

# Reaching Everybody! Newsleaders

Friday, March 6, 2020  
Volume 25, Issue 5  
Est. 1995

## Town Crier

### K of C dinner set March 8 for Pregnancy Resource Center

A spaghetti dinner and silent auction ultrasound fundraiser, sponsored by St. Cloud Area Knights of Columbus, will be from 5-7 p.m. Sunday, March 8, at the Eagles Club, 730 41st Ave. N., St. Cloud. Dinner is a free-will donation with all proceeds benefitting the Pregnancy Resource Center to help purchase two new ultrasound machines. If unable to attend, donations made out to Minnesota Knights Foundation may be mailed to Conrad Meier, KC Council 5548, 1430 Northway Place, St. Cloud, MN 56303.

### Sartell Farmers Market set March 7, April 4

Come join us for the final two winter markets of the season to be held from 10 a.m.-1 p.m. Saturday, March 7 and April 4. Discover local meats, eggs, canned goods, honey, salsa, treats, caramel corn, BBQ sauce, crafts and much more. We are located in Sartell Community Center, 850 19th St. S., near Coborn's on Pinecone Road.

### An Evening of Hope set March 21

What Would Bri Do?, a non-profit raising funds to build a grief lodge in Central Minnesota, will hold an Evening of Hope, including a silent auction, jewelry box raffle, wine/booze pull and live cash raffle on Saturday, March 21 at Holiday Inn & Suites, 75 37th Ave. S., St. Cloud. Social begins at 5 p.m.; dinner, featuring live music by Levi Pelzer, is at 6 p.m. Tickets are available at Eventbrite or MacKenzie's in Sartell. [www.brislodge.com](http://www.brislodge.com).

### Sartell Chamber to host community showcase

The Sartell Community Showcase, a free family-friendly event sponsored by the Sartell Area Chamber of Commerce and area businesses, will be from 9 a.m.-1 p.m. Saturday, March 7, at the Sartell Community Center, 850 19th St. S. Play games and explore local businesses in our community. This year the theme is game shows.

### SFX fish fry tonight

St. Francis Xavier Catholic Church has scheduled a fish fry from 4-7 p.m. Friday, March 6, in the school cafeteria, 308 Second St. N., Sartell. This is a matching grant fundraiser up to \$1,000; all proceeds benefit the children and youth of St. Francis Xavier community. Tickets will be sold at the door and at the parish and school offices.

Criers • Back page

## Student survey reveals behavior, mental health issues

by Mike Knaak  
[editor@thenewsleaders.com](mailto:editor@thenewsleaders.com)

Results of a recent survey of Sartell-St. Stephen school district students reveals students are smoking and drinking less but there's increased vaping in high school and more students are struggling with mental and emotional health.

School leaders discussed the results with the school board on Feb. 24. Sartell-St. Stephen fifth-, eighth-, ninth- and 11th-graders took the voluntary, anonymous

statewide survey.

"What we are seeing, is what the state is seeing as a whole," said Marie Pangerl, district assessment coordinator. "We are not an island. There's an increase across the state of vaping and mental health issues."

Middle school counselor Shannon Zinken said she was surprised in the shift in students' lack of confidence and ability to solve problems.

District leaders are using the results to guide how they adapt several programs already in place

to help students.

The district's Positive Behavior Intervention and Supports program lays out expectations for all students, teachers and staff. The program uses tiers of behavior expectations to support all students and includes more detailed expectations to help students who have increased needs.

The district is piloting a program called SAEBRs at Oak Ridge Elementary School and the plan is to implement it across the district. SAEBRs, which stands for Social, Academic, Emotional Be-

havior Risk Screener, involves a student completing a self-assessment and that data is compared with a teacher's assessment to determine what type of support the student needs.

Students are asked to describe their behavior to a variety of academic and behavior questions by choosing "never, sometimes, often or almost always" responses. Educators can then determine why there's a variance between the student and teacher responses and address the issue.

Survey • page 2



photos by Carolyn Bertsch

### Family fun at ORE

(Left) A family attempts a suggested exercise at the Oak Ridge Elementary School Family Fit event Feb 25. They are (left to right) Ephraim Mabrey, 9; Shannon Laporta and Uriah Laporta, 6, all of Sartell. (Above) Nora Nelson, 7, of Sartell looks at the book "Thelma the Unicorn," at the book fair. "I love books!" Nelson said.

## Watershed health requires citizen involvement

by Dennis Dalman  
[news@thenewsleaders.com](mailto:news@thenewsleaders.com)

The lands and waterways in the Mississippi-Sartell Watershed have greatly improved, but there is still a lot of work to do to preserve them as a precious resource, said a spokesman for the Minnesota Pollution Control Agency.

At the Sartell Community Center Feb. 27, Phil Votruba presented a slide show and talked about efforts to protect the watershed. Votruba is with the MPCA's Watershed Division, Brainerd office. The title of the meeting was Watershed Restoration and Protective

Strategy.

About three dozen people attended the meeting.

A major part of watershed protection comes from citizen input and citizen volunteerism, which has made a huge difference throughout the years, Votruba noted. In fact, the purpose of the Sartell meeting – and one previously in Royalton – was to gather public input on the best ways to protect the watershed's lakes, streams and rivers. Participants were invited to fill out a survey form at the meeting asking participants to circle three issues that must be dealt with to best

Watershed • page 3



photo by Dennis Dalman

Amanda Guertin (right) discusses her water-quality display with Jennifer Olson at the Mississippi River-Sartell Watershed informational meeting Feb. 27 at the Sartell Community Center. Guertin is a water-plan technician with the Benton Soil and Water Conservation District. Olson is a member of Tetra Tech, a consulting company that helps with projects of the Minnesota Pollution Control Agency.



**REIMBURSED STIPEND VOLUNTEER POSITIONS**

Lutheran Social Service of Minnesota is looking for volunteers, 55+ to serve in our LSS Companion Program. Our volunteers receive a stipend, mileage reimbursment and other benefits.

Contact Janel Heinen at 320.241.5173 or email Janel.Heinen@lssmn.org

www.lssmn.org | Janel.heinen@lssmn.org



**NOW HIRING TRUCK DRIVERS!**

Manion’s Wholesale is hiring truck drivers. We deliver building materials to Minnesota, North Dakota, South Dakota and Iowa. Home daily with an occasional overnight as needed. Hourly pay depending on experience.

Call Justin with questions at 320-266-8615 or apply in person at:

Manion’s Wholesale  
7705 305th St.  
St. Cloud





**NOW HIRING**

Forklift Operators • Production Workers  
Various shifts available

Apply in our St. Cloud office today!  
266 33rd Ave S, Suite 1, St. Cloud • 320-253-3850

**St. Stephen Optical**  
(formerly Index 53)

Larry Rudolph, Optician

306 Main St. E.  
St. Stephen, MN 56375

320-252-9380 Office  
320-252-6924 Home

Hours: 9 a.m.-5 p.m. Monday, Tuesday & Thursday; 9 a.m.-noon Wednesday; 9 a.m.-4 p.m. Friday

**BUSINESS DIRECTORY**

**AUTO BODY REPAIR**  
Auto Body 2000  
(behind Coborn’s in the Industrial Park)  
St. Joseph • 320-363-1116

**TRUCKING**  
Brenny Transportation, Inc.  
Global Transportation Service  
St. Joseph • 320-363-6999  
www.brennytransportation.com

Call the Sartell-St. Stephen Newsleaders at 320-363-7741 if you would like to be in the business directory.

**Survey**

from front page

The goal, Zinken said, is to identify kids needing help earlier and faster.

Using these tools, Superintendent Jeff Schwiebert said the district is “trying to make 100 percent of kids healthy and successful.”

The district is also partnering with the Center for Applied Resources and Educational Improvement at the University of Minnesota to coordinate social and emotional learning and teaching.

“Can we find a way to love them, give them a safe space,” Zinken, the middle school counselor, said. “We want to provide skills for students to be resilient. Install hope in kids. The lesson is to recognize their feelings, provide coping tools, one-on-one problem solving with parents....and not judge them.”

Some of the survey results highlight the increasing challenges.

When fifth-graders were asked “I feel good about myself,” nearly 25 percent responded “not at all” or “somewhat” in the most recent survey compared with 12.5 per-

cent three years earlier.

When fifth-graders were asked if they could properly express their feelings, 34 percent said “not at all” or “somewhat,” an increase from 18.6 percent in 2016.

More than 42 percent of fifth-graders said they only sometimes or not at all could deal with disappointment without getting upset.

More than a third of fifth-graders said they were not able or only sometimes able to deal with hard things in life.

School leaders have seen a slow, steady increase in thoughts about suicide and suicide attempts. The problem gets worse with older students. For example, 10.8 percent of high school juniors said they had attempted suicide in the last year or earlier. Three years ago, that number was 5.3 percent.

Zinken said school counselors have self-harm discussions with individual students weekly. Counselors try to connect students and families with professional community resources but there are not enough openings to deal with what’s actually going on.

Vaping questions weren’t asked in 2016, an indication of how quickly that product has become a problem. A third of

11th-graders report vaping at least once. Vaping products are illegal for people under 21.

Students who are caught vaping must enter a chemical diversion program that’s run with the school resources officers. Among other things, the program teaches about vaping dangers and its effects on the body. A student must then write a paper and present it to the resource officer and parents.

Schwiebert and the counselors say societal changes add to challenges of improving students’ mental health and behavior.

Social media, where students are always connected, is one of the dangers, Pangerl said.

Students’ self-confidence takes a hit when students are constantly being reminded online about what other students are doing or not doing, Zinken said.

There’s an increased role for educators outside the classroom too.

“We don’t have as many people in support of kids with an extended family as we used to have,” Schwiebert said. “How do we communicate with our families? What are our strategies for kids who don’t have support at home?”

**Obituary**

**Pearl M. Cordie, 98**  
**St. Cloud**  
**Sept. 23, 1921-Feb. 26, 2020**

Pearl M. Cordie, 98, of St. Cloud, died Feb. 26 at the Country Manor Campus in Sartell. The Rev. Scott Pogatchnik will officiate. Her funeral will be at 11 a.m. Saturday, March 7 at St. Mary’s Cathedral, 25 Eighth Ave. S., St. Cloud. Burial will be in St. Thomas Aquinas Parish Cemetery in St. Paul Park at a later date.

Visitation will be from 4-7 p.m. Friday, March 6, at the Daniel Funeral Home, 1010 Second St. N., St. Cloud. Visitation will also be from 10 a.m. until the time of the service on Saturday at the church.

Cordie was born on Sept. 23, 1921 to Albert and Mary (Meyer) Schlagheck in St. Cloud, Minnesota. She grew up in the St. Cloud area, graduating from Technical High School in 1939. She honorably served her country in the U.S. Women’s Army Corps during World War II; stationed in the Philippines from 1943-1945. She married Edward J. Cordie on Aug. 30, 1948 at St. Mary’s Cathedral in St. Cloud. In 1955, they moved to Newport where they lived for 18 years. After Edward’s death in 1973, Pearl returned to the St. Cloud area. She worked for Stearns Manufacturing for 13 years, retiring in 1986. She was a member of St. Mary’s Cathedral and the St. Cloud VFW Granite Post #428.


Cordie was a loving mother, grandmother and great-grandmother who enjoyed spending time with her family. Her grandchildren were her world and she was a loyal, proud and supportive example of womanhood for them. She will be remembered for being a strong and independent woman, whether she was shoveling snow before going to work or getting her driver’s license in her 50s. She was a devout Catholic and gave her time and talents by volunteering at Church. She also enjoyed watching the Minnesota Twins, going for walks, anything chocolate and sitting on her porch with a beer and potato chips with her friends and family.

