loved history and was known for stopping in every little town along his travels to check headstones in cemeteries.

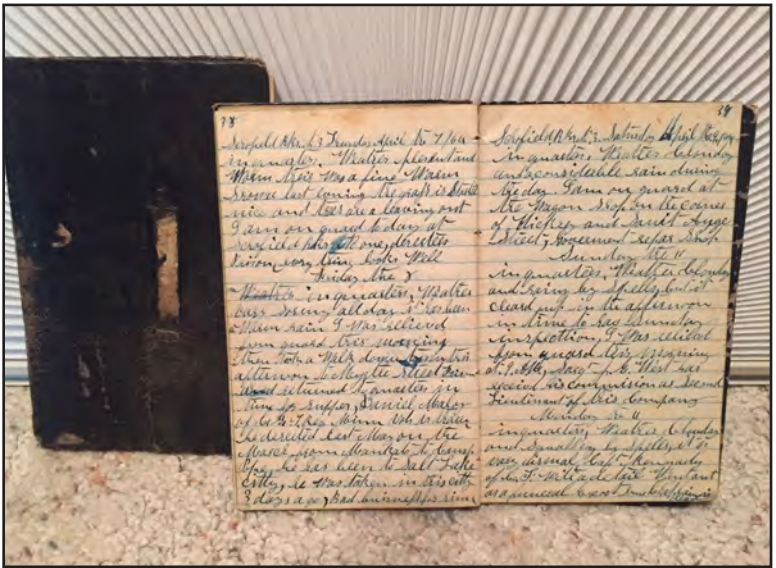
In the mid-1930s, Thomas earned a journalism degree at the University of Minnesota and worked at the small-town newspaper in Granite Falls. Thomas was a U.S. Navy man and was called to duty during World War II, stationed in Hawaii at one point. He became a gunnery officer and was in Normandy, northern France, during the D-Day invasion.

Right after the war, Jeff was born in Eveleth in north Minnesota, the town not far from Chisholm where his mother, Dolores, was raised. She later became an elementary-school teacher.

After the war, Thomas bought a house in Minneapolis where he, Dolores and son Jeff moved. However, they often visited Sartell, the village where Thomas was raised.

During his teen years, Thomas became an enthusiastic diary writer, and every day he would jot down in pencil his observations, pondering thoughts and bits and pieces of Sartell history. To this day, those diaries are precious possessions of son Jeff. Another prized artifact in Jeff's keeping is a Civil War diary kept by a Union soldier who knew Jeff's great-grandfather.

Jeff and his wife, Karen,



contributed photo

This prized diary, written by a Minnesota-born Union soldier serving in the U.S. Civil War, is owned by Jeff Sartell. Its author, who knew Sartell's great-grandfather, on these two pages wrote about the dismal weather in New York state where he was stationed and about news of the arrest of a deserter on his way from Mankato to somewhere else and how there would be "bad business" for the deserter, a Daniel Malloy. The entries on this page were written in April 7-11 of 1864, almost exactly a year before President Abraham Lincoln was assassinated.

moved to Princeton from Minneapolis in 2004 to be closer to their daughter and three grandchildren who live in Milaca. Jeff, now retired, worked as a computer graphics designer, mainly for slide presentations and contracted at one time for the General Mills Corp. Karen, also retired, worked for a financial portfolio company in Minneapolis.

His "hobby" nowadays is to help preserve the history of Sartell, the home town of so many of his relatives – father, grandfather, great-grandfather, great-great-grandfather, not to mention dozens of aunts, uncles and cousins.

Like other members of the Sartell Historical Society, Jeff Sartell is keenly aware of how time is slipping away when it

comes to preserving the memories and artifacts of the city's history. That is why they are now pursuing the possibility of getting a museum in which to preserve artifacts, spoken-word memories on tape, videos, books, diaries and all the intricate bric-a-brac of history – from school yearbooks to festival buttons, from old ice skates to athletic jerseys.

"We need people to help us, especially people who knew and know the town," Jeff said. "We are really excited about history, and the people in the Sartell Senior Connection are a big help in our efforts."