Survivors include the following: her son, Thomas (Sandra) of Sartell; granddaughters, Tasmin of New Jersey, Lissa (Andrew) Carlson of New Mexico and Alison (Jeremy) Thomas of Vermont; great-granddaughters, Laila and Adalyn Nikodym, Willow Thomas and Ivy Carlson; brother, Dale; sister, Bernice Dillon; sisters-in-law, Cleo Schlagheck and Betty Schlagheck; and many nieces, nephews, other relatives and friends.

She was preceded in death by her parents; husband, Edward; brothers, Emil (Mary), Ward (MaryKay), Alan, Omar and Orville; sister, Beatrice; sister-in-law, Helen Schlagheck; and brother-in-law, William Dillon.

A special thank you to the staff of Country Manor Campus for their loving and compassionate care of Pearl. A special thanks also to Pearl’s neighbors, Dolly and Mo Roche, for their help and friendship with Pearl, and her brother, Dale, who faithfully brought communion to Pearl at Country Manor.

In lieu of flowers, memorial are preferred.



**Cordie**

Sartell-St. Stephen • St. Joseph

Reaching Everybody!

Newsleaders

Newsstands

Coborn’s - Riverside  
Country Manor  
Country Store & Pharmacy  
Hardee’s  
Holiday on 7th  
Holiday - Riverside  
House of Pizza

Kwik Trip  
Little Dukes - Pinecone  
The Newsleaders office  
Sartell City Hall  
School District Offices  
SuperAmerica  
Walgreens

www.thenewsleaders.com

Published each Friday by Von Meyer Publishing Inc.

The Sartell-St. Stephen Newsleaders is the legal newspaper for the Sartell-St. Stephen school district and city of St. Stephen

Publisher/Owner  
Janelle Von Pinnon

Designer  
Nina Henne

Editor  
Mike Knaak

Assignment Editor  
Carolyn Bertsch

Newsleader staff members have the responsibility to report news fairly and accurately and are accountable to the public. Readers who feel we’ve fallen short of these standards are urged to call the Newsleader office at 320-363-7741. If matters cannot be resolved locally, readers are encouraged to take complaints to the Minnesota News Council, an independent agency designed to improve relationships between the public and the media and resolve conflicts. The council office may be reached at 612-341-9357.

1608 11th Ave SE, St. Cloud, MN 56304

mailing address: 1622 11th Ave SE, St. Cloud, MN 56304

Phone: (320) 363-7741 • E-mail: news@thenewsleaders.com

POSTMASTER: Send address changes to ST. JOSEPH NEWSLEADER, 1622 11th Ave SE, St. Cloud, MN 56304.



# Watershed

## from front page

protect the watershed. The 11 options on the survey were row crop agriculture, feedlot practices, pastured areas, lake management, stream bank erosion and channelization, altered hydrology, septic systems and wastewater, climate change, urban storm-water runoff, irrigation and ground-water levels, and source water protection. There was a blank spot on the survey for “Other.” Survey responses will be tabulated and shared in future planning processes.

At the Sartell meeting, booths were set up around the room, each featuring charts, maps, photos and information brochures about one aspect or another about the watershed – its value for health and recreation and the challenges to its preservation. Besides the MPCA, others involved in the presentation were members of the Benton Soil and Water Conservation District and Tetra Tech, a consulting and engineering firm that helps with MPCA programs.

A watershed is a land area that drains into a lake, stream or river. It includes natural and man-made drainage systems, such as ditches and storm sewers.

The Mississippi-Sartell Watershed is one of the largest in Minnesota – one of 80. Its land use is 97 percent agricultural. Votruba said the 80 watershed divisions are somewhat arbitrary (with some more complex and larger than others), but small as some may be, the boundary lines are designated to facilitate specific planning and projects within each one, Votruba added.

The Mississippi-Sartell Watershed includes parts of the counties of Stearns, Benton, Morrison, Mille Lacs, Crow Wing and Todd. Its main cities are Sartell, Avon, Albany, Pierz, Rice and Royalton.

Some of the threats to water quality in the watershed are the following:

- Loss of shoreline habitat due to developments.
- Large amounts of phosphorus, sediment and bacteria in waters.
- Stormwater runoff.
- Nitrates and other contaminants in well water.

- Loss of water-related native species due to the introduction of invasive species.
- High-impact land use near sensitive areas of the watershed.
- Risk of harmful bacteria in drinking-water sources.
- Stream-flow changes due to human-activity impacts.

Votruba said the MPCA has been working in partnership with federal, state and local agencies, as well as watershed residents, to restore and protect the watershed. A recent example of that partnership is the Little Rock Lake and River Drawdown Project. Last summer, the lake level and connected river level north of Sartell to Rice was lowered by 3 feet. It was an effort to restore water quality and included thousands of plantings in the exposed portions of the lake. That ambitious project was done as a partnership among many, including the DNR, the Little Rock Lake Association, local Boy Scouts and hundreds of citizen volunteers.

Votruba said the role of citizen input and volunteerism cannot be overestimated. By

learning about the watershed, by volunteering and by doing simple at-home projects, everyone can contribute to the watershed’s health, he noted. A cost-sharing program is available for preventive and restoration projects, funded through the year 2034.

In one of the slides of his presentation, Votruba showed just how bad water quality was in the Mississippi River and other waterways decades ago. The slide was a photo, taken in 1927, of a huge sewer pipe discharging millions of gallons of raw sewage into the river at St. Paul. At that time and in the years later, many people did not even know what the word pollution meant. Slaughterhouses for decades discharged massive amounts of animal parts right into the river. Other companies polluted the river with industrial waste. The river, Votruba said, was so bad-about the only living thing that could thrive in it were intestinal worms. Thanks to restoration, the river now teems with fish, birds and other forms of life.

The 1972 federal Clean Water Act finally set in motion

widespread efforts to restore the health of rivers and other waterways. That work continues with the ongoing partnerships, including the MPCA and local agencies and residents.

Here are some of the simple changes residents can make to help keep the Mississippi River-Sartell Watershed healthy:

- Maintain a natural shoreline.
- Learn about and implement best-management practices in agriculture.
- Manage livestock waste.
- Reduce the use of road salt and de-icing products.
- Plant a rain garden on the lawn to collect and drain runoff water.
- Keep storm and drain gutters clear of debris and pollutants.
- Use all fertilizers with care and restraint.
- Maintain one’s septic system.
- “Leave no trace” when visiting wildlife areas and waterways. Obey the advisory signs.

For more information, visit [www.facebook.com/MissSartellWRAPS/](https://www.facebook.com/MissSartellWRAPS/)

## People

More than 600 fans turned out at Bernick’s Arena in Sartell on Jan. 25 as the **Blattner Energy Hockey Team** hosted a free fundraising hockey game with the **Minnesota Warriors** veterans team that resulted in corporate, private and at-the-door donations topping \$29,000 to benefit the veteran’s non-profit club. The funds raised will be used to help to expand the organization to the southern part of Minnesota to involve veterans in that area; help support the newly created Minnesota Warrior Women’s Ice Hockey Team; and fund ice rental, travel and lodging costs plus league fees for teams who otherwise pay out of their pockets for those expenses.

**Two Sartell students** recently graduated from North Dakota State University, Fargo. **Naomi Kaas** graduated with honors for earning a 3.5 grade-point average or higher. She received a bachelor’s degree in English. **Sam Brown Krauel** earned a bachelor’s degree in pharmaceutical sciences.

**Two Sartell students** were named to the fall semester dean’s list at Bethel University, St. Paul. The students are sophomore **Allison Bunkers** and senior **Brooke Hubert**. The dean’s list honors students who achieve a grade-point average of 3.6 or higher.

**Dylan Notsch** of Sartell, a civil engineering major, was named to the fall semester dean’s list at the University of Wisconsin-Platteville. The College of Engineering, Mathematics and Science requires students to reach at least a 3.50 grade-point average.

**Matt Coran** has joined the Sartell-St. Stephen Education Foundation Board of Directors. Coran is a 2003 graduate of St. Cloud State University. After graduation, Coran joined American Heritage Bank and has been there ever since and currently serves as the St. Cloud market resident. He and his wife, Grace, have three children and have lived in Sartell since 2007.

**Nine Sartell students** graduated from St. Cloud State University during ceremonies on Dec. 20. The students are **Kyle Erickson**, bachelor’s in mass communications; **Alex Mayer**, bachelor’s in finance and real estate; **Jackson Miller**, bachelor’s in elementary/K-6 education; **Samantha Mills**, master’s in special studies; **Dylan Noehring**, bachelor’s in marketing, magna cum laude; **Mia Piwowar**, Bachelor of Arts, Business Economics, cum laude; **Darek Stachowski**, bachelor’s in sociology-interdepartmental, cum laude; **Stephanie Wang**, bachelor’s in accounting, cum laude; and **Logan Weihs**, bachelor’s in technology management, cum laude.

## PUBLIC NOTICE

### SARTELL-ST. STEPHEN SCHOOL DISTRICT ADVERTISEMENT FOR BIDS

The Sartell-St. Stephen School District is accepting bids for:

Sartell Middle School (Riverview Intermediate) Updates

Work will include multiple bid packages for the following types of work: interior demolition, concrete cutting, concrete foundations and slabs, structural steel supply, structural steel install, roofing, metal wall panels, metal stud framing and drywall, flooring, paint, acoustic ceilings, interior storefronts and glazing, hollow metals doors and frames, Architectural Casework Division 10 specialties, Fire Suppression, Mechanical, Plumbing and Electrical.

Sartell-St. Stephen School District will receive sealed bids at the District Service Center on March 26, 2020 at 2 p.m. CST. Bids should be delivered to 212 Third Ave. N., Sartell, Minnesota. Attention Joe Prom.

A pre-bid conference will be held March 12, 2020 at 4 p.m. at Sartell Middle School. The pre-bid will consist of a short meeting to discuss the project, and a tour of the areas of work.

Plans will be available on or after March 3, 2020. Contact the office of Bradbury Stamm Construction-Winkelmann Office for document access at 320-253-2411 or [lgruen@bradburystamm.com](mailto:lgruen@bradburystamm.com).

Publish: March 6, 2020

## We drill wells year round.

Winter, spring, summer or fall, our drill rigs are hard at work. We’re committed to providing the best possible water supply, no matter what time of year it is!

Don’t wait, give us a call today.

# TRAUT

COMPANIES

320-251-5090

141 28th Ave. S.  
Waite Park, MN

[trautcompanies.com](http://trautcompanies.com)

Come see us at the  
**CMBA HOME &  
LIFESTYLE SHOW**  
**March 13-15**

St. Cloud River’s Edge  
Convention Center

# WE KNOW WATER



## ACCURATE HEARING SERVICES

*“Life is better with Accurate Hearing.”*

- Free Hearing Screenings • Hearing Aid Sales & Service
- Clean & Check All Hearing Aid Brands

320-258-4494 or 1-888-407-4327  
161 19th St. S. • Ste. 111 • Sartell  
[www.accuratehearingervices.com](http://www.accuratehearingervices.com)



People



contributed photo  
**Haley Hennen (cello) and Mady Bertsch (violin) received Excellent and Superior ratings respectively at the Orchestra Solo and Ensemble competition in Willmar. This was the first year Sartell High School students competed in the contest.**

**Brady Jackels** of St. Stephen graduated from St. Cloud State University on Dec. 20 with a bachelor's degree in finance.

**Kayla Nelson** of St. Stephen was named to the fall semester dean's list at the University of Minnesota-Twin Cities. To qualify for the dean's list, a student must complete 12 or more letter-graded credits while attaining a 3.66 grade-point average.

**Twenty Sartell students** were named to the fall semester dean's list at the University of Minnesota-Twin Cities. To qualify for the dean's list, a student must complete 12 or more letter-graded credits while attaining a 3.66 grade-point average. The students are **Mohammad Alkhatib, Rita-Marie Chediac, Amna Dogar, Cami Doman, Sadie Folsom, Aline Glazos, Caroline Gruebele, Isabel Gugger, Kathleen Hart-han, Kali Killmer, Allison Koopman, Kirsten Koskin-en, Madison Molitor, Emma Rasmussen, Jialong Ren, Lucas Ryan, Isaac Schneider, Abby Silman, Rory Spanier** and **Matthew Weno**.

**Thirteen Sartell students** were named to the fall semester high honor and honor lists at the University of Minnesota-Mankato. Students qualified for the high honor list by



contributed photo  
**Sartell PeeWee A Hockey team took first place in District 5 playoffs on Feb. 23 at the Municipal Athletic Complex. Team members are (front row, from left) Jack Michaud, Adam Holien, James-on Schmitz, Shaun Paulson and Caleb Thompson; (middle row) Landon Hilger, Carson An-del, Owen Oxtan, KJ Sauer, Drew Bollinger and Tanner Burris; and (back row) Jake Volker, Caden Vos and Brayden Klande. Coaches are Kent Sauer, Will McCabe, Pat Michaud, Jeff Bollinger and Chad Holien.**

achieving a 4.0 grade-point average and qualified for the honor list by earning a 3.5 to 3.99 grade-point average. **Madeline Davis, Sydney Dille and Kira Haglin** were named to the high honor list. **Anna Bak-ken, Emma Boenish, Kendra Bokelman, Madison Dobis, Mathew Huver, Madeline O'Rourke, Izabella Peder-son, Megan Pederson, Tay-lor Schmidt and McKenzie Specht** were named to the honor list.

**Jenna Yang** of Sartell was one of more than 2,800 Uni-versity of Iowa students who participated in the 26th annual student-led Dance Marathon that raised more than \$2.8 million for the University of Iowa Stead Family Children's Hospital. Students, Dance Marathon leadership mem-bers and volunteers remained standing from 7 p.m. on Feb. 7 to 7 p.m. Feb. 8 to symbol-ize their support for the fight against pediatric cancer.

**Five local students** were named to the fall semes-ter dean's list at St. John's University. The students are **Dean Amundson, Ethan Ber-ndt, Elliot Edeburn, Benja-min Hoeschen and Brandon Kramer**. To be included on the dean's list, students must have a semester grade-point average of at least 3.80 and have completed 12 credits.




contributed photo  
**Sartell High School sophomore Twila Lefebber was selected as a member of the 2019-2020 Minnesota Band Directors Association 9-10th Grade Honor Band. Twila was selected from 260 stu-dents for one of the 89 positions in the group. The Honor Band will perform a concert at Marshall High School on April 19.**

**Six Sartell students** have been named to the fall semes-ter dean's list at the College of St. Benedict, St. Joseph. The students are **Madison Fla-herty, Shelby Hall, Brean-na Hess, Haven Licht, Mol-ly Mahowald and Hannah Wohletz**. To be included in the dean's list, students must have a grade-point average of at least 3.80 and have com-pleted 12 credits.

**Jacob Schumacher** of Sar-tell graduated with a bache-lor's degree in biology Dec. 15 from the University of Wiscon-sin-Madison.

Rice Companies expands to Fargo

Rice Companies announced that the 67-year old design-build company added a Fargo location on March 1. The Fargo office will be the fourth location for Rice Companies. Headquartered in Sauk Rapids, Rice Companies also has offices in Glencoe and Mankato. Rice offers in-house archi-tectural, construction manage-ment, skilled field crews, real estate brokerage, maintenance and development services.



The Foster Grandparent Program is looking for volunteers!

**Locations:**

- Child care centers - *rocking babies!*
- HeadStart programs
- Elementary schools
- Jr High & High Schools

**Requirements:**

- Enjoy working with children
- 55+
- Commit to 260 service hours a year
- Background check

**Benefits:**

- Monthly trainings
- Tax-free Stipend/Mileage Reimbursement
- Positively influence future generations

For information, contact Sara Heurung: (320) 229-4589 or SHeurung@ccstcloud.org

**CARLSON CROSSING TOWNHOMES**

We are accepting applications for two-bedroom and three-bedroom townhomes in St. Joseph, a multi-family development with close amenities and entertainment, nestled in a quiet residential area. Rent based on income.

FOR RENTAL INFO CALL 320-557-0195 or email ccrossing@brutgerequities.com

Professionally managed by



Income guidelines apply.

**Home for sale by owner**

**Home on 4+ acres**

**\$250,000**

**James & Kathleen Vouk**

**320-290-9160**





photos by Carolyn Bertsch

**Bingo!**  
(Above) A family huddles together around a box of pizza on a gym floor Feb. 21 while waiting to play Bingo at Pine Meadow Elementary School. The event, now in its ninth year, is very well attended. Pictured from left to right are Idara Etop, 7; Eliora Etop, 13; and Kelly Emmanuel, all of Sartell. (At right) Sydney Schlangen, 7, of Sartell, and her father, Kyle, shop for a prize after winning at Bingo at Pine Meadow Elementary.



# Sartell Democrats pick Biden in primary

by Mike Knaak  
editori@thenewsleaders.com

Sartell voters overwhelmingly preferred Joe Biden over other Democratic candidates in the March 3 Presidential Nominating Primary.

Biden finished with 627 votes compared with Sen. Bernie Sanders, who received 423 votes.

After the Feb. 29 South Carolina primary ended with a strong finish for Biden, Sen. Amy Klobuchar and Pete Buttigieg dropped out of the race and endorsed Biden. On March 4, Mike Bloomberg dropped out and he also backed Biden.

Here are the Democratic candidate totals:

<b>Joe Biden</b>	<b>627</b>
<b>Bernie Sanders</b>	<b>423</b>
<b>Elizabeth Warren</b>	<b>195</b>
<b>Michael Bloomberg</b>	<b>127</b>
<b>Amy Klobuchar</b>	<b>75</b>
<b>Pete Buttigieg</b>	<b>16</b>
<b>Others</b>	<b>11</b>

Only Donald Trump’s name appeared on the Republican ballot. He received 394 votes.

The Sartell results matched statewide results with Biden picking up 39 percent of the votes followed by Sanders with 30 percent, Warren with 15 percent, Bloomberg 8 percent and Klobuchar 6 percent.

This year’s primary was the first since 1992, replacing presidential nominating preferences at precinct caucuses.



Biden

## Blotter

*If you have a tip concerning a crime, call the Sartell Police Department at 320-251-8186 or Tri-County Crime Stoppers at 320-255-1301, or access its tip site at tricountycrimestoppers.org. Crime Stoppers offers rewards up to \$1,000 for information leading to the arrest and conviction of those responsible for a crime.*

**Feb. 18**  
5:30 p.m. Theft. Roberts Road. A complainant reported items had been taken out of their vehicle over the weekend. The officer contacted the owner of the property to see if video surveillance is available. A stolen property report was completed.

**Feb. 19**  
2:30 p.m. Traffic stop. Riverside Avenue. An officer observed a driver of a vehicle with a suspended license. The officer contacted the driver and smelled marijuana in the vehicle. The officer searched the vehicle and found marijuana along with paraphernalia in the glove box. The driver was cited for the in-

fractions.

**Feb. 20**  
2 p.m. Welfare check. Benton Drive and First Street N. A complainant called 911 regarding an individual who was walking down Benton Drive with a vehicle following slowly behind. An officer contacted the individual, but they refused any police assistance.

**Feb. 21**  
10 p.m. Traffic stop. CR 120. An officer witnessed a driver acting suspiciously. The officer contacted the driver. The driver of the vehicle was cited for driving with an instructional permit.

**Feb. 22**  
6:30 p.m. Intoxicated person. Amber Avenue S. Officers were dispatched to an apartment complex where an individual was laying on the floor in the hallway. Complainant believed the individual was on drugs. Officers restrained the individual so they could not hurt themselves. Mayo ambulance transported the individual to St. Cloud Hos-

pital.

**Feb. 23**  
Midnight. Traffic stop. Hwy. 15 and CR1. An officer working a Towards Zero Death shift witnessed a vehicle driving erratically. The officer contacted the driver about their driving conduct. The driver was given a verbal warning.

**Feb. 24**  
9:15 a.m. Traffic stop. First Street. An officer witnessed a vehicle speeding and passing in the center turn lane. The officer contacted the driver and discussed the infractions.

**Feb. 25**  
2 p.m. Welfare check. 22nd Street S. A person called 911 asking for a welfare check on an elderly individual. The caller had not been able to reach the individual for a few days. An officer was dispatched to the residence. Upon arrival the officer made contact with the individual and was assured all is OK.

**Feb. 26**  
9:30 a.m. Community policing. 19th Street S. Sartell’s Community Service Officer enjoyed engaging with children while reading stories at the Sartell Community Center.

**Feb. 27**  
4:30 p.m. Verbal dispute. 16th Avenue N. Officers checked on a report of a couple loudly arguing in their driveway. Upon arrival the officer made contact with the couple as they were leaving. Officers discussed ways to diffuse situations like this in the future.

**Feb. 28**  
1 p.m. Hazard. Second Street S. and Pinecone Road. A complainant reported a vehicle pulling a U-Haul utility trailer with smoking brakes. The officer surveyed the area but was unable to locate the vehicle.

**Feb. 29**  
5:45 p.m. Assist agency. Riverside Avenue N. & 22nd Street. An officer assisted another agency by standing by during

field sobriety tests to ensure officer safety.

**March 1**  
10 p.m. Juvenile problem. Rolling Green Court. An officer was dispatched to a neighborhood after receiving a complaint regarding kids ringing doorbells and running away. The caller reported kids might still be in the area. The officer surveyed the area but was unable to locate the kids.

**March 2**  
2:15 p.m. Traffic stop. CR 1 and River Oaks Lane. An officer conducted a traffic stop on a vehicle with a suspended object hanging from the rear-view mirror that could obstruct the driver’s sight. The driver did not speak English. The officer used Google translate to communicate. The driver provided a medical insurance card but had no proof of insurance or a valid drivers license. The driver was issued a citation for not having insurance on the vehicle as well as driving without a valid license. The vehicle was towed.





© ADOBE STOCK

# Perks of Online Bill Pay

Forgetting to make payments on time can damage credit and rack up late fees. See if your bank offers online bill pay.

Before enrolling, sit down with your banking facility to ensure your online presence is secure. Inquire about how they protect your information. Once you're confident

that your information is safe, get to clicking and kiss those late fees goodbye.

### SET UP PAYMENT SCHEDULE

Whether you want to make a one-time payment or schedule monthly installments, online bill pay makes it simple.

Here are some of the ways each type offers its own advantages.

**One-time:** Making single payments online is much

quicker than paying by paper check and usually avoids fees which come with automated phone services. You can also schedule payments at a later date; it's great for remembering annual fees like taxes or annual subscriptions.

**Monthly schedule:** The main advantage to scheduling monthly installments is knowing your bills are paid on time. When your payments are automatically deducted, it helps users maintain a budget and avoid overdraft fees.

Check with your providers to learn about auto-pay discounts.

### ANALYZE YOUR SPENDING

Many online services also offer tools that track your spending habits. You may be surprised at where your money is going and how you can cut corners to boost your savings by analyzing your spending. In addition to daily spending, keep an eye on your monthly payments to

ensure costs aren't increasing.

### RECEIVE NOTIFICATIONS

According to the Insurance Information Institute, 16.7 million Americans fell victim to identity fraud in 2017. Take advantage of notifications when your account has suspicious transactions, when bills have been paid, and constant updates on your available balance. When you are in tune with your account, it's easier to catch identity theft risks quickly.