The Sartell Historical Society meets at the senior center inside the Sartell Community Center at 5 p.m. the first and third Mondays of the month.

Chief gives man lifesaving award

by Dennis Dalman
news@thenewsleaders.com

On Friday, Aug. 17, a Sartell man happened to see an elderly woman choking, struggling for breath at Sam's Club's food court and rushed to her aid, applying the Heimlich maneuver and saving her life.

That man, John Estep, was honored with a Lifesaving Award by Sartell Police Chief Jim Hughes at the last City Council meeting. The woman he saved, Rosemary Zimmermann of Albany, was also present at the council meeting to thank Estep in person.

It was, Hughes said, an example of the right man, Estep, being at the right place at the right time.

Other than experiencing sore ribs, Zimmermann was fine once the piece of food was dislodged and did not need further medical attention.

The Heimlich maneuver is a technique in which a person stands behind someone

choking, makes a two-handed fist, then performs quick upper movements under the victim's rib cage to dislodge something trapped in the airway.

Hughes' award citation states: "He (Estep) showed an unselfishness and compassion in his actions, which are all attributes we strive for in our lives and are very thankful you displayed on that day."

"Thank you so much for stepping outside and taking care of someone who needed it," Sartell Mayor Sarah Jane Nicoll said to Estep.

Then Hughes introduced Zimmermann.

"I was very thankful he was around," she said. "It was very scary, very scary, really really scary. I think he knew he was hurting me, but he just kept going, and he got the job done."

Turning to Estep at the podium, Zimmermann said to him: "And I want to thank you very much."

She and Estep, smiling at each other, shook hands.



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contributed photo

John Estep greets the woman he saved, Rosemary Zimmermann of Albany, after Estep was honored with a Lifesaving Award at the Sept. 24 Sartell City Council meeting.

Many meander down Memory Lane at Sartell birthday party

by Dennis Dalman
news@thenewsleaders.com

After children’s games, during a jazz-band performance, as people chatted and reminisced, pieces of birthday cake were served to celebrate Sartell’s 111th birthday Oct. 6 at the city’s community center.

The Riverside Jazz band played in the center’s large foyer for 90 minutes as visitors sat in chairs and enjoyed the music. Inside the senior center, people gathered to explore historical artifacts and videos of the city’s history. In the meantime, some of the visitors boarded a trolley car for a ride through the city to view historically significant buildings and sites.

The event was organized by Judy Morgan, a member of the Sartell Historical Society and also a member of the Sartell Senior Connection. Helping Morgan welcome visitors were four other local history enthusiasts: Diane Sartell, Kaye Wenker, former Sartell Mayor Bob Pogatshnik and Jeff Sartell.

Among the exhibits spread about on tables throughout the senior center were artifacts that evoked memories of the city’s early founding families, the Watab Paper Mill, the DeZURIK valve plant (now 90 years old), the fire department, the beginnings of the city’s own school district in the late 1960s, the popular Winter Haven festival held in the 1950s, the McCann-Wesler Ice House, and more.

One of the special guests was Joyce (Yozamp) McCann, who was the 1951 Winter Haven Queen. A video during the birthday party told the story of Winter Haven and of Yozamp’s coronation and the social swirl surrounding it. McCann watched the video and made various comments as memories popped up in her mind.

“Oh yes,” she said. “That’s me going up in the ski lift. Oh, I remember that well.”

Another exhibit featured a stereoscope, a device in which people would insert a card, then look through the eyepiece to see scenes in three dimen-

sions, a form of home entertainment many years ago. Near the stereoscope on the exhibit table were artifacts from Perry’s Bar (long defunct), including a T-shirt and a photo of the building.

Another intriguing artifact was a ledger book from some kind of business in Sartell in 1891. The mysterious book contains page after page of columns of charges and expenses written in the florid handwriting of yesteryear. The book was found some years back in the Jim and Myra Campbell house at 638 Riverside Avenue.