## Convenient payments. *Anywhere you go.*

With the StearnsConnect online and mobile banking platform, your **Above the Norm™** checking and savings accounts are simple to manage and rewarding to use.

- Check balances, transactions and deposits
- Stay informed with email and text alerts
- Don't miss a beat with online bill pay
- Find in-network ATM and bank locations
- View online statements

For convenient banking, visit **StearnsBank.com** or call **(320) 253-6607**.



**STEARNS**  
**BANK** N.A.

Follow us    | [StearnsBank.com](https://www.stearnsbank.com) |  



# Get Back to the Basics of Brushing

Brushing your teeth has gone high-tech. There are apps that tell you exactly how long to brush. You can find smart toothbrushes that optimize the brushing experience.

But if you still have trouble staying consistent with your brushing habits, consider the following brushing basics from the Mayo Clinic to improve your oral health.

Brush your teeth twice a day. Take about two minutes to do a thorough job.

Clean your tongue. We may not always remember to use our toothbrush or tongue scraper, but this is an important part of your oral health. Your tongue contains bacteria, which can lead to other health issues if not cleaned properly.

Use the best equipment. This includes a fluoride toothpaste and a soft-bristled toothbrush that fits your mouth comfortably.

Practice makes perfect. Remember to hold your toothbrush at a slight angle. Gently brush with a circular motion. Brush too hard, and you can damage your gums and possibly your enamel.

Keep it clean. Always rinse your toothbrush with water



© ADOBE STOCK

after brushing and store your toothbrush in an upright position to allow it to air out.

Replace your toothbrush often. The Mayo Clinic recommends investing in a new toothbrush or a replacement head for your electric or battery-operated toothbrush every three months.

### BECOME THE BOSS OF FLOSS

No matter how well you brush, you'll likely miss some of the food and bacteria in the tight spaces between your teeth, not to mention the hard-to-reach gum line.

Here are some flossing tips to complement your brushing

basics.

Use floss generously. The Mayo Clinic suggests breaking off about 18 inches of floss per usage. Wind most of the floss around the middle finger on one hand, and the rest around the middle finger on the other hand.

Get a grip. Experts recom-

mend you grip the floss tightly between your thumbs and forefingers but remember to gently guide the floss between your teeth using a rubbing motion.

Don't forget the gums. When the floss reaches your gum line, curve it against one tooth, making a "C" shape.

## We are currently accepting new patients!

CALL TO SCHEDULE AND COMPLETE YOUR NEW PATIENT EXAM BEFORE JUNE 30, 2020 AND IF YOU MENTION THIS AD YOUR NAME WILL BE ADDED IN A DRAWING FOR A PRO-SYS ELECTRIC TOOTHBRUSH!

- CHECK-UPS
  - CLEANING
  - COMPREHENSIVE DENTAL CARE
  - COURTEOUS & HELPFUL SUPPORT STAFF
  - CROWNS
  - ESTHETIC DENTISTRY
- FILLINGS
  - IMPLANT RESTORATION
  - PERSONALIZED TREATMENT
  - PLEASANT ATMOSPHERE
  - ROOT CANALS
  - SEALANTS



DR. ANDREW  
WILCOX D.D.S.



DR. KESHIA  
MILBAUER D.D.S.



*Come check us out!*

1201 FRANKLIN AVE.  
SAUK RAPIDS, MN 56379  
(320) 253-4242

WWW.WILCOXFAMILYDENTISTRY.COM



# Natural Teeth Whitening Myths

Teeth whitening tips, tricks, trays and treatments abound. The tricky thing about keeping our pearly whites bright and healthy is knowing exactly how to go about it.

But how do we know if these methods are effective or safe? Can we be sure we aren't putting our oral health in jeopardy by using some of these DIY methods? Let's break down a few together.

**ACTIVATED CHARCOAL**  
There are many activated charcoal toothpastes on the market that claim scrubbing your teeth with their ingredients will whiten your smile. There is actually no evidence that shows dental products with charcoal are safe or effective for your teeth, according to the September 2017 issue of the Journal of the American Dental Association.

**ACIDIC SOLUTIONS**  
Some DIY whitening articles maintain you can make your teeth whiter and brighter using household staples like lemons, oranges or apple cider vinegar. The American Dental Association warns against using these ingredients as a scrub, as acid can wear away your enamel. This thin outer



© ADOBE STOCK

coating protects you from tooth sensitivity and cavities.

**SOLUTIONS THAT WORK**  
The ADA recommends the following behaviors to keep your teeth white and healthy:  
Brushing your teeth twice a day for two minutes.

- Use a whitening toothpaste with the ADA Seal of Acceptance.
- Cleaning between your teeth once a day.
- Limiting foods that stain your teeth, like coffee, tea and red wine.
- Not smoking or using

tobacco.  
Regular visits to your dentist for checkups and cleanings.  
If you want whiter teeth, check in with your local dental professional to get their recommendations. They may suggest specific toothpaste, or they may offer safe whitening

treatments in the office.  
Regardless, getting their professional advice is always preferred versus relying on your own research or DIY methods. Book an appointment with your dentist today to discuss your whitening options.

# HELPING FAMILIES SMILE!

## LAWSON family dental

2395 Troop Drive #101 Sartell • 320-252-6191  
lawsonfamilydental.com

Dr. Michael Yapel and his orthodontic team are committed to providing outstanding orthodontic care for children, teens and adults throughout Central MN.

Michael J. Yapel D.D.S., M.S.  
Specialist in Orthodontics

[www.yapelortho.com](http://www.yapelortho.com)  
(855) 251-7109

**YAPEL ORTHODONTICS**

YAPEL ORTHODONTICS OFFERS FREE INITIAL EXAMS

*Creating straight, beautiful smiles*

St. Cloud-Sartell | Big Lake | Little Falls

## Drs. Styles, Cotton & Milbert Family Dentistry

Styles, Cotton & Milbert  
Preventative, Esthetic & Restorative Dentistry

**A relaxing atmosphere for your comfort**

*Dr. Joseph Styles • Dr. Curt Cotton  
Dr. Kelsey Milbert*

*Your satisfaction is our main concern!  
New Patients Welcome*

**320-363-7729**  
1514 E. Minnesota St., P.O. Box 607  
St. Joseph, MN 56374



# Helping Kids Improve Oral Care Habits

The earlier you start educating your child about good oral health, the more likely they will be to continue these healthy habits later in life. Tooth decay is one of the most common chronic diseases among children in the United States.

According to the National Center for Health Statistics, a 2011 survey found that more than 15 percent of American children ages 5 through 19 had untreated cavities. Tooth decay is four times more common in adolescents than asthma, according to the Centers for Disease Control and Prevention.

While these statistics may make you feel like sprinting to your child's dentist in a panic, remember that you are the most influential example in your household. What you do and how you teach your kids to take care of their teeth is crucial to their oral and overall health.

**WHEN TO SEE A DENTIST**  
Your child should be seeing their dentist at least twice a year. If you are concerned with anything outside of those visitation time periods, be sure to call your dentist.



© ADOBE STOCK

Here are some warning signs from the American Dental Association that definitely require a check-up.

- Red, tender or swollen gums
- Gums that bleed during brushing or flossing
- Gums that begin pulling away from the teeth
- Loose permanent teeth

Unusual sensitivity to hot and cold  
Persistent bad breath or an unusual taste in the mouth  
Painful chewing

**HOW TO SET A GOOD EXAMPLE**  
Remember that your child is watching your every move when it comes to dental care.

You are their behavior model, so try to keep up on your own oral health to make a difference in their lives. Here's how:  
Don't skip the dentist. A good way to keep everyone on the same schedule is to make family dental appointments for checkups and routine cleanings. This will help your children see visiting the den-

tist as a family experience.  
Put on a strong face. Even if you don't like visiting the dentist, you better believe your kids are picking up on your attitude toward your appointment. Be positive when talking about your dentists with your kids. This will help keep them at ease ahead of their checkups.



## Welch Dental Care

Providing Great Family Dental Care

*We're here to serve you!*



- Advanced Technology
- Relaxed Setting
- Emergency Care
- Extractions
- Root Canal Therapy
- Whitening
- Cleanings
- Cosmetic Dentistry
- Fillings
- Dentures
- Crowns and Bridges

### Specialized dentistry for infants, children and teens

New patients and emergencies welcome

.... **PEDIATRIC DENTISTS CARING FOR KIDS** ....



**Pediatric Dentistry P.C.**

- **Pediatric trained staff** to provide caring treatment
- **Digital x-rays** to keep smiles healthy
- **Movies and video games** to make dental visits more fun for kids



**Sarah Welch, D.D.S.**  
**Pediatric Dentist**  
Board Certified, American Board of Pediatric Dentistry **Member**, American Academy of Pediatric Dentistry



**Ashley Turritin, D.D.S.**  
**Pediatric Dentist**  
Board Certified, American Board of Pediatric Dentistry **Member**, American Academy of Pediatric Dentistry

320-229-2223 • welchdentalcare.com • 151 19th St. S., Suite B • Sartell, Minn 56377 • Discover the difference on Facebook or at SartellKids.com • 320-229-2222



# Attack the Plaque

What is soft, sticky and contains millions of bacteria? If you guessed plaque, then you are correct.

The bacteria in plaque can cause tooth decay and gum disease if not removed regularly through brushing and flossing.

So how dangerous is plaque buildup?

Plaque that is not removed daily by brushing and flossing between teeth can eventually harden into tartar, according to the Academy of General Dentistry. As the tartar, plaque and bacteria continue to build up, the gum tissue can become red, swollen and possibly bleed when you brush your teeth. This condition is called gingivitis – an early stage of gum disease.

Many of the foods you eat cause the bacteria in your mouth to produce potentially dangerous acids. Sugary foods are obvious sources of plaque, but starches like bread, crackers and cereal also can cause these damaging acids to form.

## GETTING RID OF PLAQUE

Plaque is colorless, making it difficult to spot with the naked eye. If the plaque buildup is heavy enough, a thick white deposit may appear.

One way to check whether what you're seeing is plaque buildup is by using discolor-

ing tablets found at your local pharmacy. You also could use a rinse solution with a few drops of food coloring in two ounces of water, recommends Delta Dental insurance company.

The discoloring tablets or

solution will temporarily stain the plaque so you can more easily identify it. You can then brush and floss until the stain is gone.

Brushing removes plaque from the tooth surfaces, so the absolute best way to

maintain low levels of plaque in your mouth is by brushing and cleaning between your teeth every day.

The American Dental Association recommends that you brush your teeth twice per day with a

soft-bristled brush that fits your mouth and allows you to easily reach all areas. It also urges you to use an anti-microbial toothpaste containing fluoride, which helps protect your teeth from decay.





Timeless caring.  
Painless technology.

Laser Dentistry lets you leave traditional dental work behind. Instead of a drill, a laser is used to deliver precise, anesthesia-free treatment that allows you to resume your day as soon as the work is complete.

**Laser Dentistry:**

- Eliminates the need for needles and anesthesia
- Is faster and less invasive than traditional methods
- Produces no vibration and little noise
- Is non-toxic to your body
- Benefits any age group
- Delivers precise treatment and shorter healing time
- Costs no more than traditional dental work
- Is safe and effective

  
26 NW 2nd Ave | St. Joseph, MN 56374

Laser Dentistry is accepting new patients of all ages — call today!

320-363-4468 | [LaserDentistryMN.com](http://LaserDentistryMN.com)



SARTELL | ST. CLOUD • 320.251.0455

**SCHNEIDERORTHO.COM**

Also serving Central MN with locations in  
Albany, Big Lake, Melrose and Milaca

Reaching EVERYbody!

# Newsleader

Advertising opportunities  
to grow your small business!



# Have Pets, Will Travel

We all love a good vacation, from a quick weekend getaway to a long family holiday. If you are a pet owner, however, travel can feel stressful — especially if you are not comfortable boarding your animal.

If taking Fluffy with you is of utmost importance, fear not. Here is a checklist of travel musts to keep both you and your furry friend comfortable and at ease.

### ROAD TRIPS

- Before you set off on any long sojourn, do a test run.
- Secure your animal safely.

Pets who are free to roam around in vehicles not only provide a distraction to the driver but are also more likely to be injured in the event of an accident.

- Plan several stops. The American Veterinary Medical Association recommends drivers stop every two or three hours to allow your pet to stretch its legs and relieve itself.

- Never leave your pet alone. On an 85-degree day, temperatures can get as high as 110 degrees Fahrenheit in 10 minutes in a car with the windows cracked.

### FLYING

- Documentation. It is always a good idea to carry a copy of your pet's medical and vaccination records with you when you travel.

- In addition, attach ID tags both to your pet and its carrier.

- If your pet hasn't traveled

in a carrier much, spend some time letting it get used to the carrier before you leave. Airlines have different requirements for kennel size, and the USDA requires animals have food, water and bedding.

- Be sure your pet gets plenty of exercise before a flight.

Engage in some intense play or go for a long walk. If you're pet is tired, it is more likely to rest or sleep during the flight.

### GENERAL TRAVEL TIPS

- Take a familiar object — a toy or blanket. Familiar smells provide comfort in new environments.

- There are things that are essential to bring, no matter how you travel, including leash, collar and ID tags.

- If you have an anxious pet, consider a Thundershirt. These are tight-fitting shirts that hug your pet and target pressure points, helping pets relax.



## Pine Cone Pet Hospital

Drop-off appointments, extended evening & emergency appointments are available





# 911 system bridges response time to cardiac arrest

by **Dennis Dalman**  
news@thenewsleaders.com

Time is of the essence, and that is seldom truer than in the case of a person experiencing sudden cardiac arrest.

That is why the Stearns County Sheriff's Department and its sheriff, Steve Soyka, saw the need to quicken response times for those who collapse during SCA (sudden cardiac arrest).

Throughout Central Minnesota – especially in the cities of St. Joseph, Sartell and St. Cloud – there is an ever-increasing number of SaveStations – a current total of 481 of them. The stations are setups that house automated external defibrillators – machines that can “shock” a stopped heart back to life with just a pad applied to the victim's chest and the push of a button.

The Stearns County 911 emergency system can now instantly alert off-duty first responders, citizen volunteers and Good Sa-

maritans to the nearest location of any SaveStation. Rich Feneis of Sartell, who helped start the SaveStation effort locally, explained why the new notification system is such a good thing. Generally, a SCA victim has only a time frame of three to five minutes for someone to help the heart start beating again. The average response time for professional response teams to medical emergencies in Central Minnesota is from 12-15 minutes, Feneis noted. That time gap can now be bridged with the new notification system, giving a far better chance for a victim to be helped by cardiopulmonary resuscitation and use of an AED in the precious minutes before professional response teams (law enforcement, first responders, ambulance crew, etc.) can arrive at the scene.

Two years ago, Feneis founded (with the help of Joel Vogel of St. Joseph) a group called Advocates for Health dedicated to increas-

ing the number of SaveStations and a public education program to show people of all ages how to use the AEDs at the stations. Since then, a partnership was formed with grants from the CentraCare Health Foundation, law enforcement, volunteers, fundraisers and Advocates for Health.

Last year, Advocates for Health implemented a program to locate all AEDs in Central Minnesota (in buildings and at SaveStations) to make sure they all work. Some (about 20 percent of the 481 machines) did not work, needing fresh batteries and/or new chest pads. Those were all restored to working order. Then, Advocates worked with GeoComm, a St. Cloud-based engineering and mapping company that sets up 911 systems nationwide. GeoComm downloaded all information provided by Advocates for Health and created a map for Stearns County 911 Dispatch. That is how dispatchers can in-



contributed photo

**This is a SaveStation map used by 911 dispatchers to send neighborhood helpers to the nearest SaveStations in their areas. The new system helps bridge the gap in time after somebody suffers a sudden cardiac arrest. Each SaveStation houses an automatic external defibrillator, a machine that can “shock” a heart back into action.**

stantly notify people as to where to find the nearest SaveStation when a SCA crisis occurs.

Feneis said SCA is a leading cause of death in the United States, killing 350,000 people each year. Survival rate is only

five percent among its victims. However, with AED intervention, the survival rate is as high as 75 percent – thus, as Feneis noted, the need for quick access to AEDs in every area of the county.

# SEH, Sartell win award for Pinecone Road project

by **Dennis Dalman**  
news@thenewsleaders.com

Short Elliott Hendrickson, the engineering firm that designed the Sartell's Pinecone Road North project, received a major award recently for that project from the American Council of Engineering Companies of Minnesota.

The city of Sartell shared in the “Honor Award.”

It was announced at the 53rd annual Engineering Excellence Awards Program.

It was one of four awards presented to SEH. The news was announced at the City Council by April Ryan, engineer with SEH. Council members were pleased and gratified by Ryan's announcement. She gave praise to SEH engineer Jon Halter for leading the project. He is the liaison person between the engineering firm and the city and attends every council meeting.

The Pinecone Road project involved road reconstruction and redesign from the heart of Sartell north to the new Sartell



photo by Short Elliott Hendrickson Engineering

**This is the roundabout, designed for safety factors at the busy area leading into and out of the grounds of the new Sartell High School. The Pinecone Road N. project earned a top state award for its engineering design. The city of Sartell also shared in the award.**

High School, which opened last fall.

"It (the project) happened in a short time when everything had to go just right," Halter told the council, adding thanks to the coordinative work among

city staff, the school district and property owners along that stretch of roadway. "It's one (of the projects) I'll remember for the rest of my career."

In the award citation, the \$7.5-million Pinecone Road

project was cited by the judges for its exceptional innovation, complexity, achievement and value. The project involved widening that two-lane rural stretch to a 45-foot-wide urban section, with off-road bicy-

cle lanes. Other improvements included the construction of two roundabouts and a three-fourths access intersection for use by high school traffic.

In its design process, the engineers partnered with the high school in such features as stormwater ponding, pedestrian and trail connections, and signage. Throughout the design project, the safety of students and motorists was constantly emphasized.

SEH also won Honor Awards for a road project in Baxter, which was also named state Project of the Year winner; the Falls International Airport terminal project (at International Falls); and a runway reconstruction project at Duluth International Airport.

Headquartered in St. Paul, the company has more than 800 employees at 32 offices in nine states, including St. Cloud. The city of Sartell has a contract with the company, which has done many engineering designs and projects for the city.

Drive  
Carefully!  
School is  
in Session

# Township elections set for March 10

Area townships have annual meetings and elections on Tuesday, March 10.

Residents of Le Sauk Township do not have an election, but there is an annual meeting.

## Collegeville Township polling place:

Collegeville Town Hall,  
27724 CR 50  
Hours: 1-8 p.m.

Annual meeting 8:05 p.m.  
Voters will elect one supervisor for a three-year term and a clerk for a two-year term.

## St Joseph Township polling place:

St Joseph Town Hall, 935  
College Ave. S.  
Hours: 10 a.m.-8 p.m.  
Annual meeting 8:30 p.m.

## Brockway Township polling place:

Brockway Town Hall, 43710  
85th Ave.  
Hours: 3-8 p.m.  
Annual meeting 8 p.m.  
Voters will elect one supervisor for a three-year term and a clerk for a two-year term.

## Le Sauk Township

Le Sauk Township's annual meeting will be 7 p.m., Tuesday, March 10, to set the levy and budget and other issues. The town hall is at 220 Fourth Ave. S., Sartell.

Townships have the option of conducting March or November elections.



Community Calendar

***Is your event listed?*** Send your information to: Newsleader Calendar, 1622 11th Ave. SE., St. Cloud, MN 56304., e-mail it to [news@thenewsleaders.com](mailto:news@thenewsleaders.com). Most events are listed at no cost. Those events are typically free or of minimal charge for people to attend. Some events, which have paid advertising in the Newsleaders, are also listed in the calendar and may charge more.

- Friday, March 6**

**Benton County Museum,** 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. [mnbentonhistory.org](http://mnbentonhistory.org).

**World Day of Prayer,** 1 p.m., Bethlehem Lutheran Church, 4310 CR 137, St Cloud. Prayer service written by the women of Zimbabwe, “Rise! Take Your Mat and Walk.”

**Fish fry,** 4-7 p.m., St. Francis Xavier Parish, 219 Second St. N., Sartell.

**Fish fry,** 5-7:30 p.m., Immaculate Conception Church, 145 Second Ave. NE., Rice.

**Baked Fish Dinner,** 5-7 p.m., Church of St. Paul, 1125 11th Ave. N., St. Cloud.
- Saturday, March 7**

**Sartell Community Showcase,** 9 a.m.-1 p.m., Sartell Community Center, 850 19th St. S., Sartell.
- Sartell Winter Market,** 10 a.m-1 p.m., Community Center, p.m., 850 19th St. S.

- Monday, March 9**

**Benton County Museum,** 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. [mnbentonhistory.org](http://mnbentonhistory.org).

**Sartell City Council,** 6 p.m., City Hall, 125 Pinecone Road N.

**Le Sauk Township Board,** 7 p.m., Township Hall, 220 Fourth Ave. S., Sartell.

- Tuesday, March 10**

**Sartell Chamber of Commerce,** 11:30 a.m., Community Center, 850 19th St. S., Sartell. 320-258.6061. [info@sartellchamber.com](mailto:info@sartellchamber.com).

**Substance Coalition,** 6 p.m., Sartell Middle School, 627 Third Ave. N. YES Network speaker will talk about bringing the program to Sartell this summer.

**Mental Health/Depression Support Group,** 6:30 p.m., St. Francis Xavier Church, 219 Second St. N., Sartell.

**Holistic Moms Network,** 7-8:30 p.m., Good Earth Cop, 2010 Veterans Drive, St. Cloud. 320-252-2489.

**National Alliance on Mental Health,** 7-8:30 p.m., Calvary Community Church, 1200 Roosevelt Road, St. Cloud. The group helps parents raising a child with mental illness learn coping skills and develop problem-solving skills. 320-654-1259.
- Wednesday, March 11**

**Breakfast Club,** 9-10

- a.m., Stearns History Museum, 235 33rd Ave. S. Free for members, nominal fee for nonmembers. 320-253-8424.

**Brockway Township Board,** 7:30 p.m., Township Hall, 43710 85th Ave. N.
- Thursday, March 12**

**Coffee and Conversation,** a senior discussion group, 9 a.m., Sartell Community Center, 850 19th St. S. Speaker: John Kotenbeutel, Sartell Public Works director.

**Blood donation,** 1-7 p.m., St. Francis Xavier, 308, Second St. N., Sartell. 800-733-2767.

- Friday, March 13**

**Benton County Museum,** 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. [mnbentonhistory.org](http://mnbentonhistory.org).

**Fish fry,** 5-7:30 p.m., Immaculate Conception Church, 145 Second Ave. NE., Rice.
- Sunday, March 15**

**Best Omelette in Town,** 8 a.m.-noon, American Legion, 17 Second Ave. N, Waite Park. Nominal fee.
- Monday, March 16**

**Benton County Museum,** 10 a.m.-4 p.m., 218 First St. N., Sauk Rapids. 320-253-9614. [mnbentonhistory.org](http://mnbentonhistory.org).

**Blood Drive,** 1-6 p.m., American Legion, 17 Second

- Ave. N., Waite Park, call 320-363-4664 for appointments.

**St. Cloud Area Parkinson’s Disease Support Group,** 1-2:30 p.m., Independent Lifestyles, 215 Benton Drive N., Sauk Rapids.