Yet another interesting exhibit, which surprised many visitors, was a table of photos and implements relating to ice-harvesting businesses decades ago on the Mississippi River above the dam in Sartell. The man greeting visitors to the exhibit was Jack McCann, now 81, whose grandfather, Archie Paul McCann, started two ice-harvesting businesses with partner Julius Wesler. The two men and their employees operated the businesses from 1935

to 1943. In one of the exhibit photos, there stands Jack as a boy beside his mother, Marguerite Sartell-McCann, while men cut blocks of river ice around them.

A printed handout at the exhibit, written by history author Bill Morgan of Sartell, gave highlights of the ice-harvesting business.

Before the widespread use of electricity, the only way to keep foods cold and fresh was to use chunks of river ice in chests that resembled to some degree wooden refrigerators.

Ice harvesters, Morgan wrote, would wait until the ice layer on the river was anywhere from 16- to 22-inches thick. Then they would shovel off the snow, mark off long strips along the ice, then, using long-tooth saws, cut the ice into huge rectangular blocks. Then the ice would be hauled off on wagons to area icehouses, including the McCann-Wesler Ice House in Sartell. To keep the ice nice and frozen through the coming summer, it was kept in the large ice house, covered

in a thick layer of sawdust from the sawing of logs at the Sartell paper mill, Morgan noted in his essay.

At the 111th Sartell birthday party, visitors were given a hand-out listing Sartell Fun Facts. The following are some of them:

- In 1997, entertainer Willie Nelson was in the area for a concert and played 18 holes of golf at the Sartell Golf Course.
- In July 2006, E. Zakrajshek caught a 42-inch muskie on the river.
- The Winter Haven snow train (1949-1954) brought 900 to 1,000 passengers to Sartell to join the popular winter event. Tommy Bartlett and the Lennon Sisters singers (later frequent performers on The Lawrence Welk Show) sang at Winter Haven.
- On April 1, 1930, the Riverview Casino opened for dances, wedding parties and other events. A sign outside the casino read, “Everybody Welcome, Ladies Free.” The casino closed in 1952.



photos by Dennis Dalman

Judy Morgan enjoys a chat with Jasper Bond of St. Cloud, who is a potter and a Civil War-history enthusiast. Morgan, a member of the Sartell Historical Society as well as the Sartell Senior Connection, spearheaded the 111th anniversary party of the City of Sartell at the Sartell Senior Connection, an all-day event Oct. 6. The woman in the background (middle) is Joyce (Yozamp) McCann, the 1951 Sartell Winter Haven Queen.



At the party for Sartell’s 11th anniversary at the community center, former Sartell Mayor Bob Pogatshnik (right) shares memories with Stan Symanietz, who works in sales at the DeZURIK plant in Sartell. Pogatshnik, now retired, worked for 45 years at DeZURIK, which just celebrated its 90th birthday. Pogatshnik is active in the Sartell Historical Society, helping to preserve the city’s precious artifacts for posterity.



Joyce McCann (nee Yozamp) (right) was a special guest at the 111th Sartell anniversary party Oct. 6 at the city’s community center. Yozamp was the Winter Haven Queen in Sartell in 1951 when the Haven activities attracted people from as far away as the Twin Cities and beyond. At the Oct. 6 party, McCann watched a video highlighting her coronation and reign as queen of the annual winter festival in what is now Watab Park. Next to McCann is Nancy Mulbey of Sartell.



A quartet of history buffs welcomes visitors to the 111th Sartell anniversary party Oct. 6 at the city’s community center. From left to right are Diane Sartell, former Sartell Mayor Bob Pogatshnik, Kaye Wenker and Jeff Sartell, who is a descendent of one of the city’s founders.

Mayor

from front page

with its human resources department.

Born in Brainerd, Peterson grew up in Fargo, N.D. He earned degrees at Concordia College and the University of North Dakota School of Law. His post-college work experience includes assistant Renville County attorney, assistant attorney for Stearns County, an associate attorney with the Eller Law Office, St. Cloud, and his legal work for the Guard.

Among his many duties and achievements as a city council member from 2007 to the present are: Tri-Recreation Board, Public Works Commission, Sartell Recreation Center Board, Area Planning Organization, Sartell acting mayor (twice), St. Cloud Area Joint Planning Organization, Sartell Personnel Committee, Sartell-Le Sauk Joint Planning Commission, City-School Committee alternate and Area Planning Organization alternate.

Peterson and his wife Kristina have two children – Devin, a senior at Sartell High School, and Lauren, a high-school junior.

Fitzthum

Ryan Fitzthum, 33, is branch manager at CH Robinson, a national third-party logistics company with a large office in Sartell.

Fitzthum was raised in Sartell and graduated from its high school. His father worked and coached in Sartell schools; his mother was an ICU nurse at St. Cloud Hospital. Fitzthum said his family was always active in the schools and the city.

“I can recall working side by side with my father and many other volunteers as we built the ice arena from the ground up,” he said. “Sartell was a great place to grow up. I’m running for mayor to keep that sense of community and ensure it remains the best place for my daughters to grow up.”

Fitzthum’s memberships, achievements and honors are many: captain on the Sartell Fire Department, board of Metro Transit, and a member of the Sartell-St. Stephen Education Foundation, United Way, Sartell-Le Sauk Township Joint Planning Commission, Mississippi River Partners Commission and Sartell school district Facilities Committee.

As part of his logistics job, he manages a complex supply chain throughout North America and is certified as a supply chain professional, project manager and as a Six Sigma Green Belt.

He and his wife received a “Friends of Police” award from the St. Cloud Optimist Club in 2016. They were nominated for that honor by the police department for creating a community police partnership.

Ryan and Cindy Fitzthum have three girls – Carly, 5; Rory, 2; and Elly, 9 months.

The following are both candidates’ responses to questions from the Newsleader:

Why are you qualified to be mayor?

Fitzthum: He said he and his family are totally dedicated to Sartell, the city where he was raised. As a council member, he has served willingly via appointments or volunteerism on many committees, thus gaining knowledge of every aspect of city governance. Living, working, playing in Sartell, he said, is what makes him want to make the city even better.

Peterson: Experience and leadership skills acquired during the past 12 years on the councils and from the many board and committee appointments he’s served have given him the knowledge and skills to lead the city at mayor.

What are the biggest challenges as Sartell continues to grow? Its biggest strengths and weaknesses?

Fitzthum: “Knowing one’s neighbor” and then growing a network of caring is vital to create a strong city, and that net-

work must be emphasized and expanded. Keeping an eye on development and growth is also important.

“Without accurate planning and long-range vision, we might someday regret the choices we make today,” Fitzthum said.

A “great school system” is one of the city’s biggest strengths, he said. One of his emphases as a council member, he noted, was to encourage work with the schools to diminish duplications and to enhance efficiencies to benefit both, with joint contracts and being able to leverage each other’s buying power.

Another strength, he said, is the public-safety system (police and fire) made possible by the “high-quality” police officers and volunteer firefighters. The new Public Safety Facility will be a big boost for the work they do, he said.

A city weakness is the aging roads, which he said are not the fault of the excellent public-works teams. The soil in Sartell has wreaked havoc on roadways, causing significant repair issues within 10 years rather than the expected 30-year normal lifespan of a road. A more permanent solution must be found now rather than repeating patch-job repairs constantly over and over.

Peterson: The biggest challenge is careful and responsible growth. Greatest strengths are school system, safe community, city workers and volunteers.

“We continue to have one of the best school systems in the entire state,” Peterson said. “We can continue to work cooperatively with the schools to provide resources where we can avoid duplication of services, such as outdoor fields.”

One weakness to the growth is the danger of growing without a thoughtful, responsible plan.

“The greatest weakness for Sartell is citizen concerns of not being heard and not being addressed by the council,” he said. “I want to be a mayor who is accessible to the citizens for any concerns or questions.”

Are you happy with how the Sartell Community Center turned out and its location? Which, if any, amenities should be added to it?

Fitzthum: He is “extremely happy” with the community center.

“We have beaten our finan-

cial projections each year,” he said. “It is a success story similar to what Bernick’s Arena was when it first opened.”