**Bird House Building,** 4-6:30 p.m., American Legion,101 Minnesota St. W., St. Joseph. Bluebird, wren and wood duck kits provided by the St Joseph Rod & Gun Club. Bring your own electric screwdriver.

**Sartell-St. Stephen school board,** 6:30 p.m. District Service Center, 212 Third Ave. N., Sartell.

**St. Joseph Rod and Gun Club,** 7 p.m., American Legion, 101 W Minnesota St., St. Joseph.

- Tuesday, March 17**

**Mobile office hours,** 10 a.m.-1 p.m., Sartell City Hall. A caseworker from Rep. Tom Emmer’s office will be available to handles issues with federal government services.

**Dementia Friends information session,** 1-2 p.m., Sartell Community Center, 850 19th St. S., Sartell. Learn what dementia is, what it’s like to live with the disease and communicate with people who have dementia.

**St. Cloud Area Genealogists,** 7 p.m., Stearns History Museum, 235 33rd Ave. S., St. Cloud. [stearns-museum.org](http://stearns-museum.org).

- Wednesday, March 18**

**SALT (Seniors and Law Enforcement Together),** 9 a.m., Sartell Police Department, 310 Second St. S., Sartell.

**Pickleball,** 6-9 p.m., St. Jospheh Community Center, 124 First Ave. SE. \$2.

**Advocates for Independence,** 2-4 p.m., Independent Lifestyles, 215 Benton Drive N., Sauk Rapids. 320-529-9000.
- Thursday, March 19**

**Coffee and Conversation,** a senior discussion group, 9 a.m., Sartell Community Center, 850 19th St. S. Speaker: Frank Weber, author and forensic psychologist.

**American Legion-Sartell,** open to all veterans young and old, 6 p.m., Sartell Community Center., 850 19th St. S. [john.denney@charter.net](mailto:john.denney@charter.net).

- Friday, March 20**

**Fish fry,** 5-7:30 p.m., Immaculate Conception Church, 145 Second Ave. NE., Rice.

**St. Cloud Singles Club Dance,** 8:30 p.m.-12:30 a.m., American Legion, 17 Second Ave. S., Waite Park. 320-339-4533. [stcloudsingles.net](http://stcloudsingles.net).

- Saturday, March 21**

**Community Meal,** 11:30 a.m.-12:45 p.m., First United Methodist Church, 1107 Pinecone Road S., Sartell. Free.

**AUTOMOBILES**

DONATE YOUR CAR, TRUCK OR BOAT TO HERITAGE FOR THE BLIND. Free 3 Day Vacation, Tax

Deductible, Free Towing, All Paperwork Taken Care Of. CALL 1-855-977-7030 (MCN)

CASH FOR CARS: We Buy Any Condition Vehicle, 2002 and Newer. Competitive Offer! Nationwide FREE Pick Up! Call Now For a Free Quote! 888-366-5659(MCN)

**BUSINESS OPPORTUNITIES**

\$1,380 WEEKLY or more mailing our sales letters from home. FT/PT No experience needed. All supplies provided. Genuine Opportunity! Free Information 1-888-989-8588. (MCN)

**CABLE/INTERNET**

BEST SATELLITE TV with 2 Year Price Guarantee! \$59.99/mo with 190 channels and 3 months free premium movie channels! Free next day installation! Call 855-824-1258. (MCN)

Get NFL Sunday Ticket FREE w/ DIRECTV Choice All-Included Package. \$59.99/month for 12 months. 185 Channels PLUS Thousands of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Call 1-844-245-2232 or [satellitedealnow.com/MFCP](http://satellitedealnow.com/MFCP). (MCN)

Earthlink High Speed Internet. As Low As \$14.95/month (for the first 3 months.) Reliable High Speed. Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-855-679-7096 (MCN)

DISH TV \$59.99 For 190 Channels

+ \$14.95 High Speed Internet. Free Installation, Smart HD DVR Included, Free Voice Remote. Some restrictions apply. 1-844-316-8876. (MCN)

**COMPUTERS & SUPPLIES**

COMPUTER ISSUES? FREE DIAGNOSIS by GEEKS ON SITE! Virus Removal, Data Recovery! 24/7 EMERGENCY \$20 OFF ANY SERVICE with coupon 42522! Restrictions apply. 1-844-938-0797. (MCN)

**EMPLOYMENT/HELP WANTED**

THERAPY PROGRAM MANAGER for Avera Holy Family in Estherville, IA (Req.# 2001018) Full-Time; Day Shift; Monday-Friday, 8:00am-5:00pm; 80hrs/2wks. Avera offers competitive compensation, benefits and professional growth in a caring working environment. For more information and to apply visit [www.averajobs.org](http://www.averajobs.org), or call Avera Human Resources at (605)322-7850. Please reference appropriate Req.# when applying.

**FINANCIAL**

Over \$10K in Debt? Be debt free in 24 to 48 months. No upfront fees to enroll. A + BBB rated. Call National Debt Relief 855-995-1557. (MCN)

ARE YOU BEHIND \$10k OR MORE ON YOUR TAXES? Stop wage & bank levies, liens & audits, unfiled tax returns, payroll issues, & resolve tax debt FAST. Call 855-211-8684 (MCN)

Struggling With Your Private Student Loan Payment? New relief programs can reduce your payments. Learn your options. Good credit not necessary. Call the Helpline 855-238-4594 (Mon-Fri 9am-5pm Eastern) (MCN)

**FOR SALE**

FOR SALE: 2016 John Deere Combine- Model S670, excellent condition, 600 separator hours, well equipped. Located in Southern Minnesota. 507-236-6538 (MCN)

Trailer Sale: SPECIAL “FREE \$100 SPARE TIRE” with all single axles trailers: New 6’X12 Cargo V- nose ramp door \$3,299.00; 7’X16 V-nose ramp door \$5,199.00; Also Aluminum Frame 6X12’s & 7’X14 Cargos available; 3 Horse Slant (Aluminum) was \$15,599.00 NOW \$12,399.00; 15 models of DUMP trailers; [www.FortDodgeTrailerWorld.com](http://www.FortDodgeTrailerWorld.com). 515-972-4554 (MCN)

**HEALTH & MEDICAL**

Are you or a loved one suffering from Depression, Anxiety, PTSD, OCD, Bipolar Disorder, Addictions or other mental or behavioral disorders? Our inpatient treatment services can help you reclaim your life and get back on track. We work with most PPO insurances. Please call 319-900-6879 (MCN)

Stay in your home longer with an American Standard Walk-In Bathtub. Receive up to \$1,500 off, including a free toilet, and a lifetime warranty on the tub and installation! Call us at 1-855-372-3080 or visit [www.walkintubquote.com/midwest](http://www.walkintubquote.com/midwest) (MCN)

**\*\*STOP STRUGGLING ON THE STAIRS\*\*** Give your life a lift with an ACORN STAIRLIFT! Call now for \$250 OFF your stairlift purchase and FREE DVD & brochure! 1-877-358-0034 (MCN)

DENTAL INSURANCE from Physicians Mutual Insurance Company.

NOT just a discount plan, REAL coverage for 350 procedures. Call 1-855-973-9175 for details. [www.dental50plus.com/midwest](http://www.dental50plus.com/midwest) 6118-0219. (MCN)

Portable Oxygen Concentrator May Be Covered by Medicare! Reclaim independence and mobility with the compact design and long-lasting battery of Inogen One. Free information kit! Call 844-716-2411. (MCN)

**INCOME OPPORTUNITIES**

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 855-623-8796 (MCN)

Become a published author! Publications sold at all major secular & specialty Christian bookstores. CALL Christian Faith Publishing for your FREE author submission kit. 1-888-981-5761. (MCN)

**MISCELLANEOUS**

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 855-752-6680 (MCN)

FREE AUTO INSURANCE QUOTES for uninsured and insured drivers. Let us show you how much you can save! Call 855-648-7642. (MCN)

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 1-888-894-7038 (MCN)

SAVE BIG on HOME INSURANCE!

Compare 20 A-rated insurances companies. Let us do the shopping & save you time & money. Get a quote within minutes. Average savings of \$444/year! Call 855-697-1892. (M-F 8am-8pm Central). (MCN)

PROTECT YOUR HOME AND FAMILY with Vivint Smart Home. Call 844-500-8711 today to receive a FREE \$50 GIFTCARD with your purchase. Use promo code: FREE50. (MCN)

Unable to work? Denied benefits? We Can Help! Strong recent work history needed. Call to start your application or appeal today! 1-866-276-3845 –Stebbacher Law Offices LLC Principal Office: 224 Adams Ave Scranton PA 18503. (MCN)

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-577-1268. (MCN)

**PERSONALS**

Meet singles right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now: 855-651-0114. (MCN)

**VACATION/TRAVEL**

SPRING TRAVEL SPECIAL! 7 Day / 6 Night Orlando + Daytona Beach Vacation with Hertz Rental Car Included. Only \$398.00. Call 844-277-5137 to Reserve. 12 Months to use. (MCN)



# Opinion

## Our View

### Citizens encouraged to spread a little sunshine

Sunshine Week is coming up. But it’s not about your planned spring trip to Arizona or Florida.

Sunshine Week, March 15-21, is a national initiative to educate the public about the importance of open government and the dangers of excessive and unnecessary secrecy.

Good government results when the people’s business takes place in the open....when the sun shines in. When records and meetings are hidden, bad things happen. The Washington Post emphasizes this danger with its slogan – Democracy Dies in Darkness.

Too often, the job of shining light on government operations falls to journalists, but all citizens share the right of access to public records and government meetings. Journalists enjoy no special privilege.

The Florida Society of Newspaper Editors launched Sunshine Sunday in 2002 in response to efforts by some Florida legislators to create scores of new exemptions to the state’s public records law. It was later expanded to cover an entire week when hundreds of media organizations, civic groups, libraries, nonprofits, schools and others engage public discussion on the importance of open government. Sunshine Week is sponsored by the News Leaders Association and Reporters Committee for Freedom of the Press with support from John S. and James L. Knight Foundation and The Gridiron Club and Foundation.

In Minnesota, two laws govern what government actions take place in the sunshine – the Data Practices Act and the Open Meeting Law.

In 1974, Minnesota became the first state to enact a data privacy statute. The statute seeks to balance the public policy interests inherent in government transparency with the privacy interests of individual data subjects. All government data is presumptively public, unless exempted from disclosure under a specific provision of the act or under another state or federal statute. Despite the general presumption of public access, Minnesota has created an extensive data classification system in which the legislature has made many detailed policy decisions on what data is publicly accessible, when and to what extent. This legislative session, for example, there’s an effort to keep private the names of people who win the state lottery.

The Minnesota Open Meeting Law, enacted in 1957, protects the public’s right to be informed and to prohibit actions from being taken at a secret meeting. The law applies to any state agency, board, commission or department when required or permitted by law to transact public business in a meeting; the governing body of a school district however organized, unorganized territory, county, statutory or home rule city, town, or other public body; any committee, subcommittee, board, department, or commission of a public body; or the governing body or commission of a statewide public pension plan or local public pension plan.

Sadly, many citizens are not aware of the rights available to them. Thanks to technology, access to government records and actions is easier than ever. In many cases, you don’t have to travel to city hall or the courthouse to read public documents and many public meetings are streamed online or broadcast on local cable systems.

When there’s a controversial issue or a dramatic criminal trial, meeting rooms and courtrooms fill up. But day after day, officials are conducting the public’s business, often with no citizens present.

During Sunshine Week, shine a little light of your own. Attend a city council or school board meeting, sign on to a government website and check out meeting agendas or documents or go to a courthouse and watch a hearing or a trial.

You may be surprised what you find in the sunshine.