Fitzthum said he is happy about how businesses’ support enhances the center, including the Country Financial Light Festival at and near the center, which Fitzthum said is “one of the best winter festivals around.” Country Financial, he added, is considering a summer-concert series at the center. He also praised the Great River Regional Library system’s library service at the center. Fitzthum, his wife and daughters often go to the center, as well as his parents who enjoy activities in its Senior Connection or using the elevated walking track.

“I couldn’t be prouder of what we have built,” he said.

Peterson: “I am disappointed and voted against the current location. However, it is a nice building and we, as a community, need to do what is necessary to make the center a success. I believe we should follow the process of having the park commission make recommendations as to which amenities would best fit this location.”

Are taxes in Sartell too high, too low or just about right? If too high, how could they be reduced?

Fitzthum: He said taxes have long concerned him, even if the taxes don’t increase dramatically each year. After spending many hours with city staff reviewing taxes, Fitzthum said he came to realize Sartell is as efficient a city as it can be with what it has to spend. He also noted, independent auditors for years have praised Sartell for its wise management of finances.

“Sartell taxes are fair for the services they provide,” he said. “The key area of focus for me is growing our tax base rather than growing our tax rate.”

Peterson: I believe the city portion of taxes is about right. I have prided myself for the past 12 years on the city council as advocating for a responsible tax growth by keeping a lean budget without cutting into the services the citizens of Sartell expect and deserve.”

Are there ways to further enhance the Mississippi River at Sartell as a recreational and aesthetic shore-

line resource for both residents and visitors?

Fitzthum: “Yes!” he said. “Our greatest opportunity for this is the old paper-mill site.” It could be done perhaps with help from the state of Minnesota and federal redevelopment programs.

“I was there as a firefighter the days and weeks following after the explosion and fire and would love nothing more than being part of the team who helps rebuild it into a regional attraction,” he said.

Peterson: The fishing pier was a good start, though it is under-used. If elected, Peterson said he would advocate for such things as parks, allowing businesses to have patios on the river or allowing for water recreation to develop along the city portion of the river.



Peterson



Fitzthum

If you could wave a wand and make a wish happen, what would you like to see developed on the site of the former paper mill?

Fitzthum: He said at the paper-mill site he can envision shops, housing and recreation at the site, as well as a train stop for Northstar Commuter Rail. That would be a good way for Sartell residents to go to the Twin Cities for a sporting event or social gathering, as well as a way for Sartell’s hospitality industry to grow, Fitzthum said. Stillwater has achieved successes of that kind, he noted.

Peterson: He said he’d like the Northstar Commuter Rail service to connect at that property. There is an existing rail system, a great building and existing parking lot, he pointed out. Also the site, he added, is very close to Hwys. 10 and 15 and Interstate 94. Since the site is privately owned, the city would have to work with owners on any potential development, he added.

“I believe having Northstar there would also bring more economic development to Sartell,” Peterson said.

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There are citizen efforts underway to find or build a history museum in Sartell. Do you agree with those efforts? What kind of facility (new? repurposed?) would you favor?

Fitzthum: He said he is a strong supporter of preserving Sartell history, noting that many artifacts are now stored in homes and garages. He praised efforts of the Sartell Historical Society to preserve artifacts and historical memories and had special praise for high-school students who interviewed older residents and captured their thoughts for posterity.

Fitzthum said a museum could be located in a current or future building because constructing a building just for that purpose could be costly, including ongoing operational costs.

Peterson: “I absolutely support a history museum . . . I think preserving your history is a great gift to the future generations.” He said the city should consider existing buildings, at least to get a museum started with minimal impact on taxpayers.

How much – maximum – should the city spend to landscape a roundabout?

Fitzthum: It all depends, he said. Some roundabouts, due to location, need nothing more than grass on them while others in more strategic locations should be more decorative with flowers and a welcome sign. Thus, each roundabout landscaping must be considered one by one.

“I am fiscally conservative and regardless of the project, I do not want to spend a dime more than what is needed to achieve the goal!,” Fitzthum said.

Peterson: It should be a mini-

mal cost, he said. Planting native prairie grass would be fine since the grass wouldn’t need mowing and take little or no water and not require replanting, he added.

“I do not believe people come to a city to view roundabouts as a main attraction,” Peterson said. “Too many different plants could also be a dangerous distraction to drivers. Roundabouts are supposed to be functional traffic-control systems, not a highlight of a city.”

Are the police and fire departments in Sartell adequately funded for optimal public safety? If not, what are the current needs and how can the city help them realize those needs or lack of equipment into the future?

Fitzthum: As a captain on the Sartell Fire Department and someone who is very close to many of the Sartell police officers, he said, “I am confident our funding levels are appropriate. Sartell has always taken pride public safety, and I am confident we will continue to do so for many years to come.”

Peterson: Safety, he said, has always been a top priority of his as a council member. He also said he is a strong believer in the community-policing concept.

“The more positive interaction the police and fire departments have with the citizens, the better our city will be,” Peterson said. “I also believe a critical piece of safety for the city is to have a police officer within the schools. I have and will continue to advocate for police officers within the school system, allowing them to interact and build trusting relations with our children.”

Please feel free to share ideas on any aspect of life in Sartell and how best to maximize quality of life for its residents.

Fitzthum: “I am excited for the day when my girls looks back on their childhood and recognize that Sartell was a great place to live,” he said.

His goal is to continue to be active and engage as a Sartell leader.

“I have a strong internal drive to be active, rather than just show up at a meeting and cast a vote,” he said.

Peterson: He and his family moved to Sartell 15 years ago and lived, until recently, on the east side. Peterson said he is proud in helping develop a number of improvements, such as upgraded park shelter, fencing an irrigation system for baseball fields, as well as sidewalks and trails on the east side. He said he is proud to have served on the council for many years, and he is proud to see so many people every day use the city’s trail systems.

“That shows a vibrant city in which the citizens feel safe to be out and about within all parts of Sartell at all hours of the morning and evening,” he said. “Sartell is a great city, and I look forward to serving the citizens of Sartell for another four years as the mayor.”

Fitzthum’s campaign website is www.facebook.com/VoteRyanFitzthum

Peterson’s campaign website is “David Peterson for Sartell Mayor” on Facebook.

For exclusive video from the mayoral candidate forum on Oct. 11, visit the web version of this story at thenewsleaders.com.

Engineers to allow for variable road widths

by Dennis Dalman
news@thenewsleaders.com

Variable widths of existing and proposed roadways in east Sartell are now being proposed for what’s known as the East Side Reconstruction Project.

Sartell City Engineer Jon Halter shared a huge map of the proposed road project at the last City Council meeting. At a public hearing at the Aug. 13 meeting, many neighbors from east Sartell expressed concerns about reconstructing some roads too wide when width is not and has not been a problem in those quiet neighborhoods.

City staff, the council and the engineer listened to the neighbors’ concerns, restudied the road plan and decided that the neighbors were right – that variable widths would be the way to go. The project will begin next spring.

Current planning now calls for the following:

Along Second Avenue and Third Avenue, the street will be 28 feet wide with no parking

allowed.
Along Fourth Avenue NE., the road will be 36 feet wide.
Other streets will be 32 feet wide with parking allowed on just one side of the street.

The city standard for residential streets is 36 feet wide, with sidewalk, but in the neighborhood in east Sartell, most of which has not much through traffic, the variable road widths would be acceptable in some cases, the engineers decided.

The entire East Side Reconstruction Project includes road improvements, replacing or updating of the storm-water system, water mains and sanitary sewer lines and replacement of about 20 fire hydrants. A pond storage area will also be added. It will cost an estimated \$7,179,000. The overlay work will be paid entirely by the city and assessments to residents will help cover the other portions of the project.

The city’s total cost is \$6,628,000, which means about \$500,000 must be raised through assessments.

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Sartell firefighters warm hearts on a cold day



photos by Carolyn Bertsch
Warren Olmscheid, 4, of Sartell appears to be right at home inside this fire truck Oct. 11 at the Sartell Fire Department Open House. His dad, Brady, is a Sartell firefighter.



George Kockler, 3 months, dons a firefighter's hat as he and his mother, Holly, attend the Oct. 11 Sartell Fire Department Open House. George's father, Ben, is a Sartell firefighter. The Kockler family lives in Sartell.



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