## Behind outstate GOP’s new concern for big-city safety

Mike Knaak

Editor



The tug of war between Twin Cities legislators and their outstate colleagues is older than the state itself.

St. Peter fought to move the territorial capital from St. Paul in 1851, seven years before statehood. St. Paul remained the capital city thanks to a trick that Roger Stone would be proud of. A bill making St. Peter the capital was about to be enacted when Joe Rolette took physical possession of the document and disappeared for the rest of the session, not returning until it was too late to pass any more bills. According to the story, he spent the week away from the Legislature drinking and playing poker in a hotel room with some friends. According to other versions of the story, the “hotel room” was actually a brothel.

In the 170 years since, metro and outstate – now called Greater Minnesota – legislators frequently tangled over funding, public projects and political power.

Until this year. Now outstate Republican legislators have introduced a package of laws, called “Safety in Our Cities,” and want to spend money on metro pubic safety.

The bills target gang activity, drug trafficking, transit safety and law enforcement at major sports and entertainment facilities.

City officials in Minneapolis and St. Paul have debated hiring more cops and how to pay for them so state help would be welcomed.

Data shows St. Paul’s overall violent crime rates are at a 25-year low, but a series of gun-related homicides last fall have people worried. In Minneapolis, violent crime was up 12 percent and property crime rose nearly 16 percent last year vs. 2018.

The Republicans’ current concern for public safety appears to actually be an attempt to scare suburban voters about safety in the core cities. Republicans lost control of the state House, thanks in large part to suburban districts electing Democrats in 2018. Now they want to retake the suburbs by showing fearful voters they are tough on crime.

The package’s centerpiece bill would eliminate state aid payments if a city did not comply with the provisions to deploy enough cops to “account for the safety of visitors while parking, dining and traveling within the city in conjunction with their visit to a facility.” The commissioner of Public Safety must set officer “staffing standards for the protection of visitors to the designated facilities, including while visitors are parking, dining and traveling within the city in conjunction with their visit.”

## Open memory trunks, take a trip to the past

Dennis Dalman

Reporter



Last week my time machine landed smack-dab in the middle of the past. What a happy but sometimes sad trip it was – happy because those days, those decades, were brimming with such good times; sad because so many people I knew once upon a time are now departed. Too many school chums, friends, relatives, co-workers, neighbors. Gone. My parents, two brothers, oldest sister. Gone. Like ghosts, their happy but faded faces glow and glimmer – tinged now by sadness – from among the cracks of brittle photographs.

My trip to the past happened during a bout of early spring cleaning. In the storage spaces of yesteryear there gradually grew a tall stack of memory trunks (big old cardboard boxes stuffed with stuff) that I hauled through life from place to place. I rarely rummaged through those boxes; I let silent little storms of dust invade them. Now is the time to do a total inventory, I figured.

The boxes contained items kept by pack-rat me: grade-school drawings, souvenirs from travels, journals, letters, thousands of photos, and among all the papers many faded do-lists scrawled on the backs of scraps of paper, envelopes, napkins.

It’s eerie how old do-lists, with their done and undone items, can retrieve the past in such vivid specifics, almost to the way the weather was on the day you jotted them down. Even more than photos, do-lists can spring open old days with vivid immediacy.

One list, I could tell instantly, is from an autumn day in 1983, written shortly after moving into a downtown apartment above the Broadway Floral shop in Alexandria (in fact, right across the main street where a ferocious fire destroyed very old buildings just two weeks ago).

Items from the list:

Insulate windows with that plastic 3M sheeting. (undone)

Start saving \$50 every week in bank for sure!! (undone)

Check into getting a couch. (undone, settled for a used one)

Get oak table at Anderson Furniture. (done)

Zip-strip and sand floors in living room, dining room (done but took forever)

Frame the Manet art print (done)

Ask landlord if it’s OK to paint walls (done)

Finish reading “War and Peace.” (finally done, years later)

That list took me back to that particular Saturday morning, sitting in my recliner among a sprawl of unpacked belongings, penning my do-list on a yellow legal pad, a cool breeze coming through the screens, the stereo playing the Eagles’ greatest hits. The time-machine do-list allowed me to see once again those billowing curtains, to hear

That’s a pretty vague mission and who would know better how many cops are needed and where to station them? The Public Safety commissioner or local police chiefs and commanders?

There are certainly public safety issues that need additional funding. But the Greater Minnesota Republicans should leave the details to local officials.

I attend dozens of sports and entertainment events in downtown Minneapolis and St. Paul each year. The only “assault” I’m worried about is the assault on my ears by the drummers banging on plastic buckets who gather around Target Field after Twins games.

I might be more worried if I was looking to buy drugs in a Warehouse District alley at 2 a.m.

One of the big supporters of the Safety in Our Cities package is Rep. Matt Grossell who represents House District 2A, a district that borders Canada. He lives twice as far from St. Paul as from Winnipeg. After a press conference, Minneapolis Mayor Jacob Frey and Grossell engaged in a walking debate over a related crime bill.

The support of Grossell and other Greater Minnesota Republicans to increase public safety is welcome, but they should collaborate with Minneapolis and St. Paul mayors and police chiefs to spend the money wisely.

the squeaks and squawks of the busy traffic down below, to smell that Saturday morning street (asphalt, car exhaust, occasional delectable whiffs of fresh-baked goodies from the bakery across the street.)

Tumbling from the memory trunks were letters and cards, which I’m still reading: From niece Aleah 35 years ago: “Dear Denny, Happy Valentine’s Day. I liked playing dominos with you. I love you. Thank you for the teddy bear. Come again soon. Shane loves you too.”

And there are stacks of photos, one of them from a Halloween party, 1973. There sits Leroy, who died just last year, gussied up as a pirate; his girlfriend Lori as a peasant woman. And there, as a red devil, stands Byrd, dead since 2000. In that big kitchen, all clowning around laughing, are brother Michael (now gone), Janet, Jim, Marge, Steve and others – all thankfully alive, still thriving, still clowning.

The river of time, its currents so deep, flows so fast. Too fast. I would like to encourage everyone to slow down for awhile and take a backward journey. It’s a wonderful way to discover and rediscover vividly those half-forgotten yesterdays that lead to now and to tomorrows.

All you have to do is wait for a snow-bound Saturday or a long rainy Sunday, then haul out those dust-covered memory trunks, settle down snugly in your armchair time machine and off you go, rushing into the past. Bon voyage!



Public notice

REGULAR SCHOOL BOARD MEETING  
SARTELL-ST. STEPHEN PUBLIC SCHOOLS  
INDEPENDENT SCHOOL DISTRICT NO 748  
JAN. 27, 2020  
DISTRICT SERVICE CENTER BOARD ROOM

The regular school board meeting of Independent School District 748 was called to order at 6:30 p.m. by Chair Jeremy Snoberger. Members present: Snoberger, chair; Jason Nies, vice chair; Amanda Byrd, clerk; Patrick Marushin, treasurer; Lesa Kramer, director; Pamela Raden, director; and Jeff Schwiebert, superintendent. Members absent: none.

A motion was made by Marushin and seconded by Kramer to APPROVE THE AGENDA WITH THE FOLLOWING ADDITIONS; add action item six approve construction management agreement; add to retirements Brenda Steve, principal. All in favor. Motion carried.

A motion was made by Nies and seconded by Byrd to APPROVE CONSENT ITEMS A-E AS PRESENTED BELOW. All in favor. Motion carried.

a. Minutes of the regular school board meeting held on Dec. 16, 2019

Minutes of the organizational meeting/work session held on Jan. 6, 2020

b. Checks in the amount of \$3,050,431.19 as presented:

General Fund	2,615,569.08
Food Service Fund	154,609.13
Transportation Fund	115,056.56
Community Service Fund	61,759.45
Capital Expenditure Fund	92,303.34
Summer Rec Agency Fund	216.98
Internal Service Fund	10,916.65
Check numbers 177250 – 177652	

ACHs in the amount of \$7,063.89 as presented:	
General Fund	6,973.81
Food Service Fund	90.08
ACH numbers 192000112-192000138	

Receipts in the amount of \$4,131,821.42 as presented:	
General Fund	3,576,076.60
Food Service Fund	204,575.12
Community Service Fund	115,943.41
Building Fund	3,518.13
Debt Service Fund	231,708.16
Receipts 46984 - 47138	

Wire transfers in the amount of \$5,816,182.28 as presented:	
General Fund	72,947.69
Food Service Fund	8,116.40
Transportation Fund	106.75
Community Service Fund	1,699.12
Capital Expenditure Fund	62,221.32
Building Fund	9,556.00
Debt Service Fund	5,661,535.00
Wire transfers 201900412-201900530	

Building Fund Checks in the amount of \$1,483,322.01 as present- ed:

Building Fund	1,483,322.01
Check numbers 600833 to 600868	

c. Accept the following donations:

Choose Yes For Success Campaign, ISD #748, \$135.50, general donation; Country Financial, Oak Ridge & Pine Meadow Elementary, \$500, donation for Anti-Bullying Campaign; Oak Ridge Elementary PTO, Oak Ridge Elementary, \$3,799.20; donation for library books; Pine Meadow Elementary PTO, Pine Meadow Elementary, \$179.64, donation for classroom supplies; Pine Meadow Elementary PTO, Pine Meadow Elementary, \$179.19, donation for classroom supplies; Pine Meadow Elementary PTO, Pine Meadow Elementary, \$93.31, donation for classroom supplies; Sartell Sabre Dance Team Booster Club, Sartell High School, \$7,953, donation for outside-funded dance coaches; Tyler and Sheena Thieschafer, Sartell Middle School, \$1,000, donation for Special Education DCD; Wee Trees Richard and Rosie Warzecha, Pine Meadow Elementary, \$150, general donation.

d. Accept the resignation of Kimberly J. Gerads, DSC-Early Child- hood, child care attendant, 1/3/20; Kimberly M. Gerads, SHS, media aid, 12/20/19; Karissa Gould, DSC-Early Childhood, EC teacher, 1/30/20; Jill Peterson, SMS, cashier, 1/30/20; Tracey Robak, SMS, para, 2/7/20; Krista Sowada, DSC-Early Childhood, child care at- tendant, 1/3/20; Margaret Starry, District, sub food service worker, 1/6/20. Accept the retirement of Better Rogers, ORE, reading in- terventionist, 6/2/20; Jane Schneider, Transportation, bus driver,

1/20/20; Brenda Steve, SHS, principal, 9/28/20.

e. Accept Stearns County 2019 Food Safety Award.

All in favor. Motion carried. Architect Report:

Architect David Leapaldt pre- sented on renovation plans for Riverview Intermediate School. Student Representative Re- port: Sam Brandt, student rep- resentative

Brandt reported on happen- ings around the district. Oak Ridge is hosting a preschool registration night tonight and a kindergarten registration night tomorrow. February will be “I Love to Read” month. Pine Meadow Student Council is handing out positive behavior tickets to fellow students for be- ing “In the Zone.” There was a math night last week and there will be a bingo night next week. The Middle School is having a spelling bee tonight and parent teacher conferences will be at the end of the week. Fifth- and sixth-grade students will able to participate in a math night on Feb. 4 and fifth-grade students will have an activity night on Feb. 7. High School students and staff moved to the new quarter this month and Sabre registration will occur this Fri- day for students. Student Coun- cil held the Winter Wonderland dance at Mulligans this year with more than 500 attendees. The One-Act Play will present “Princess Party Smackdown” on Feb. 21. Winter sports/activ- ities are all in progress and the Jazz Swing Concert is tonight at 7 p.m.

Construction Manager Re- port on Building Process:

Construction Manager Lee Gruen reported on the old High School/Middle School remodel. The project continues to go very well with concrete pour- ing starting next week, dry- wall finishing mid-February, flooring and painting finishing in March-April and roofing is continuing on schedule. The new skylight was received with some damage, but the company will ship a new one, expected to arrive mid-February and will not affect the timeline. Current Middle School staff received a tour of the site last Monday.

Superintendent Report: Jeff Schwiebert, Superintendent

Schwiebert reported dist- rictwide transition planning is continuing. Principal Nelson has been meeting with first- and second-grade teachers and Principal Dingmann has been meeting with third-, fourth- and fifth-grade teachers regarding next school year. Teacher rooms and assignments are tentatively planned to be revealed in early April prior to Spring Break and paraprofessional assignments will be later per union contract. Administration will be meet- ing Tuesday to discuss FTEs for next school year. Furniture orders should be arriving in

the beginning of April for the old High School/Middle School. Transportation planning for next year is still being reviewed with some preliminary start and end times being discussed.

Enrollment Report:

Superintendent Schwiebert reported on the current enroll- ment numbers for each school. School Board Committee Re- port:

Treasurer Marushin report- ed on the policy committee meeting held last week. Annual and quarterly policies were re- viewed and are on the agenda tonight, including policy 535 which is a new policy for adop- tion.

Chair Snoberger reported on the Benton-Stearns meeting he attended where space was dis- cussed.

A motion was made by Ra- den and seconded by Marushin to APPROVE #1-19:

New Employees/Changes:

Rebekah Arnold, SHS, spe- cial education teacher, \$20,013, BA, Step 1 (\$41,178), .49 FTE, Stacy Kubesh, 1/20/2020; Joy Bemboom, SHS, assistant girls tennis, \$3,247 (7.35%), BA, Step D (\$44,181), replacing Rachel Breitreutz, 8/17/2020; Gregory Bertrand, Early Child- hood, ECSE para, \$16.42/ hour, RIV, S1, 3 hours/day (T- F), new position, 1/6/2020; Gregory Bertrand, Early Child- hood, preschool EC teach- er, \$28.13/hour, BA, Step A (\$41,178), .21 FTE, replacing Karissa Gould, 1/13/2020; Eliz- abeth Brylski, Early Childhood, ECSE para, \$16.42/hour, RIV, S1, 3 hrs/day (M-F), new po- sition, 1/2/2020; Nate Dahl, SHS, Mock Trial, \$540.75, BA, Step A (\$41,178), replacing Sidney Vossler, 1/8/2020; Bar- bara Eaton, early childhood, ECSE teacher, \$27,168, BA20, Step D (\$49,397), .55 FTE, new position, 1/6/2020; Kimberly Helde, Early Childhood, school readiness/ECFE, \$32.40/hour, BA, Step G (\$47,181), .35 FTE, replacing Karissa Gould , 1/6/2020; Aubri Hill, PME, para, \$16.42/hour, RIV, Step 1, 6.25 hours/day, new position, 1/6/2020; Kristine Gosch, SHS, receptionist, \$18.77/hour, RII, Step 1, 8 hours/day, 202 days/ year, replacing Barb Cooney, 1/10/2020; Esraa Kadhem, SHS, media aid, \$16.42/hour, RIV, S1, 4.5 hours/day, replacing Kimberly Gerads, 1/14/2020; Kadie Mathews, PME, para, \$17.68/hour, RIV, Step 2, 6.25 hours/day, new position, 1/2/2020; Jeff Rutten, ORE, PT cleaner, \$15.58/hour, RI, S1, 4 hours/day, replacing Adam Ab- falter, 1/13/2020; Krista Sowa- da, ORE, para, \$16.42/hour, RI, S1, 6.25 hours/day, replacing Kimberly Helde, 1/6/2020.

Leaves of Absence:

David Gerads, ORE, custodi- an, LOA, 1/1/20-3/13/20; Mi- chelle Traut, ORE, para, LOA,

1/27/20-2/15/20; Shannon Zinken, SMS, school counsel- or, LOA, 5/20/20-end of school year.

Rescind Leaves of Absence:

Carmen Peterson, SMS, SPED, Rescind LOA, 12/19/19- 3/1/20; Joey Vanek, SHS, FACS, Rescind LOA, 1/20/20-6/30/20.

All in favor. Motion carried.

A motion was made by Nies and seconded by Kramer to APPROVE ST. CLOUD AREA CHAMBER OF COMMERCE MEMBERSHIP. All in favor. Mo- tion carried.

A motion was made by Byrd and seconded by Marushin to APPROVE SARTELL CHAMBER OF COMMERCE MEMBERSHIP. All in favor. Motion carried.

A motion was made by Ra- den and seconded by Nies to APPROVE CALL FOR BIDS FOR RIVERVIEW INTERMEDIATE RENOVATION PROJECT. All in favor. Motion carried.

A motion was made by Kramer and seconded by Raden to APPROVE A PUBLIC THANK YOU AND SUPPORT TO THE DONATION CAMPAIGN BY PAT LYNCH, GRANITE LOGISTICS AND SARTELL-ST. STEPHEN EDUCATION FOUNDATION.

All in favor. Motion carried.

A motion was made by Marushin and seconded by Byrd to APPROVE CONSTRUC- TION MANAGER AGREEMENT WITH BRADBURY STAMM CONSTRUCTION WINKELMAN LLC FOR THE RIVERVIEW IN- TERMEDIATE RENOVATION. All in favor. Motion carried.

Schedule Work Session and Committee Meetings:  
Board Work Session – Wednesday, Feb. 5 – District Services Center @ 6:30 p.m.

Future Board Meeting – Mon- day Feb. 24 – District Services Center @ 6:30 p.m.

Official Review of Policies:

The Board had the official first reading of adoption of pro- posed policy 535.

The Board had the official review of policy: 410, 413, 415, 506, 522, 701, 702, 703, 704, 705, 706, 710, 711, 712 and 714.

The Board had the first read- ing of revisions of policies: 414, 514, 524, 535 to 540, 614, 701.1, 707, 708 and 806.

Committee Assignments were reviewed.

A motion to ADJOURN THE MEETING AT 7:45 p.m. was made by Nies and seconded by Marushin. All in favor. Motion carried.

/s/ Amanda Byrd, Clerk

Publish: March 6, 2020



## City garden plots available

There are up to 10 garden plots that will become available this spring at the Sartell Community Garden located next to Oak Ridge Elementary School in north Sartell.

Now in its second decade, the community-garden project makes plots available for Sartell city residents to use for gardening. There are 96 plots near Oak Ridge and another 10 plots by the now defunct east-side water treatment plant.

The city public works department tills the plots in spring and fall, provides turkey manure and a compost site. The city also provides water to the community garden, as well as a shed for tools and other needs. The tools are provided by the city.

A garden plot costs \$25 for the growing season. If interested in a plot, call Dennis Molitor at 320-252-7055.

2020-2021

COMPETITION TEAM AUDITIONS



AUDITION WORKSHOP  
MARCH 14<sup>TH</sup>  
\$15 PER DANCER  
LEARN WHAT TO EXPECT AT AUDITIONS. THIS CLASS WILL CONSIST OF A WARM-UP, TECHNIQUE PROGRESSIONS ACROSS THE FLOOR AND A SHORT JAZZ ROUTINE.  
SIGN UP AT  
WWW.STUDIOBMOVED.COM

AGES 9-12  
2:00PM - 3:00PM  
AGES 13-18  
3:30PM - 4:30PM

Studio B.  
Be moved.

AUDITIONS  
MARCH 15<sup>TH</sup>  
NO COST  
AUDITIONS WILL CONSIST OF A WARM-UP, BALLET TECHNIQUE, A SHORT JAZZ ROUTINE AND A SHORT TAP ROUTINE.  
PLEASE E-MAIL  
CATIE.BUNDE@GMAIL.COM  
TO RESERVE YOUR SPOT!

AGES 9-12  
1:00PM - 2:30PM  
AGES 13-18  
3:00PM - 4:30PM



barrett's  
music

Instruments  
Lessons  
Repairs

320-271-3152 • 708 Elm St. E. Suite 103, St. Joseph. • barrettsmusic.com



**BEE LINE**  
Bee Line Service Center, Inc.

Auto, Truck, RV & Trailer Repair  
**320-363-1433**  
8805 Ridgewood Court, St. Joseph  
beelineservice.com

Building a Welcoming Community: Models of Hospitality

An interfaith community event featuring  
Abdi Daisane, Carin Mrotz, and Fr. Efrain Rosado, OSB



This **FREE** event will focus on how hospitality is being extended to immigrants through faith communities and faith-based organizations in Minnesota with examples provided from representatives of Christian, Jewish, and Muslim organizations.



**Sunday, March 22, 6:30 - 8:00 PM**  
First United Methodist Church of the St. Cloud Region  
1107 Pine Cone Road South - Sartell, MN 56377

Jay Phillips Center  
THE INTERFAITH LEARNING  
Saint John's University

Town Crier

Sartell Summer Baseball registration now open

The 2020 Summer Sartell Baseball Registration is open. Please go to SartellBaseball.com to register. Find more information by following us on Facebook.

Sartell Swarm seeks participants

The Sartell Swarm 2020 summer season registration is open now through March 15 (10U-18U) and May 15 (6U and 8U). Fastpitch softball teams for girls ages preK-18 will be formed by grade for school year 2019-2020. For more information or to register, visit sartellfastpitch.com or contact Greg Gack at greg@sartellfastpitch.com.

## Scout starts shed-replacement project

by Dennis Dalman  
news@thenewsleaders.com

A Sartell Boy Scout, Luke Hintgen, plans to do an Eagle Scout project for the city at its community garden near Oak Ridge Elementary School.

Hintgen told the City Council he would like to replace the old,

inadequate storage shed at the garden with a new one measuring 12 by 16 feet. The current one is 8 by 10. The shed serves as storage for gardening tools and other supplies used by the nearly 100 city-resident gardeners who have their own plots in the garden.

Hintgen, a member of Sartell Troop 211, said he is currently trying

to raise \$3,000 for the shed project. It will require wall framing, siding, roofing and shingling, he noted. He intends to do the project in early May.

The council commended him for his work.

"I think it's a great project," said council member Mike Chisum. "Congratulations."

## Substance-free meeting features YES Network speaker

The Sartell Substance-Free Coalition's next meeting will feature a presentation from the YES Network, a community-based social impact network developing strategies to deal with adverse childhood experiences.

The speaker will be Jerry Sparby, a longtime Rocori school admin-

istrator who works with students, parents, police, veterans and their families dealing with PTSD, intense and out-of-control kids, anxiety and depression.

The program uses the talents and potential of high school kids, local residents and teachers to strengthen existing community assets.

Sparby is the program director and hopes to bring it to Sartell this summer.

Sparby was principal when a school shooting occurred at Rocori High School in 2003.

The meeting is at 6 p.m. Tuesday, March 10 at Sartell Middle School, 627 Third Ave. N.

Realife Cooperative  
at Mueller Gardens

55+ Senior Housing Community  
Find your new home here!

Independent Living • Ownership w/Tax Benefits  
Secure Community • Maintenance Free  
Enjoy Friendship and Social Activities

320-258-3094  
6670 Northwood Lane, St. Cloud  
realifecoopmuellergardens.org

TREE REMOVAL

LANDSCAPING

SCHWEGEL'S  
INSURED LLC

BLAKE SCHWEGEL  
320-293-4438

Spring specials going on now for all tree trimming & removal.

SNOW REMOVAL Free estimates! 13 YRS EXPERIENCE

Decide what's  
right for you.



MINNESOTA'S LINK TO A LOCAL EXPERT

• Talk with an expert  
• Get objective help  
• Explore housing choices  
• Learn about your options  
• Connect to services

BROUGHT TO YOU BY  
MINNESOTA BOARD ON AGING  
Celebrating 60 Years of Service

Funded in part by MN Board on Aging and the local United Way.